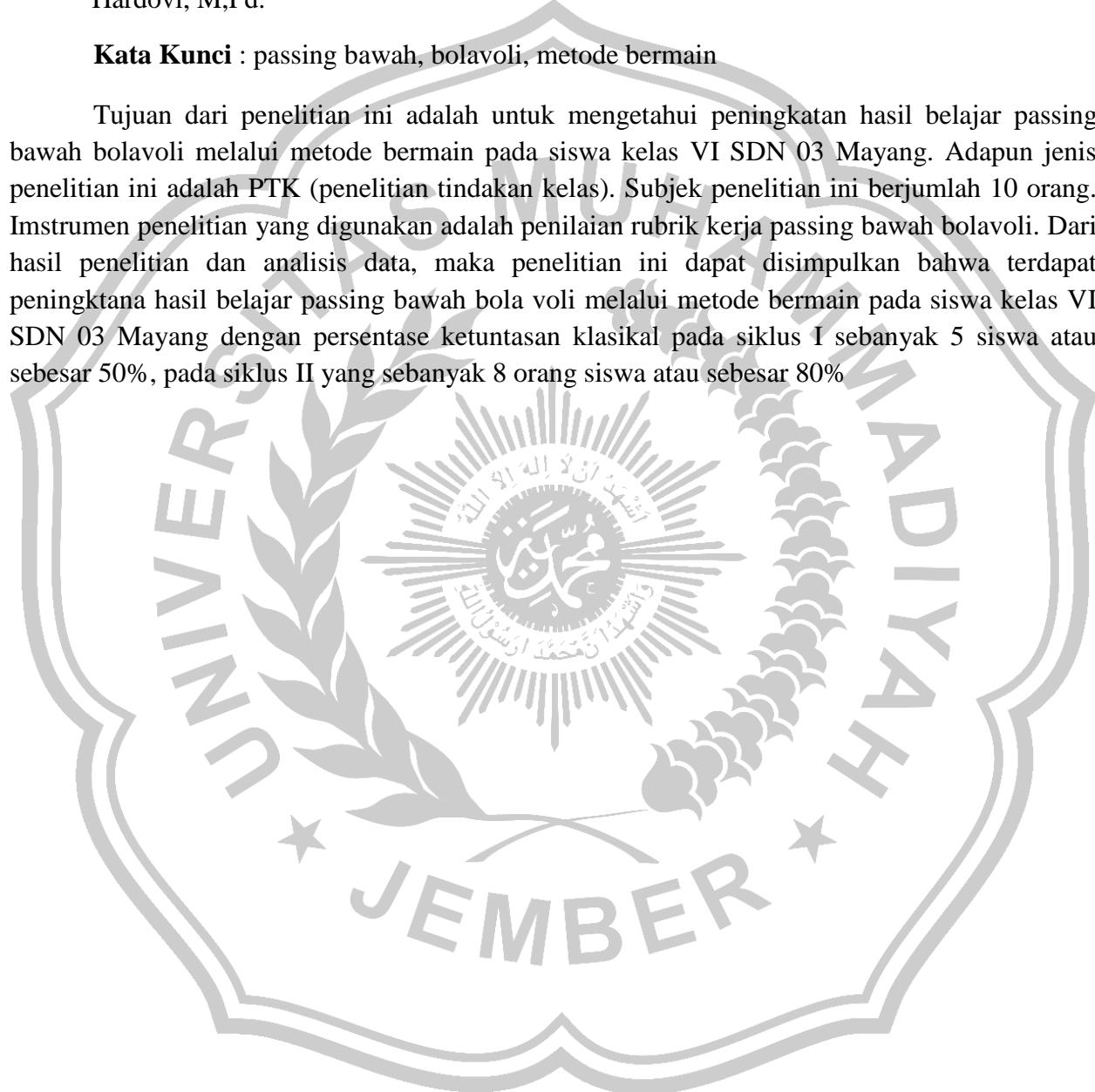


ABSTRAK

Febriyanto,AA.2022. *Upaya Peningkatan Teknik Dasar Passing Bawah Bolavoli Melalui Metode Bermain Pada Siswa Kelas VI SDN 03 Mayang.* Skripsi, Program Studi Pendidikan Olahraga, Fakultas Keguruan dan Ilmu Pendidikan, Universitas Muhammadiyah Jember. Pembimbing: (1) Dr.Rizki Aprilliyanto (2) Bahtiar Hari Hardovi, M.Pd.

Kata Kunci : passing bawah, bolavoli, metode bermain

Tujuan dari penelitian ini adalah untuk mengetahui peningkatan hasil belajar passing bawah bolavoli melalui metode bermain pada siswa kelas VI SDN 03 Mayang. Adapun jenis penelitian ini adalah PTK (penelitian tindakan kelas). Subjek penelitian ini berjumlah 10 orang. Instrumen penelitian yang digunakan adalah penilaian rubrik kerja passing bawah bolavoli. Dari hasil penelitian dan analisis data, maka penelitian ini dapat disimpulkan bahwa terdapat peningkatan hasil belajar passing bawah bola voli melalui metode bermain pada siswa kelas VI SDN 03 Mayang dengan persentase ketuntasan klasikal pada siklus I sebanyak 5 siswa atau sebesar 50%, pada siklus II yang sebanyak 8 orang siswa atau sebesar 80%



ABSTRACT

Febriyanto, AA. 2022. Efforts to Improve Basic Techniques of Lower Passing in Volleyball Through the Playing Method for Class VI Students of SDN 03 Mayang. Thesis, Sport Education Study Program, Faculty of Teacher Training and Education, University of Muhammadiyah Jember. Advisors: (1) Dr.Rizki Aprilliyanto (2) Bahtiar Hari Hardovi, M,Pd.

Keywords: down passing, volleyball, playing method.

The purpose of this study was to determine the improvement of volleyball bottom passing learning outcomes through the playing method for sixth grade students at SDN 03 Mayang. The type of this research is CAR (classroom action research). The subjects of this study amounted to 10 people. The research instrument used is the assessment of the volleyball bottom passing work rubric. From the results of research and data analysis, it can be concluded that there is an improvement in the results of learning volleyball underpassing through the playing method for class VI students of SDN 03 Mayang with a percentage of classical completeness in the first cycle of 5 students or 50%, in the second cycle which as many as 8 students or by 80%

