

## **ABSTRAK**

UNIVERSITAS MUHAMMADIYAH JEMBER

PROGRAM STUDI S1 ILMU KEPERAWATAN

FAKULTAS ILMU KESEHATAN

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Hubungan Resiliensi dengan Kualitas Hidup Pasien Gagal Ginjal Kronik di RSD

dr. SOEBANDI

Jember, 2024

Xv + 81 hal + 1 bagan + 10 tabel + 15 lampiran

### **Abstrak**

Gagal ginjal kronik (GGK) merupakan penyakit yang memerlukan pengobatan jangka panjang dan dapat berdampak terhadap kualitas hidup. Masalah klinis dan komplikasi yang ditimbulkan oleh gagal ginjal kronik berdampak negatif terhadap fisik dan aspek biopsikososial yang dapat mempengaruhi tingkat kualitas hidup pasien sehingga perlu adanya penyesuaian diri dan adaptasi yang lebih (resiliensi). Tujuan penelitian ini untuk mengetahui hubungan resiliensi dengan kualitas hidup pasien gagal ginjal kronik di RSD dr. Soebandi. Penelitian ini menggunakan desain penelitian korelasional dengan pendekatan *cross sectional*. Populasi pada penelitian ini adalah pasien dengan gagal ginjal kronik di Ruang Instalasi Dialisis RSD dr. Soebandi Jember. Teknik pengambilan sampel menggunakan quota sampling dengan jumlah sampel 69 responden. Analisis data yang digunakan yaitu uji korelasi *spearman rho* untuk mengetahui adanya hubungan antara resiliensi dengan kualitas hidup pasien gagal ginjal kronik. Hasil penelitian menunjukkan  $p < 0,004 < 0,05$  yang artinya  $H_1$  diterima sehingga terdapat hubungan resiliensi dengan kualitas hidup pasien gagal ginjal kronik di RSD dr. Soebandi, Jember.

Kata kunci: Resiliensi, Kualitas Hidup, Gagal Ginjal Kronik (GGK)

Daftar Pustaka 57 (2004-2023)

## **ABSTRACT**

MUHAMMADIYAH UNIVERSITY OF JEMBER

BACHELOR'S STUDY PROGRAM IN NURSING SCIENCE

FACULTY OF HEALTH SCIENCES

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The Relationship between Resilience and Quality of Life in Chronic Kidney Failure Patients at RSD dr. SOEBANDI

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Xv + 81 pages + 1 chart + 10 tables + 15 attachments

### **Abstract**

Chronic kidney failure (CKD) is a disease that requires long-term treatment and can impact quality of life. Clinical problems and complications caused by chronic renal failure have a negative impact on physical and biopsychosocial aspects which can affect the patient's quality of life so that there is a need for greater adjustment and adaptation (resilience). The aim of this study was to determine the relationship between resilience and the quality of life of chronic kidney failure patients at RSD dr. Soebandi. This study uses a correlational research design with a cross sectional approach. The population in this study were patients with chronic kidney failure in the Dialysis Installation Room at RSD dr. Soebandi Jember. The sampling technique used quota sampling with a sample size of 69 respondents. The data analysis used was the Spearman rho correlation test to determine the relationship between resilience and the quality of life of chronic kidney failure patients. The results of the study showed  $p 0.004 < 0.05$ , which means that H1 was accepted so that there was a relationship between resilience and the quality of life of chronic kidney failure patients at RSD dr. Soebandi, Jember.

Keywords: Resilience, Quality of Life, Chronic Kidney Failure (CKD)

Bibliography 57 (2004-2023)