

ABSTRAK

Abstrak
UNIVERSITAS MUHAMMADIYAH JEMBER
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Hubungan Mekanisme Koping Dengan Resilensi Pada Pasien Gagal Ginjal Kronik Yang Menjalani Terapi Hemodialisa Di RSUD dr. H.Koesnadi Bondowoso
xvi + 71 hal + 1 bagan + 11 tabel + 8 lampiran

Abstrak

Mekanisme koping merupakan usaha yang digunakan seseorang untuk mempertahankan rasa kendali terhadap situasi yang mengurangi rasa nyaman, dan menghadapi situasi yang menimbulkan stress. Sedangkan Resiliensi adalah kemampuan seorang individu dalam menghadapi gangguan psikis diantaranya yaitu stress, depresi, dan kecemasan. Resiliensi dapat diartikan daya lentur atau kemampuan individu dalam beradaptasi berbagai masalah dan kesulitan yang dihadapi sehingga individu tersebut dapat bangkit dari permasalahannya serta kembali pada peranannya dalam masyarakat. Desain penelitian yang digunakan yaitu spearman test dengan jumlah populasi 35. Sampel yang akan diambil 35 responden yang diperoleh dengan teknik pengambilan sampel menggunakan purposive sampling statistik menggunakan spearman test dengan $\alpha=0,05$ didapatkan nilai p value 0,00 $r = 0.719$, maka dapat disimpulkan bahwa H_1 diterima yang artinya ada hubungan mekanisme koping dengan resiliensi pada pasien gagal ginjal kronik yang menjalani terapi hemodialisa di RSUD dr. H. Koesnadi Bondowoso.

Kata Kunci: Mekanisme Koping, Resiliensi, Gagal Ginjal Kronik, Hemodialisa
Daftar Pustaka: 56 (2011-2020)

ABSTRACT

Abstract

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The Relationship between Coping Mechanisms and Resilience in Chronic Kidney Failure Patients Undergoing Hemodialysis Therapy at RSU dr. H. Koesnadi Bondowoso

xvi + 71 pages + 1 charts + 11 tables + 8 attachments

Abstract

Coping mechanism is an effort used by a person to maintain a sense of control over situations that reduce comfort, and deal with situations that cause stress. Resilience is the ability of an individual to deal with psychological disorders including stress, depression, and anxiety. Resilience can be defined as the flexibility or ability of an individual to adapt to various problems and difficulties encountered so that the individual can rise from his problems and return to his role in society. The research design used was the Spearman test with a population of 35. The sample to be taken was 35 respondents who were obtained by sampling technique using purposive sampling. Data retrieval is carried out as much as 1x data retrieval. The results of statistical tests using the spearman test with $\alpha = 0.05$ obtained p value of 0.00 $r = 0.719$, it can be concluded that H_1 is accepted, which means that there is a relationship between coping mechanisms and resilience in patients with chronic kidney failure undergoing hemodialysis therapy at RSU dr. H. Koesnadi Bondowoso.

Keywords: *Coping Mechanisms, Resilience, Chronic Kidney Failure, Hemodialysis Bibliography: 56 (2011-2020)*