

Abstrak

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Hubungan Keyakinan Diri Dengan Proses Penyembuhan Luka Pada Penderita Diabetes Mellitus Di RSD Balung Jember

Abstrak

Proses penyembuhan luka merupakan proses pergantian dan perbaikan fungsi jaringan yang rusak dengan melibatkan integrasi proses reaksi fisiologis alami terhadap adanya jaringan pada penderita diabetes mellitus. Keyakinan diri merupakan kemampuan terhadap sikap diri sendiri dan dapat mengetahui serta menerima kelemahan diri sendiri dan menjadikan kelemahan menjadi kekuatan yang ada dalam diri. Penelitian ini bertujuan untuk mengetahui hubungan keyakinan diri dengan proses penyembuhan luka pada penderita diabetes mellitus di RSD Balung Jember. Desain penelitian ini menggunakan korelasional menggunakan *cross sectional*. Sampel sebanyak 39 orang penderita diabetes mellitus menggunakan Teknik sampling *non probability sampling* dengan pendekatan *Purposive Sampling*. Data dikumpulkan menggunakan kuesioner *Multidimensional Health Locus Of Control Scale* (MHLCS From C), dan Observasi Penelitian Alat Penilaian Luka Bates-Jensen. Analisis data menggunakan uji korelasi *spearman rho*. Hasil penelitian didapatkan sebanyak 27 (69,25) responden memiliki keyakinan diri baik. Proses penyembuhan luka didapatkan sebanyak 32 (82,1%) responden masuk kategori luka sedang. Terdapat hubungan keyakinan diri dengan proses penyembuhan luka diperoleh hasil *p value* = 0,001 dengan tingkat kekuatan hubungan ($r = 0,504$) kekuatan hubungan cukup. Sehingga H1 diterima yang berarti ada hubungan keyakinan diri dengan proses penyembuhan luka pada penderita diabetes mellitus di RSD Balung Jember. Semakin tinggi keyakinan diri maka semakin baik proses penyembuhan luka pada penderita diabetes mellitus.

Kata Kunci : Keyakinan Diri, Proses Penyembuhan Luka, Diabetes Mellitus

Abstract

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The Relationship of Self-Confidence with the Wound Healing Process in Patients with Diabetes Mellitus at Balung Jember Hospital

Abstract

The wound healing process is the process of replacing and repairing damaged tissue function by involving the integration of the natural physiological reaction process to tissue injury in patients with diabetes mellitus. self-confidence is the ability to self-attitude and can know and accept one's own weaknesses and make weaknesses into strengths that exist within. This study aims to determine the relationship between self-belief and the wound healing process in patients with diabetes mellitus in Balung Jember Hospital. This research design uses correlation using cross sectional. The sample was 39 people with diabetes mellitus using non probability sampling technique with purposive sampling approach. Data were collected using the Multidimensional Health Locus Of Control Scale (MHLCS From C) questionnaire, and the Bates-Jensen Wound Assessment Tool Research Observation. Data analysis using the Spearman Rho correlation test. The results showed that 27 (69.25) respondents had good self-confidence. The wound healing process was found as many as 32 (82.1%) respondents in the moderate wound category. There is a relationship between self-confidence and the wound healing process, the results obtained p value = 0.001 with the level of relationship strength ($r = 0.504$) the strength of the relationship is sufficient. So that H1 is accepted, which means that there is a relationship between self-confidence and the wound healing process in patients with diabetes mellitus at Balung Jember Hospital.

Keywords: Self-confidence, Wound Healing Process, Diabetes Mellitus