

Abstrak

UNIVERSITAS MUHAMMADIYAH JEMBER

PROGRAM STUDI S1 KEPERAWATAN

FAKULTAS ILMU KESEHATAN

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Hubungan Pengetahuan Siswa Palang Merah Remaja Dengan Kemampuan Memberikan Pertolongan Pertama Cedera Olahraga Di SMA Negeri Ambulu

XVII + 74 Halaman + 1 bagan + 10 tabel + 20 lampiran

Abstrak

Latar Belakang: Pengetahuan tentang cedera olahraga dapat mengantisipasi dan memberikan pertolongan ketika terjadi cedera dengan cepat dan tepat, serta dapat mencegah terjadinya cedera baik pada diri sendiri ataupun orang lain. Setiap anggota PMR diwajibkan untuk memiliki pengetahuan yang baik dan memahami tindakan pertolongan pertama. Pertolongan pertama merupakan orang yang memberikan bantuan atau pertolongan pada orang yang terjadi kecelakaan atau cedera. Tujuan penelitian ini adalah mengidentifikasi adanya hubungan pengetahuan siswa Palang Merah Remaja dengan kemampuan memberikan pertolongan pertama cedera olahraga di SMA Negeri Ambulu. Metode: Desain penelitian yang digunakan peneliti yaitu desain korelasi dengan pendekatan *cross sectional*. Teknik sampling yang digunakan peneliti yaitu *total sampling* dengan jumlah sampel sebanyak 33 responden. Populasi yang digunakan siswa PMR di SMA Negeri Ambulu. Hasil: Hasil penelitian diperoleh pengetahuan siswa PMR dalam kategori baik sebanyak 26 orang (87,7%), kategori cukup sebanyak 2 orang (6,7%), dan kurang baik sebanyak 2 orang (6,7%). Sedangkan kemampuan memberikan pertolongan pertama cedera olahraga dalam kategori baik sebanyak 28 orang (93,3%), cukup sebanyak 1 orang (3,3%) dan kurang baik sebanyak 1 orang (3,3%). Uji statistic yang digunakan peneliti yaitu *Spearman Rank (Rho)* dengan nilai *p value* = 0,000. Simpulan: Maka dapat disimpulkan bahwa H1 diterima yang artinya ada hubungan pengetahuan siswa Palang Merah Remaja dengan kemampuan memberikan pertolongan pertama cedera olahraga di SMA Negeri Ambulu.

Kata Kunci : Pengetahuan, Pertolongan Pertama, Cedera Olahraga

Abstract

MUHAMMADIYAH JEMBER UNIVERSITY

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Knowledge Relationship of Teenage Red Cross Students With The Ability to Provide First Aid Sports Injuries at Ambulu State High School.

XV + 74 pages + 1 chart + 10 table + 20 attachment

Abstract

Background: Knowledge of sports injuries can anticipate and provide relief when an injury occurs quickly and appropriately, and can prevent injury to either yourself or other. Every PMR member is required to have good knowledge and understand first aid measures. First aid is a person who provides assistances or assistance to people who have an accident or injury. The purpose of this study was to identify the knowledge relationship of teenage red cross students with the ability to provide first aid for sports injuries at Ambulu State High School. Method: The research design used by researches is the design of correlation with a cross sectional approach. The sampling technique used by researches is total sampling with a sample number of 33 respondents. The population used by PMR students in Ambulu State High School. Results: The results of the study obtained knowledge of adolescent red cross students in the good category as many as 26 person (86,7%), enough categories as many as 2 person (6,7%), and less good as many as 2 person (61,7%). While the ability to provide first aid sports injuries in the good category as many as 28 person (93,3%), enough as many as 1 person (3,3%), and less good as many as 1 person (3,3%). The statistical test used by researches is Spearman Rank (Rho) with a value of p value = 0,000. Conclusion: Then it can be concluded that H1 is accepted which means there is a relationship of knowledge of teenage red cross students with the ability to provide first aid for sports injuries at Ambulu State High School.

Key words : Knowledge, First Aid, Sport Injuries