

INFLUENCE OF *COPING STRATEGY* ON WORKING STRESS IN EMPLOYEES  
HOTEL ROYAL JEMBER

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*Every worker is required to work under considerable pressure so that they are required to have patience while completing their work and must face and accept guest complaints that are not satisfied with their services. Based on the results of interviews the stress felt by employees causes boredom because of work done repeatedly, the existence of an undeveloped career, a relationship that is not too good with colleagues or with superiors, plus the work rules that are considered too rigid, causing burdens. The occurrence of various problems, demands and burdens in work requires an employee to have a way to deal with the work stress they experience which is commonly called the coping strategy. Based on the description above, this study aims to determine the effect of work stress on coping strategies on Royal Jember Hotel employees.*

*This type of research used in this study is an associative quantitative approach, the sample used by researchers was 44 people.*

*The hypothesis in this study is that there is no effect of work stress on coping strategies on Royal Jember Hotel employees. Analysis of data using regression analysis. The analysis showed that there was no influence between work stress and coping strategies, with the correlation coefficient  $R = 0.138$ ,  $F = 6.696$  and  $p = 0.013$  ( $p > 0.05$ ). The results of this study also showed that work stress had an adjusted R squared of 13.8% of the coping strategy and the remaining 86.2%.*

*Key word: Job stres, coping strategy*