

**THE EFFECT OF SMART (SELF MONITORING APPROACH TO
READING AND THINKING) STRATEGY ON VIII GRADE STUDENTS'
READING COMPREHENSION AT MTS BAITUL ARQOM BALUNG IN
THE ACADEMIC YEAR 2015/2016**

THESIS

By

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**MUHAMMADIYAH UNIVERSITY OF JEMBER
FACULTY OF TEACHER TRAINING AND EDUCATION
ENGLISH LANGUAGE EDUCATION PROGRAM
2016**

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THESIS

**Presented to
Muhammadiyah University of Jember
in partial fulfilment on the requirements for
the degree of *Sarjana* in English Language Education**

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2016**



MOTTO

“Better to feel how hard education is at this time rather than feel the bitterness of stupidity, later.”

AGREEMENT

This is to certify that the *sarjana* thesis of Yuyun Nurjayanti has been approved by the Advisors for further approval by the Board of Examiners.

Jember, 23 June 2016
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PREFACE

Our gratitude to Allah SWT, who has given me mercies and blessing, so I can complete the preparation of this thesis. Thesis is one of important parts that can not be separated from the students of University. It is a requirement for the degree of Sarjana. So, it has become a compulsory subject for the students.

The title of this thesis is “The Effect of SMART (Self Monitoring Approach to Reading and Thinking) Strategy on Students’ Reading Comprehension in Teaching English Narrative Text at VIII Grade Students of Mts Baitul Arqom Balung In the Academic Year 2015/2016” The result of this research can be used for the readers, especially for English teacher as a reference teaching and learning process of English based on content of chapter I – VI.

I realize that the thesis is far from being perfect for my weaknesses, suggestions and criticism are needed. I hope that Allah gives reward in kind who have provided assistance and can make all help it as worship, Amien Yaa Robbal 'alamiin. Finally, I hope this research will be useful for the readers.

Jember, July 2016

The writer

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Jember, July 2015

DEDICATION

I think without help and guidance from the other people, I cannot finish this thesis. This thesis is presented with love to:

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ABSTRACT

Nurjayanti, Yuyun. 2016. *The Effect of SMART (Self Monitoring Approach to Reading and Thinking) Strategy on VIII Grade Students' Reading Comprehension at Mts Baitul Arqom Balung in the Academic Year 2015/2016*. Thesis. The English Language Education, Faculty of Teacher Training and Education, Muhammadiyah University of Jember.

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Keywords : Reading comprehension, SMART (Self Monitoring Approach to Reading and Thinking) Strategy.

To comprehend the text well you must know the precise meaning of the word as it is being used. However, there are some difficulties that always appear while they read a text such as the lack of vocabulary, the difficulty to understand the meaning of the text given by the teacher, the students do not have good motivation to read

Therefore, to face this common problem there must be some ways and solutions to improve the students' reading comprehension achievement through the available teaching method, in this case the researcher used SMART (Self Monitoring Approach to Reading and Thinking) Strategy.

In this research, the problem which are investigated is to know whether there is significant difference of students' achievement in reading comprehension before and after being taught by using Self-Monitoring Approach to Reading and Thinking strategy. Based on the research problem, the hypothesis of this research is described as follow : Using SMART (self monitoring approach to reading and thinking) strategy has a significant effect on students' reading comprehension

The kind of this research is Experimental research. The research design is quasi experimental design nonrandomized pre-test and post-test control group design. This research was held on May 23rd, until May 28th, 2016. The research instrument that had been used is objective test, consist of 20 multiple choices for pre-test and 20 multiple choices for post-test. To analyze the data, is used *t-test*.

After analyzing the data, the result of this research shows the value of *t* is 4.74 with significance level of 5% and 1 % with the degree of freedom 49 were 1.67655 and 2.40489. it can be seen that the group which taught SMART (self monitoring approach to reading and thinking) strategy get better score than those who are not. So, the null hypothesis (H_0) is rejected and the alternatif hypothesis (H_a) is accepted. It can be concluded that using self monitoring approach to reading and thinking strategy has significant effect on the eight grade students' reading comprehension at MTS Baitul Arqam Balung in the 2015/2016 academic year.