

Abstrak

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Pengaruh Edukasi Kesehatan Berbasis Metode Drill Terhadap Ketepatan cuci tangan 6 langkah Pada Anak Usia prasekolah Di TK Al-Islah Mayang

xvii + 73 hal + 4 bagan + 8 tabel + 1 gambar + 15 lampiran

Latar Belakang : Prevalensi nasional berperilaku cuci tangan dengan benar pada anak tergolong rendah yaitu 49,80%. Hal ini menunjukkan usia prasekolah memiliki pengetahuan yang sangat kurang mengenai praktik ketepatan cuci tangan 6 langkah, sehingga sangat perlu untuk diberikan edukasi kesehatan praktik ketepatan cuci tangan 6 langkah agar bisa mencegah risiko terjadinya penyakit. **Tujuan** : Penelitian ini bertujuan menganalisis pengaruh edukasi kesehatan berbasis metode drill terhadap ketepatan cuci tangan 6 langkah pada anak usia prasekolah di TK Al-Islah Mayang. **Metode penelitian** : Desain penelitian ini menggunakan *pre-experiment* dengan rancangan *One Group Pre-Test-Post-Test Design*. Populasinya 126 anak usia prasekolah. Pemilihan sampel dengan non random purposive sampling, besar sampel 72 anak. Pengumpulan data menggunakan lembar observasi, dan analisis data menggunakan Uji Wilcoxon. **Hasil** : Hasil penelitian didapatkan p-value sebesar 0,000 yang berarti terdapat pengaruh edukasi kesehatan berbasis metode drill terhadap ketepatan cuci tangan 6 langkah pada anak usia prasekolah di TK Al-Islah Mayang. **Implikasi Keperawatan** : Edukasi kesehatan dengan metode drill dapat dijadikan alternatif sebagai promosi kesehatan untuk meningkatkan ketepatan perilaku cuci tangan 6 langkah anak usia prasekolah.

Kata kunci: Cuci Tangan 6 Langkah, Edukasi Kesehatan, Anak Usia prasekolah, Metode Drill

Abstract

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The Effect of Drill-Based Health Education on the Accuracy of the 6 Steps of Handwashing in School-Age Children at Al-Islah Mayang

xvii + 73 thing + 4 chart + 8 table + 1 picture + 15 attachment

Background: *The national prevalence of proper hand washing behavior in children was low, namely 49.80%. This shows that preschool age has very little knowledge about the correct practice of 6-step hand washing, so it was very necessary to provide health education on the correct practice of 6-step hand washing in order to prevent the risk of disease. **Objective:** This study aims to analyze the effect of drill-based health education on the accuracy of 6-step hand washing in preschool-aged children at TK Al-Islah Mayang. **Research method:** The design of this study used a pre-experiment with the One Group Pre-Test-Post-Test Design. The population was 126 preschool age children. Selection of the sample with non-random purposive sampling, sample size of 72 children. Data collection used observation sheets, and data analysis used the Wilcoxon Test. **Results:** The results of the study obtained a p-value of 0.000, which means that there was an influence of health education based on the drill method on the accuracy of 6-step hand washing in preschool-age children in Al-Islah Mayang Kindergarten. **Nursing Implications:** Health education using the drill method can be used as an alternative as a health promotion to improve the accuracy of the 6-step hand washing behavior of preschool-aged children.*

Keywords: *6 Step Handwashing, Health Education, Preschool Children, Drill Method*