

**“HUBUNGAN ANTARA *SELF EFFICACY* AKADEMIK DENGAN  
PERILAKU MENCONTEK (*CHEATING*) SELAMA MASA DARING  
SISWA SMA X”**

**Ella Dwi Nurjayanti<sup>1</sup> Erna Ipak Rahmawati<sup>2</sup> Anggraeni  
Swatika Sari<sup>3</sup>**

Fakultas Psikologi, Universitas Muhammadiyah Jember

[dwinurjayantiella@gmail.com](mailto:dwinurjayantiella@gmail.com)

**ABSTRAK**

Pembelajaran daring merupakan sistem pendidikan jarak jauh dengan metode pengajaran dimana terdapat aktifitas pengajaran yang dilaksanakan secara terpisah dari aktifitas belajar (Mustofa *et all*, 2019). Penelitian ini bertujuan untuk mengetahui hubungan antara *self efficacy* dengan perilaku menyontek pada siswa SMA X selama masa daring. Responden penelitian adalah siswa SMA X kelas (X, XI dan XII) dengan jumlah populasi 750 dengan sampel 238 siswa. Teknik pengambilan sampel menggunakan *purposive sampling*. Jenis penelitian ini adalah kuantitatif korelasional. Skala yang digunakan yaitu Skala Perilaku Mencontek (26 item,  $\alpha = 0,861$ ) yang diadaptasi dari Ginanjar Mukti Priaswandy (2015) dengan dan Skala *Self Efficacy* (27 item,  $\alpha = 0,710$ ) yang diadaptasi dari Anggraeni Swatika Sari (2013). Hasil penelitian menunjukkan bahwa terdapat hubungan negatif antara variabel *Self Efficacy* dengan Perilaku Mencontek ( $r = 0, -776$ ;  $p < 0.05$ ). Hal ini menunjukkan bahwa jika *self efficacy* rendah maka perilaku mencontek tinggi, dan sebaliknya jika *Self Efficacy* tinggi maka Perilaku Mencontek rendah pada siswa SMA X selama masa *daring*.

Kata Kunci: *Self Efficacy*, Perilaku Mencontek, Pembelajaran *Daring*

**“THE RELATIONSHIP BETWEEN ACADEMIC SELF EFFICACY AND  
CHEATING BEHAVIOR DURING SMA X STUDENTS' ONLINE  
LEARNING SYSTEM”**

**Ella Dwi Nurjayanti<sup>1</sup> Erna Ipak Rahmawati<sup>2</sup> Anggraeni Swatika Sari**

*Faculty of Psychology, University of Muhammadiyah Jember*

[dwinurjayantiella@gmail.com](mailto:dwinurjayantiella@gmail.com)

**ABSTRACT**

*Online learning is a distance education system with a set of teaching methods where there are teaching activities that are carried out separately from learning activities (Mustofa et al, 2019). This study aims to determine the relationship between self-efficacy and cheating behavior in SMA X students during their online period. The research respondents were students of SMA X grades (X, XI, and XII) majoring in Science, Social Sciences and the Independent Curriculum. This type of research is quantitative correlational. The research method used is purposive sampling technique. The scale used is the Cheating Behavior Scale (26 items,  $\alpha = 0.861$ ) adapted from Ginanjar Mukti Priaswandy (2015) and the Self Efficacy Scale (27 items,  $\alpha = 0.710$ ) adapted from Anggraeni Swastika Sari (2013). The results showed that there was a negative relationship between Self Efficacy and cheating behavior ( $r = 0, -776$ ;  $p < 0.05$ ). This shows that if self-efficacy is low then cheating behavior is high, and conversely if self-efficacy is high then cheating behavior is low in SMA X students online learning system.*

*Keywords: Cheating Behavior, Self Efficacy, Online Learning System*