

Abstract

UNDERGRADUATE PROGRAM OF NURSING
FACULTY OF HEALTH SCIENCES
UNIVERSITY OF MUHAMMADIYAH JEMBER

Thesis, July 2017

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Psychological experience of patients with chronic renal failure with hemodialysis action
(study phenomenology in Jember District)

xvi + 57 page + 4 attachment

Abstract

Introduction: Kidney Failing Chronic renal failure or end-stage renal disease (ERSD) is a kidney that progressively loses its nephron function, one by one, gradually reducing the overall function of the kidney. *HD* (hemodialysis) is a therapy for patients with chronic renal failure which requires patients to therapy twice or more a week. The patient's dependence on hemodialysis therapy has an impact on the patient's psychological condition. The purpose of this study was to explore the psychological experience of patients with chronic renal failure with hemodialysis action (study phenomenology in Jember District). **Method:** This research uses qualitative research approach method with indept interview method, which aims to obtain descriptive data in the form of speech from research object, while the technique used in data collection by using purposive sampling technique. **Result:** The results showed there were four participants, yielding as many as five themes and two sub themes related to the psychological experience of chronic renal failure patients related to pain, stress and adaptation, and coping ability. **Discussion:** The psychological experience of chronic renal failure patients understands the meaning of pain, the level of stress is in the stage of eustres (adaptation stage), while the patient's coping ability is derived from his own motivation and environmental influences, especially the family. Participants accept the situation that this is indeed the path of destiny that God has set for them.

Keywords: psychological experience, chronic renal failure patients, hemodialysis
References 24 (2011-2016)

Abstrak
UNIVERSITAS MUHAMMADIYAH JEMBER
PROGRAM STUDI S1 KEPERAWATAN
FAKULTAS ILMU KESEHATAN

Skripsi, Juli 2017

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Pengalaman psikologis pasien gagal ginjal kronik (GGK) dengan tindakan hemodialisa (*study phenomenology* di Kabupaten Jember)

xvi + 57 hal + 4 lampiran

Abstrak

Pendahuluan: Gagal ginjal kronik (GGK) atau penyakit renal tahap akhir atau *End Renal Stage* (ERSD) adalah ginjal yang secara progresif kehilangan fungsi nefronnya satu persatu yang secara bertahap menurunkan keseluruhan fungsi ginjal. HD (hemodialisa) adalah terapi untuk pasien GGK (Gagal Ginjal Kronik) yang mengharuskan pasien terapi dua kali atau lebih dalam seminggu. Ketergantungan hidup pasien pada terapi hemodialisa memberikan dampak pada psikologis pasien. Tujuan dari penelitian ini, untuk mengeksplorasi pengalaman psikologis pasien gagal ginjal kronik (GGK) dengan tindakan hemodialisa (*study phenomenology* di Kabupaten Jember). **Metode:** Penelitian ini menggunakan metode pendekatan penelitian kualitatif dengan metode *indept interview*, yang bertujuan untuk mendapatkan data deskriptif berupa ucapan dari objek penelitian, ada pun teknik yang digunakan dalam pengumpulan data dengan menggunakan teknik *purposive sampling*. **Hasil:** Hasil penelitian menunjukkan ada 4 partisipan, dengan menghasilkan sebanyak 5 tema dan 2 subtema yang berhubungan dengan pengalaman psikologis pasien gagal ginjal kronik (GGK) terkait makna sakit, tingkat stress dan adaptasi, dan kemampuan koping. **Diskusi:** Pengalaman psikologis pasien GGK memahami terkait makna sakit, tingkat stresnya berada pada tahap eustres (*adaptation stage*), sedangkan kemampuan koping pasien didapatkan dari motivasi dirinya sendiri dan pengaruh lingkungan, khususnya keluarga. Partisipan menerima keadaannya bahwa ini memang jalan takdir yang sudah digariskan Tuhan untuk mereka.

Kata kunci: pengalaman psikologis, pasien GGK, hemodialisa

Daftar Pustaka 24 (2011-2016)

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