

Abstrak
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Hubungan Persepsi Tentang Tablet Fe Dengan Kepatuhan Mengonsumsi Tablet Fe Pada Ibu Hamil Trimester III Di Wilayah Kerja Puskesmas Mumbulsari Jember

xv+ 99 halaman+1 bagan+12 tabel+19 lampiran

Abstrak

Persepsi merupakan salah satu faktor yang mempengaruhi kepatuhan mengonsumsi tablet Fe. Kepatuhan mengonsumsi tablet Fe merupakan upaya untuk mengatasi anemia dalam kehamilan. Tujuan penelitian ini untuk mengetahui hubungan persepsi tentang tablet Fe dengan kepatuhan mengonsumsi tablet Fe pada Ibu hamil trimester III di Puskesmas Mumbulsari Jember. Metode Penelitian ini adalah penelitian *korelasi* dengan pendekatan *cross sectional*. Populasi semua ibu hamil trimester III yang telah mengonsumsi tablet Fe di wilayah Puskesmas Mumbulsari bulan Maret tahun 2018 diperkirakan sekitar 67 ibu hamil dan sampel dipilih dengan cara *Cluster Sampling* dan *Simple Random Sampling* pada ibu hamil trimester III dari tanggal 26 April 2018 – 5 Mei 2018 dengan jumlah sampel 57 responden. Hasil penelitian ini didapatkan 77,2% ibu hamil mempunyai persepsi negatif sedangkan untuk kepatuhan didapatkan 80,7% ibu hamil tidak patuh dalam mengonsumsi tablet Fe. Dari hasil *Spearman rank (Rho)* diperoleh *p value* $0,002 \leq 0,05$ sehingga H_1 diterima, artinya ada hubungan antara persepsi tentang tablet Fe dengan kepatuhan mengonsumsi tablet Fe pada ibu hamil trimester III dengan koefisien korelasi positif. Rekomendasi penelitian yaitu meningkatkan pemahaman bahwa tablet Fe sangat berpengaruh terhadap kehamilan. Suami dapat diikut sertakan saat tenaga kesehatan memberikan penyuluhan sehingga suami bisa memberikan dukungan emosional kepada istri saat mengonsumsi tablet Fe.

Kata kunci: Persepsi, kepatuhan, tablet Fe

Daftar Pustaka: 57 (2007-2017)

Abstract

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The perception relation between Fe tablet and compliance to consume Fe tablet the third Trimester pregnant women at Mumbulsari Community Health Center Jember

XV + 99 pages + 1 chart + 12 tables + 19 attachments

Abstract

Perception is one of the factors that influence compliance of consuming Fe tablets. The compliance of consuming Fe tablets is an attempt to overcome anemia in pregnancy. The purpose of this research is to know the perception relation between Fe tablet and compliance to consume Fe tablet the third Trimester pregnant women at Mumbulsari Community Health Center Jember. This research method is correlation research with cross sectional approach. The population of all 3rd trimester pregnant women who have consumed Fe tablets at Mumbulsari Community Health Center in March 2018 estimated to be 67 pregnant women and the sample selected by Cluster Sampling and Simple Random Sampling in third trimester pregnant women from April 26, 2018 - May 5, 2018 with sample size 57 respondents. The results of this study obtained 77.2% of pregnant women who have a negative perception, while for obedience 80.7% obtained that pregnant women did not obedient in consuming Fe tablets. From the results of Spearman rank (Rho) obtained p value $0,002 \leq 0,05$ so that H_1 accepted, it means there was relationship between the perception of iron tablet with compliance of consuming Fe tablet in third trimester pregnant women with a positive correlation coefficient. The research recommendation is to increase the understanding that Fe tablets have an effect on pregnancy. Husbands can be included as health workers to provide counseling so that husbands can provide emotional support to their wives while consuming Fe tablets.

Keywords: Perception, compliance, Fe tablets

References: 57 (2007-2017)