Abstrak

UNIVERSITAS MUHAMMADIYAH JEMBER
PROGRAM STUDI ILMU KEPERAWATAN
FAKULTAS ILMU KESEHATAN

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Ummi Haryanti

Hubungan Dukungan Suami Dengan Kesiapan Istri Dalam Menghadapi Menopause
Diwilayah Kerja Puskesmas Mangaran Kabupaten Situbondo

xvi + 92 hal + 11 tabel + 1 gambar + 1 bagan + 8 lampiran

Abstrak

Dukungan suami merupakan salah satu sumber dukungan sosial yang berasal dari lingkungan keluarga. Penelitian ini bertujuan untuk hubungan dukungan suami dengan kesiapan istri dalam menghadapi menopause diwilayah kerja puskesmas mangaran kabupaten situbondo. Penelitian ini adalah penelitian korelasi dengan pendekatan *cross sectional*. Populasi dalam penelitian ini adalah 360 orang dengan jumlah responden sebanyak 90 orang yang diambil dengan teknik *Quota Sampling*. Instrumen yang digunakan adalah kuisioner. Untuk membuktikan hipotesis peneliti menggunakan uji analisis staitik *chi square* dengan kiteriaH1 diterima apabila *p value* $0.000 \leq 0,005$. Hasil penelitian menunjukkan bahwa dari 90 responden yang menyatakan bahwa responden menilai 54,4 % dari mereka mendapatkan dukungan dari suami dan 62,2 % menyatakan sangat siap. Diperoleh *p value* $0.001 \leq 0,005$ maka dapat disimpulkan bahwa H1 diterima terdapat hubungan antara dukungan sosial yang berasal dari lingkungan keluarga. Penelitian ini bertujuan untuk hubungan dukungan suami dengan kesiapan istri dalam menghadapi menopause diwilayah kerja Puskesmas Mangaran Kabupaten Situbondo.

Kata kunci: Dukungan Suami , Kesiapan Istri, *Menopause*, Wilayah Kerja Puskesmas.

Abstract

The Relationship between Husband's Support and Wife's Readiness in Facing Menopause in the Work Area of the Mangaran Health Center Situbondo Regency

xvi + 92 pages + 11 tables + 1 picture + 1 drawing + 8 appendices

Abstract

Husband's support is one source of social support that comes from the family environment. This study aims to determine the relationship between husband's support and wife's readiness to face menopause in the work area of the Mangaran Public Health Center, Situbondo Regency. This research is correlation research with cross sectional approach. Thepopulation in this study were 360 people with a total of 90 respondents who were taken usingthe Quota Sampling technique. The instrument used is a questionnaire. To prove the hypothesis, the researcher used the chi square statistical analysis test with the H1criteria accepted if the p value was 0.000 0.005. The results showed that from 90 respondents who stated that the respondents assessed that 54.4% of them received support from their husbands and 62.2% stated that they were very ready. Obtained p value 0.001 0, 005, it can be concluded that H1 is accepted, there is a relationship between social support that comes from the family environment. This study aims to determine the relationshipbetween husband's support and wife's readiness to face menopause in the work area of the Mangaran Health Center, Situbondo Regency.

Keywords: *Husband's Support, Wife's Readiness, Menopause, Community Health Center Work Area.*