

PENGARUH *SELF EFFICACY* TERHADAP KEMAMPUAN *PROBLEM SOLVING* MAHASISWA YANG MENGERJAKAN SKRIPSI

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ABSTRAK

Kemampuan *problem solving* setiap individu akan berbeda tergantung pada penilaian individu terhadap kemampuan yang dimilikinya atau disebut dengan *self-efficacy*. *Self-efficacy* memiliki peran yang sangat penting dalam kehidupan individu, seseorang akan mampu menggunakan potensinya secara maksimal ketika *self-efficacy*nya mendukung. Jenis penelitian ini adalah kuantitatif. Responden dalam penelitian ini yaitu mahasiswa akhir yang sedang mengerjakan skripsi di Fakultas Psikologi Unmuh Jember, yang memiliki rentang usia 20-26 tahun dan berjenis kelamin laki-laki dan perempuan. Teknik pengambilan sampel pada penelitian ini adalah *accidental sampling* dengan jumlah responden 83 mahasiswa. Hasil penelitian ini menunjukkan adanya pengaruh yang signifikan antara variabel *self efficacy* dan kemampuan *problem solving* dimana ($F = 1190.231, p < 0,05$). Koefisien determinasi (*R Square*) sebesar 0,936. Hal ini menunjukkan bahwa kontribusi variabel bebas *self efficacy* terhadap variabel terikat kemampuan *problem solving* sebesar 93,6%, sedangkan sisanya yaitu 6,4% disebabkan oleh faktor-faktor lain yang tidak diteliti dalam penelitian ini diantaranya faktor kebiasaan, rasa aman, ekonomi, ketidak pastian, dan persepsi (Rinawati, 2011).

Kata Kunci : *Problem solving, Self Efficacy, Skripsi*

1. Peneliti 1
2. Dosen Pembimbing I
3. Dosen Pembimbing II

**INFLUENCE *SELF EFFICACY* ON ABILITY *PROBLEM SOLVING* FINAL
STUDENTS OF THE FACULTY OF PSYCHOLOGY AT
MUHAMMADIYAH UNIVERSITY JEMBER WORKING ON THEIR
FINAL PROJECT**

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ABSTRACT

Ability *problem solving* each individual will be different depending on the individual's assessment of the abilities they have or are called *self-efficacy*. *Self-efficacy* has a very important role in the life of the individual, a person will be able to use their potential to the fullest when *self-efficacy* it supports. This type of research is quantitative. Respondents in this study were final students who were working on their thesis at the Faculty of Psychology Unmuh Jember, who had an age range of 20-26 years and were male and female. The sampling technique in this study is *accidental sampling* with the number of respondents 83 students. The results of this study indicate that there is a significant influence between variables *self efficacy* and abilities *problem solving* where ($F = 1190.231$, $p < 0.05$). The coefficient of determination (*R Square*) of 0.936. This shows that the contribution of the independent variables *self efficacy* on the dependent variable ability *problem solving* 93.6%, while the remaining 6.4% is caused by other factors not examined in this study including habit, security, economics, uncertainty, and perception (Rinawati, 2011).

Keywords: *Problem solving ability, Self Efficacy, Thesis*

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2. Supervisor I
3. Supervisor II