

Abstrak

UNIVERSITAS MUHAMMADIYAH JEMBER

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Efektivitas *Disaster Plan* Terhadap Kesiapsiagaan *Caregiver* Lansia Dalam Menghadapi Bencana Banjir di Kabupaten Jember.

xvii + 91 hal + 14 Tabel + 16 Lampiran.

Abstrak

Lansia sebagai salah satu kelompok rentan yang mengalami perubahan dan masalah kesehatan, seperti penurunan fungsi fisik berupa tidak mampu berjalan dengan cepat dan penurunan kesehatan lainnya yang berpengaruh terhadap keselamatan lansia pada saat terjadi bencana, oleh karena itu lansia membutuhkan bantuan terkait dengan penyelamatan saat terjadi banjir. Tujuan dari penelitian ini adalah mengidentifikasi efektivitas *disaster plan* terhadap kesiapsiagaan *caregiver* lansia dalam menghadapi bencana banjir di Kabupaten Jember. Metode penelitian yang digunakan pra-eksperimen *pre post test desain*. Hasil analisis statistik didapatkan Ada beda kesiapsiagaan *Caregiver* Lansia dalam menghadapi bencana banjir di Kabupaten Jember sebelum dan sesudah dilakukan *Disaster Plan*. Populasi pada penelitian ini sebanyak 270 KK dengan sampel 63 KK, teknik pengambilan sampel menggunakan teknik *simple random sampling* Kesimpulan dari penelitian ini terjadi peningkatan kesiapsiagaan *caregiver* Lansia dalam menghadapi banjir sebelum dilakukan intervensi mayoritas adalah sangat siap dan setelah intervensi terjadi peningkatan jumlah *caregiver* dari siap menjadi sangat siap, sehingga jumlah responden dengan kesiapsiagaan sangat siap mengalami peningkatan.

Kata Kunci: *Disaster Plan*, *Caregiver*, Kesiapsiagaan Bencana Banjir
Daftar Pustaka : 25 (2014 - 2021)

Abstract

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The Effectiveness of Disaster Plans on the Preparedness of Elderly Caregivers in Facing Flood Disasters in Jember Regency.

xvii + 91 Pages + 14 Tables + 16 Appendices.

Abstract

The elderly as one of the vulnerable groups who experience changes and health problems, such as decreased physical function in the form of not being able to walk quickly and other health declines that affect the safety of the elderly in the event of a disaster, therefore the elderly need assistance related to rescue during a flood. The purpose of this study was to identify the effectiveness of a disaster plan on the preparedness of elderly caregivers in dealing with floods in Jember Regency. The research method used was pre-experimental pre-post test design. The results of statistical analysis showed that there was a difference in the preparedness of the elderly caregiver in dealing with flood disasters in Jember Regency before and after the Disaster Plan was carried out. The population in this study was 270 families with a sample of 63 families, the sampling technique used simple random sampling technique. The conclusion from this study was that there was an increase in the preparedness of elderly caregivers in dealing with flooding before the intervention was carried out, the majority were very ready and after the intervention there was an increase in the number of caregivers from ready to very ready, so that the number of respondents with preparedness is very ready to increase.

Keywords: *Disaster Plan, Caregiver, Flood Disaster Preparadnes.*

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