

GAMBARAN *SELF REGULATED LEARNING* MAHASISWA PADA MASA PANDEMI COVID-19

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INTISARI

Self Regulated Learning adalah kemampuan mahasiswa dalam mengarahkan proses metakognitif, motivasi serta perilakunya dalam melakukan aktivitas kegiatan belajar. Penelitian ini dilakukan dengan tujuan untuk mengetahui gambaran *self regulated learning* mahasiswa pada masa pandemi covid 19 di Universitas Muhammadiyah Jember. Desain penelitian ini menggunakan metode kuantitatif deskriptif. Teknik pengambilan sampel yang digunakan dalam penelitian ini yaitu *accidental sampling*. Jumlah sampel yang diambil pada penelitian ini sebanyak 329 mahasiswa dan data yang diperoleh sebanyak 112 dengan responden laki-laki dan 217 responden perempuan. Pengumpulan data menggunakan skala *self regulated learning* sebanyak 36 item. Metode Analisa data menggunakan bantuan aplikasi SPSS for windows vers 21 dan bantuan Ms. Excel 2010. Hasil penelitian menunjukkan bahwa terdapat 54% (179 mahasiswa) memiliki *self regulated learning* rendah dan 46% (150 mahasiswa) memiliki *self regulated learning* tinggi. Maka hasil tersebut menunjukkan bahwa mahasiswa kurang memiliki *self regulated learning* pada saat proses pembelajaran di masa pandemi.

Kata Kunci : *Self Regulated learning*, Pandemi Covid 19

1. Peneliti
2. Dosen Pembimbing 1
3. Dosen Pembimbing 2

**DESCRIPTION SELF REGULATED LEARNING of COLLEGE STUDENT
DURING THE COVID-19 PANDEMIC**

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ABSTRACT

Self Regulated Learning is a student's ability to direct metacognitive processes, motivation and behavior in carrying out learning activities. This research was conducted with the aim of knowing the description *self regulated learning* during the Covid 19 pandemic at the Muhammadiyah University of Jember. The research design uses descriptive quantitative methods. The sampling technique used in this research is *accidental sampling*. The number of samples taken in this study were 329 students and the data obtained were 112 male respondents and 217 female respondents. Data collection uses a *self regulated learning* of 36 items. The data analysis method uses the help of the SPSS application for windows version 21 and the help of Ms. Excel 2010. The results showed that 54% (179 students) had *self-regulated learning* and 46% (150 students) had *self regulated learning* . So these results show that students lack *self regulated learning* during the learning process during a pandemic.

Keywords: *Self Regulated learning*, Covid 19 Pandemic

1. Researcher
2. First Supervisor
3. Second Supervisor