

## **Dukungan Suami Dengan Perilaku Kepatuhan Kunjungan Antenatal Care (ANC) Pada Ibu Hamil Dalam Masa Pandemi Covid-19 Di Desa Dukuhmencek Sukorambi Jember**

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### **Abstrak**

Pandemi Covid-19 ini, banyak pembatasan layanan rutin, termasuk pelayanan akses kesehatan maternal dan neonatal. Adanya perubahan keterbatasan akses kesehatan selama kehamilan pada ibu hamil dalam masa pandemi Covid-19 ini dapat mempengaruhi perilaku kesehatan pada seluruh ibu hamil dalam masa menjalani proses kehamilan sampai dengan persalinan. Tujuan penelitian ini yaitu mengidentifikasi hubungan dukungan suami dengan kepatuhan kunjungan perilaku kesehatan pada ibu hamil dalam masa Pandemi Covid-19 di Desa Dukuhmencek Kecamatan Sukorambi Kabupaten Jember. Desain penelitian ini adalah desain korelasi dengan pendekatan cross sectional. Teknik sampling yang digunakan adalah cluster random sampling dengan jumlah sampel sebanyak 61 responden. Jumlah sampel yang digunakan adalah ibu hamil di Desa Dukuhmencek Kabupaten Jember. Penelitian menunjukkan bahwa mayoritas ibu hamil dalam masa pandemi Covid-19 Di Desa Dukuh Mencek Kecamatan Sukorambi Kabupaten Jember mendapatkan dukungan suami optimal yaitu sebanyak 51 responden (83,6%), sisanya 10 responden (16,4%) mendapatkan dukungan suami kurang optimal, Jumlah paling banyak ibu hamil dalam masa pandemi Covid-19 Di Desa Dukuh Mencek Kecamatan Sukorambi Kabupaten Jember menunjukkan perilaku kesehatan yang optimal yaitu sebanyak 33 responden (54,1%). Sisanya, 28 responden (45,9%) menunjukkan perilaku kesehatan kurang optimal. Berdasarkan uji statistik menggunakan uji Spearman Rank ( $\rho$ ) menunjukkan nilai  $p$  value = 0,00. Maka dapat disimpulkan bahwa  $H_0$  ditolak yang berarti terdapat hubungan antara dukungan suami dengan perilaku kesehatan pada ibu hamil dalam masa pandemi Covid-19 Di Desa Dukuh Mencek Kecamatan Sukorambi Kabupaten Jember. Keluarga dan suami disarankan lebih meningkatkan motivasi dan dukungan kepada ibu hamil sehingga rutin melakukan kunjungan ANC. Dukungan yang bisa dilakukan oleh suami diantaranya mengantar dan menemani ibu hamil saat periksa, mencari dan memberikan informasi yang relevan terkait nutrisi ibu hamil, proses persalinan yang nyaman.

Kata kunci : Covid-19;dukungan suami;Ibu hamil

## **Husband's Support With Compliance Behavior Antenatal Care (ANC) Visits for Pregnant Women During the Covid-19 Pandemic In Dukuhmencek Village Sukorambi Jember**

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### **Abstract**

This Covid-19 pandemic, many restrictions on routine services, including maternal and neonatal health access services. Changes in limited access to health during pregnancy for pregnant women during the Covid-19 pandemic can affect health behavior for all pregnant women during the pregnancy process until delivery. The purpose of this study is to identify the relationship between husband's support and compliance with health behavior visits for pregnant women during the Covid-19 pandemic in Dukuhmencek Village, Sukorambi District, Jember Regency. The design of this study uses a quantitative correlation with a cross sectional approach. The sampling technique used is cluster random sampling with a total sample of 61 respondents. The number of samples used were pregnant women in Dukuhmencek Village, Jember Regency. The study showed that the majority of pregnant women during the Covid-19 pandemic in Dukuh Mencek Village, Sukorambi District, Jember Regency received optimal husband support, namely 51 respondents (83.6%), the remaining 10 respondents (16.4%) received less husband support. optimally, the highest number of pregnant women during the Covid-19 pandemic in Dukuh Mencek Village, Sukorambi District, Jember Regency showed optimal health behavior, namely 33 respondents (54.1%). The rest, 28 respondents (45.9%) showed less than optimal health behavior. Based on statistical tests using the Spearman Rank (Rho) test, the p value = 0.00. It can be concluded that H<sub>0</sub> is rejected, which means that there is a relationship between husband's support and health behavior for pregnant women during the Covid-19 pandemic in Hamlet Mencek Village, Sukorambi District, Jember Regency. Families and husbands are advised to increase motivation and support for pregnant women so that they routinely carry out ANC visits. Support that can be done by husbands includes escorting and accompanying pregnant women during checkups, seeking and providing relevant information related to pregnant women's nutrition, a comfortable delivery process.

Keywords: covid-19; husband's support; pregnant women