

Abstrak

UNIVERSITAS MUHAMMADIYAH JEMBER
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Nuril Alifia Damayanti

Hubungan Dukungan Suami Dengan Persepsi dan Perilaku Penggunaan Kontrasepsi *Intra Uterine Device* Pada Ibu Primipara Pasca *Sectio Caesarea* Di Rumah Sakit Daerah Balung

xvii+121 hal+23 tabel+1 gambar+17 lampiran

Latar Belakang: *Intra Uterine Device* (IUD) merupakan sebuah alat kontrasepsi yang berguna untuk meminimalisasi risiko kesehatan reproduksi dalam jangka waktu yang lama, dalam penggunaannya perlu adanya optimalisasi persepsi tentang kontrasepsi *intra uterine device* ini dengan adanya *support system* dari suami. Penelitian ini bertujuan untuk menganalisis hubungan dukungan suami dengan persepsi tentang kontrasepsi *Intra Uterine Device* pada ibu primipara pasca *sectio caesarea* di Rumah Sakit Daerah Balung. **Metode:** Desain penelitian ini menggunakan *korelasional* dengan pendekatan *cross sectional*. Populasi dalam penelitian ini rata-rata sebulan dalam 3 bulan terakhir yaitu 62 pasien, pengambilan sampel menggunakan rumus slovin dan didapatkan sampel sejumlah 54 responden. *Sampling* yang digunakan yaitu *non probability sampling* dengan teknik *quota sampling*. Pengumpulan data dukungan suami dan persepsi menggunakan skala likert. Analisis data menggunakan *Spearman Rho* dengan ketentuan $\alpha \leq 0,05$. **Hasil:** Didapatkan dukungan suami paling banyak yaitu kategori optimal sejumlah 31 (57,4%), sebagian besar persepsi ibu primipara tentang kontrasepsi IUD berada pada kategori positif sejumlah 37 (68,5%), dan sebagian besar perilaku penggunaan kontrasepsi IUD pada ibu primipara yaitu belum menggunakan IUD sejumlah 34 (63,0%). Hasil analisis menunjukkan nilai signifikan (*p value*) $< 0,0001$ dengan koefisien korelasi sebesar 0,626 dan nilai signifikan (*p value*) 0,009 dengan koefisien korelasi sebesar 0,350. **Kesimpulan:** Ada hubungan kuat antara dukungan suami dengan persepsi tentang kontrasepsi *Intra Uterine Device* pada ibu primipara pasca *Sectio Caesarea* di Rumah Sakit Daerah Balung dan ada hubungan cukup antara dukungan suami dengan perilaku penggunaan kontrasepsi *Intra Uterine Device* pada ibu primipara pasca *Sectio Caesarea* di Rumah Sakit Daerah Balung.

Kata kunci: Dukungan Suami, Persepsi, Perilaku Penggunaan Kontrasepsi *Intra Uterine Device*, Ibu primipara

Abstract

**MUHAMMADIYAH UNIVERSITY JEMBER
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FACULTY OF HEALTH SCIENCES**

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Nuril Alifia Damayanti

The Relationship Between Husband Support And Perception Of Intra Uterine Device Contraception In Primipara Mothers After Sectio Caesarea At Balung Regional Hospital

xvii+121 p+23 tables+1 figures+17 attachments

Introduction: The intrauterine device (IUD) is a contraceptive device that is useful for minimizing reproductive health risks over a long period of time. In its use, it is necessary to optimize the perception of this contraceptive intrauterine device with a support system from the husband. This study aims to analyze the relationship between spousal support and perception of intrauterine device contraception among primiparous mothers after cesarean section at Balung Regional Hospital. **Method:** The research design used a correlational approach with a cross-sectional method. The population in this study, with an average of 62 patients in the last three months, was sampled using the Slovin formula, resulting in 54 respondents. Non-probability quota sampling was used for sampling. Spousal support and perception data were collected using a Likert scale. Data analysis was performed using Spearman's Rho with a significance level (α) of ≤ 0.05 . **Result:** The findings of this study revealed that the highest level of support from husbands was in the optimal category, totaling 31 (57.4%). The majority of primiparous mothers' perceptions regarding IUD contraception were in the positive category, amounting to 37 (68.5%). Furthermore, most primiparous mothers' behavior regarding IUD contraception indicated that they had not yet used IUD, with a total of 34 (63.0%). The analysis results indicated significant values (p value) of < 0.0001 with a correlation coefficient of 0.626 and a significant value (p value) of 0.009 with a correlation coefficient of 0.350. **Conclusion:** There is a strong relationship between husband's support and the perception of Intra Uterine Device contraception among primiparous mothers after Cesarean section at Balung Regional Hospital. Additionally, there is a significant relationship between husband's support and the behavior of using Intra Uterine Device contraception among primiparous mothers after Cesarean section at Balung Regional Hospital.

Keywords: Husband's Support, Perception, Behavior of Using Intra Uterine Device Contraception, Primiparous Mothers