

DAFTAR PUSTAKA

- Akhbar, M.T., Mahendra, A., Bayu, I.M.A. (2022). Analisis Keterampilan Futsal Mahasiswa Penjas Fkip Universitas PGRI Palembang. *e-SPORT: Jurnal Pendidikan Jasmani, Kesehatan dan Rekreasi* Vol 2 No 2. <https://doi.org/10.31539/e-sport.v2i2.3959>
- Festiawan, R. (2020). Pendekatan Teknik dan Taktik: Pengaruhnya terhadap Keterampilan Bermain Futsal. *Gelanggang Olahraga: Jurnal Pendidikan Jasmani dan Olahraga*. Vol 3 No 2. <https://doi.org/10.31539/jpjo.v3i2.1080>
- Hadi, R. (2019). Pengaruh Metode Latihan Dan Motivasi Berprestasi Terhadap Keterampilan Teknik Dasar Futsal. *Sains Olahraga : Jurnal Ilmiah Keolahragaan* Volume 3, Nomor 2. <https://doi.org/10.24114/so.v3i2.15201>
- Iedynak, G., Galamandjuk, L., Koryahin, V., Blavt, O., Mazur, V., Mysiv, V., Prozar, M., Guska, M., Nosko, Y., Kubay, G., & Gurtova, T. (2019). Locomotor activities of professional futsal players during competitions. *Journal of Physical Education and Sport*, 19(3), 813–818. <https://doi.org/10.7752/jpes.2019.s3116>
- Irianto, Djoko Pekik. (2017). *Pedoman Gizi Lengkap dan Olahragawan*. Yogyakarta : Andi Press
- Lhaksana, J. (2011). *Taktik dan Strategi Futsal Modern* .Jakarta: Be Champion (Penebar Swadaya Group)
- Mashud, M., Hamid, A., & Abazdillah, S. (2019). Pengaruh Komponen Fisik Dominan Olahraga Futsal Terhadap Teknik Dasar Permainan Futsal. *Jurnal Ilmu Keolahragaan*, 10(1), 28–38. <https://doi.org/10.21009/gjik.101.04>
- Marhaendro, A.S.D. (2018). Reliability of Futsal Skill Test for High School Players. *Proceedings of the 2nd Yogyakarta International Seminar on Health, Physical Education, and Sport Science (YISHPESS 2018) and 1st Conference on Interdisciplinary Approach in Sports (CoIS 2018)*. Published by Atlantis Press. <https://doi.org/10.2991/yishpess-cois-18.2018.42>
- Mulyono, A.M (2014). *Buku Pintar Panduan Futsal*: Jakarta : Niaga Swadaya.
- Narlan, A., Juniar, D.T., Millah, H. (2017). Pengembangan Instrumen Keterampilan Olahraga Futsal. *Jurnal Siliwangi Seri Pendidikan* Vol. 3. No. 2. <https://doi.org/10.37058/jspendidikan.v3i2.268>
- Rasyd, H., Atiq, A., Hidasari, F.P. (2019). Tingkat Keterampilan Teknik Dasar Futsal Ekstrakurikuler di SMA Negeri 1 Galing Kabupaten Sambas. *Jurnal Pendidikan dan pembelajaran khatulistiwa* Vol. 8. No. 10. <http://dx.doi.org/10.26418/jppk.v8i10.37425>

- Sinatriyo, D., Kusuma, I. J., Festiawan, R., Kusnandar, K., & Heza, F. N. (2020). Keseimbangan dan Kelenturan Pergelangan Kaki: Bagaimanakah Korelasinya dengan Kemampuan Shooting Sepakbola? *Media Ilmu Keolahragaan Indonesia*, 10 (1), 6–12. <https://doi.org/10.15294/miki.v10i1.23943>
- Sugiarto, T., Tomi, A., Fauzi, I.A. (2020). Upaya Meningkatkan Keterampilan Teknik Dasar Passing Futsal Menggunakan Metode Drill. *Journal Sport Science and Health* Vol. 2 No.3. <https://doi.org/10.17977/um062v2i32020p210-214>
- Tirtayasa, P. K. R., Santika, I. G. P. N. A., Subekti, M., Adiatmika, I. P. G., & Festiawan, R. (2020). Barrier Jump Training to Leg Muscle Explosive Power. *Journal of Physical Education, Sport, Health and Recreation*, 9 (3), 173–177. <https://doi.org/https://doi.org/10.15294/active.v9i3.41145>
- Tauba, R.F., Bafirman, BH. (2021). Pengembangan instrumen tes dribbling pada permainan futsal menggunakan teknologi mikrokontroler arduino. *Jurnal Keolahragaan*, 9 (2), <http://dx.doi.org/10.21831/jk.v9i2.41845>
- Wicaksono, P.N., Kusuma, I. J., Festiawan, R., & Widanita, N. (2020). Evaluasi penerapan pendekatan saintifik pada pembelajaran pendidikan jasmani materi teknik dasar passing sepak bola. *Jurnal Pendidikan Jasmani Indonesia*, 16 (1), 41–54. <https://doi.org/https://doi.org/10.21831/jppi.v16i1.29774>
- Wiguna, Ida Bagus. (2017). *Teori dan Aplikasi Latihan Kondisi Fisik*. Depok : Rajagrafindo Persada.
- Wijayanti, D.I.P.R., & Kushartanti, B.M.W. (2014). Model Tes Keterampilan Dasar Futsal Bagi Pemainku 10-12 Tahun Futsal Basic Skill Test Model For 10-12 Year Age-Group Players. *Jurnal Keolahragaan*, Volume. 2. Nomor 1 <https://doi.org/10.21831/jk.v2i1.2601>
- Yanci, J., Castillo, D., Iturricastillo, A., et al. (2017). Effects of Two Different Volume- Equated Weekly Distributed Short-Term Plyometric Training Programs on Futsal Players' Physical Performance. *Journal of Strength and Conditioning Research*. <https://doi.org/10.1519/JSC.0000000000001644>