

ABSTRAK

UNIVERSITAS MUHAMMADIYAH JEMBER
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Pengaruh Edukasi Terhadap Kepatuhan Konsumsi Tablet Fe Pada Ibu Hamil Trimester 2 dan 3 di Desa Karangpring Kecamatan Sukorambi Kabupaten Jember

xv + 99 halaman + 3 bagan + 17 tabel + 1 gambar + 19 lampiran

Abstrak

Anemia dalam kehamilan merupakan masalah kesehatan yang utama di negara berkembang dengan tingkat morbiditas dan mortalitas tinggi pada ibu hamil dan janin. Kejadian anemia dipengaruhi salah satunya kepatuhan konsumsi tablet Fe. Penelitian ini menggunakan desain penelitian *pre experimental* dengan pendekatan *pre test post test group desain* yang bertujuan untuk mengidentifikasi pengaruh edukasi terhadap kepatuhan konsumsi tablet Fe pada ibu hamil trimester 2 dan 3 di desa Karangpring Kecamatan Sukorambi Kabupaten Jember. Populasi dalam penelitian ini adalah ibu hamil trimester 2 dan 3 di desa Karangpring Kecamatan Sukorambi Kabupaten Jember sebanyak 45 orang. Teknik pengambilan sampel menggunakan *total sampling*. Instrumen yang digunakan pada penelitian ini adalah menggunakan Satuan Acara Penyuluhan (SAP) dan lembar kuisioner *closed ended discovery*. Hasil penelitian ini di analisis dengan menggunakan uji *wilcoxon* ($\alpha = 0,05$). Hasil penelitian setelah dilakukan uji *wilcoxon* menunjukkan ada perbedaan yang signifikan antara kepatuhan konsumsi tablet Fe sebelum dan sesudah diberikan edukasi. pengaruh edukasi terhadap kepatuhan konsumsi tablet Fe pada ibu hamil trimester 2 dan 3 dengan analisis statistik menggunakan uji *wilcoxon* menunjukkan *P value* 0,000 lebih kecil dari $\alpha = 0,05$ sehingga H_1 diterima. Kesimpulan penelitian ini yaitu ada pengaruh edukasi terhadap kepatuhan konsumsi tablet Fe pada ibu hamil trimester 2 dan 3. Rekomendasi penelitian ini yaitu bahwa edukasi bermanfaat untuk kepatuhan konsumsi tablet Fe pada ibu hamil sehingga ibu hamil utamanya trimester 2 dan 3 diharapkan mengkonsumsi tablet Fe secara teratur.

Kata kunci : Edukasi, Ibu Hamil, Kepatuhan Konsumsi, Tablet Fe
Daftar Pustaka 32 (2017 – 2023)

ABSTRACT

MUHAMMADIYAH UNIVERSITY OF JEMBER
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The Effect of Education on Fe Tablet Consumption Compliance in Pregnant Women in the Second and Third Trimesters in Karangpring Village, Sukorambi District, Jember Regency

xv + 99 pages + 3 chart + 17 tables + 19 enclosures

Abstract

Anemia in pregnancy is a major health problem in developing countries with high morbidity and mortality rates in pregnant women and fetuses. The incidence of anemia is influenced by one of the compliance with the consumption of Fe tablets. This study uses a pre-experimental research design with a pre-test post test group approach which aims to identify the influence of education on compliance with Fe tablet consumption in pregnant women in the second and third trimesters in Karangpring village, Sukorambi District, Jember Regency. The population in this study is 45 pregnant women in the second and third trimesters in Karangpring village, Sukorambi District, Jember Regency. The sampling technique uses total sampling. The instruments used in this study are using the Extension Event Unit (SAP) and questionnaire sheets. The results of this study were analyzed using the wilcoxon test ($\alpha = 0.05$). The results of the study after the wilcoxon test showed that there was a significant difference between the adherence to Fe tablet consumption before and after being given education. The effect of education on compliance with Fe tablet consumption in pregnant women in the second and third trimesters by statistical analysis using the Wilcoxon test showed that the P value of 0.000 was smaller than $\alpha = 0.05$ so that H_1 was accepted. The conclusion of this study is that there is an educational effect on the adherence to Fe tablet consumption in pregnant women in the second and third trimesters. The recommendation of this study is that education is useful for compliance with Fe tablet consumption in pregnant women so that pregnant women, especially in the 2nd and 3rd trimesters, are expected to consume Fe tablets regularly.

Keywords : *Education, Pregnant Women, Consumption Compliance, Fe Tablet Bibliography 32 (2017 - 2023)*