

ABSTRAK

Hernia is a protrusion of the contents of a cavity, the weakest part of the musculoaponeurotic part of the abdominal wall, the hernia consists of rings, pockets and the contents of the hernia. Regional Health Research in 2017 in Indonesia, hernia is the second order disease after urinary tract stones as many as 2,245 hernia cases. Based on data obtained from the Balung Regional Hospital in the last 6 months from January-June 2021, 33 cases of post-op lateral inguinal hernia (HIL) were found, and the average was treated for 3-4 days. The purpose of this study is to analyze and provide nursing care to patients with post-op hernia cases using a nursing process approach. This research method uses nursing care process. Results: there are 3 diagnoses, namely acute pain, impaired physical mobility and risk of infection. The action plan is carried out in accordance with Indonesian nursing intervention standards and also adjusts to the patient's condition. Conclusion: the results of the evaluation of all objectives were achieved.

