

ABSTRAK

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Pengkajian dan Diagnosa Keperawatan Pada Klien dengan keluhan *Dyspnea* dengan masalah keperawatan pola napas tidak efektif di RSD dr. Soebandi Jember

xvii + 67 halaman + 4 Tabel + 6 Lampiran + 1 Gambar + 1 Bagan

Abstrak

Dyspnea atau sesak napas adalah perasaan sulit bernapas ditandai dengan napas yang pendek dan penggunaan otot bantu pernapasan. Penelitian ini bertujuan menganalisis hasil pengkajian keperawatan pada pasien *dyspnea* dengan masalah keperawatan pola napas tidak efektif di RSD dr. Soebandi Jember. Jenis penelitian yang digunakan yaitu analisa kasus. Populasi dalam penelitian ini adalah pasien dengan keluhan *dyspnea* sebanyak 3 pasien. Teknik pengambilan data menggunakan teknik wawancara, observasi dan pemeriksaan fisik serta dokumentasi. Hasil pengkajian yang dilakukan peneliti didapatkan 3 kasus pasien meunjukkan tanda dan gejala pasien *dyspnea* yaitu mengeluh sesak, terdapat cuping hidung, terdapat otot bantu napas, terdapat cairan pada saluran pernapasan, terdapat suara napas tambahan *wheezing* dan *ronchi*, frekuensi dan irama pernapasan tidak teratur, data tersebut menunjukkan pasien mengalami pola napas tidak efektif.

Kata Kunci : Pengkajian Keperawatan, Diagnosa Keperawatan, *Dyspnea*, Pola Napas Tidak Efektif

ABSTRACT

**MUHAMMADIYAH UNIVERSITY JEMBER
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Assessment and Nursing Diagnosis of Clients with complaints of Dyspnea with nursing problems with ineffective breathing patterns at RSD dr. Soebandi Jember

xvii + 67 pages + 4 Tables + 6 Appendices + 1 Figure + 1 Chart

Abstract

Dyspnea or shortness of breath is a feeling of difficulty breathing which is characterized by shortness of breath and use of accessory muscles to breathe. This study aims to analyze the results of nursing assessments in dyspnea patients with ineffective breathing pattern nursing problems at RSD dr. Soebandi Jember. The type of research used is case analysis. The population in this study were 3 patients with complaints of dyspnea. Data collection techniques use interview techniques, observation and physical examination as well as documentation. The results of research conducted by researchers showed that 3 cases of patients showed signs and symptoms of dyspnea, namely complaints of shortness of breath, presence of nostrils, accessory muscles for breathing, fluid in the respiratory tract, additional wheezing sounds, and wheezing sounds. , irregular breathing frequency and rhythm, these data indicate that the patient is experiencing an ineffective breathing pattern.

Keywords : *Nursing Assessment, Nursing Diagnosis, Dyspnea, Ineffective Breathing Pattern*