

## Daftar Pustaka

- Alzheimer's Disease International, "World alzheimer report 2013," Executive Summary, vol. 99, pp. 1–92, 2013.
- Adi and A. Alzheimer's, "Dementia in the Asia pacific region," Technical Report, Alzheimer's Disease International, Dementia, Australia, 2014.
- H. Brodaty and M. Donkin, "Clinical research," Journal of Investigative Dermatology, vol. 135, pp. S32–S42, 2015.
- Hogervorst, K. Yaffe, M. Richards et al., "Hormone replacement therapy to maintain cognitive function in women with dementia," Cochrane Database of Systematic Reviews, vol. 1, 2009.
- K. E. Devenney, B. Lawlor, M. G. M. O. Rikkert et al., "The effects of an extensive exercise programme on the progression of mild cognitive impairment (MCI ): study protocol for a randomised controlled trial," vol. 17, pp. 1–10, 2017, BMC Geriatrics.
- C. Arcoverde, A. Deslandes, H. Moraes et al., "Treadmill training as an augmentation treatment for Alzheimer's disease: a pilot randomized controlled study," vol. 72, no. 3, pp. 190–196, 2013, Arquivos de Neuro-Psiquiatria.
- Makizako, H. Shimada, D. Yoshida et al., "Six-minute walking distance correlated with memory and brain volume in older adults with mild cognitive impairment," A Voxel-Based Morphometry Study, vol. 8511, pp. 223–232, 2013.
- K. Sugano, M. Yokogawa, S. Yuki et al., "Effect of cognitive and aerobic training intervention on older adults with mild or no cognitive impairment," A Derivative Study of the Nakajima Project, vol. 8301, pp. 69–80, 2012.
- J. N. Walsh, B. Manor, J. Hausdorff et al., "Impact of shortand long-term tai chi mind-body exercise training on cognitive function in healthy adults," Results From a Hybrid Observational Study and Randomized Trial, vol. 4, no. 4, pp. 38–48, 2015.
- M. Z. Ihda Al Adawiyah, N. Juniarti, and C. W. M. Sari, "Multi-intervention approach for preventing and management of dementia among elderly," Asian Community Health

Nursing Research, vol. 1, no. 1, pp. 10–21, 2019.

- Nakamae, K. Yotsumoto, and E. Tatsumi, “ScienceDirect effects of productive activities with reminiscence in occupational therapy for people with dementia: a pilot randomized controlled study\*,” *Hong Kong Journal of Occupational Therapy*, vol. 24, no. 1, pp. 13–19, 2014.
- Nakatsuka, K. Nakamura, R. Hamanoso et al., “A cluster randomized controlled trial of nonpharmacological interventions for old-old subjects with a clinical dementia rating of 0.5: the kurihara project,” *Karger*, vol. 99, pp. 221–232, 2015.
- Yamagami, Y. Takayama, Y. Maki et al., “A randomized controlled trial of brain-activating rehabilitation for residential care homes,” *Karger*, vol. 33, pp. 372–380, 2012.
- R. A. Tanzila, S. Y. Lindri, and N. R. Putri, “\*e effect of low impact aerobic exercise on elderly with dementia cognitive function,” *Global Medical and Health Communication*, vol. 8, no. 1, pp. 73–77, 2020.
- R. Rifdhi, “Pengaruh SBL terhadap activity daily living,” *Tesis*, vol. 1, pp. 1–13, 2012.
- N. Kirk-Sanchez and E. McGough, “Physical exercise and cognitive performance in the Elderly: current perspectives,” *Clinical Interventions in Aging*, vol. 9, pp. 51–62, 2013.
- K. Intlekofer and C. CW, “Exercise counteracts declining hippocampal function in aging and Alzheimer’s disease,” *Neurobiology Disease*, vol. 57, pp. 47–55, 2013.
- T. Kwok, A. Wong, G. Chan et al., “Effectiveness of cognitive training for Chinese older people in Hong Kong,” *Clinical Interventions in Aging*, vol. 8, pp. 213–219, 2013.
- Vreugdenhil, J. Cannell, A. Davies, and G. Razay, “A community-based exercise programme to improve functional ability in people with Alzheimer’s disease,” *A randomized controlled trial. Scandinavian Journal of Caring Sciences*, vol. 26, no. 1, pp. 12–19, 2012.
- J. D. Williamson, M. Espeland, and S. B. Kritchevsky, “Changes in cognitive function in a randomized trial of physical activity,” *Results of the Lifestyle Interventions and Independence for Elders Pilot Study*, vol. 64, no. 6, pp. 688–694, 2017.
- Rosenberg, T. Ngandu, M. Rusanen et al., “Multidomain lifestyle intervention benefits a large elderly population at risk for cognitive decline and dementia regardless of baseline

characteristics: the FINGER trial. 1–8,” *Journal of Alzheimers Dement*, vol. 14, no. 3, pp. 263–270, 2017.

Suarti. 2009. *Panduan praktik keperawatan lansia*,” Yogyakarta: Citra Aji Pratama,

Groot, A. M. Hooghiemstra, P. G. H. M. Raijmakers et al., “\*e effect of physical activity on cognitive function in patients with dementia: a meta-analysis of randomized control trials,” *Ageing Research Reviews*, vol. 25, pp. 13–23, 2016.

Kwak, S. Um, T. Son et al., “Effect of regular exercise on senile dementia patients.” *International Journal of Sports Medicine*, vol. 29, no. 6, pp. 471–474, 2008.

Gezen-Ak, E. Dursun, B. Hanağasi et al., “BDNF, TNF $\alpha$ , HSP90, CFH, and IL-10 serum levels in patients with early or late onset al.zheimer’s disease or mild cognitive impairment.” *Journal of Alzheimer’s Disease*.vol. 37, no. 1, pp. 185–195, 2013.

Brett, V. Traynor, and P. Stapley, “Effects of physical exercise on health and well-being of individuals living with a dementia in nursing homes : a systematic review.” *Journal of the American Medical Directors Assocociation*, vol. 17, no. 2, pp. 104–116, (2015).