

ABSTRAK

ABSTRAK

UNIVERSITAS MUHAMMADIYAH JEMBER
PROGRAM STUDI NERS
FAKULTAS ILMU KESEHATAN

Karya Ilmiah Akhir, Januari 2025
Dedy Irawan

Analisis Asuhan Keperawatan Priuritus Dengan Pemberian Virgin Coconut Oil
Pada Klien Chronic Kidney Disease Di Rsd Dr. Soebandi Jember

Abstrak

Latar belakang *Chronic Kidney Disease* (CKD) merupakan salah satu penyakit sekunder dimana struktur dan kerja ginjal menurun secara berkelanjutan dan sulit disembuhkan serta bisa menimbulkan gejala seperti kelelahan, kelemahan otot, kulit kering dan insomnia serta salah satu keluhan lainnya adalah uremik pruritus (UP). **Metode** Jenis penelitian yang digunakan adalah studi kasus. Studi kasus yang menjadi pokok bahasan penelitian ini adalah mengeksplorasi efektivitas intervensi terapi non-farmakologis pemberian *Virgin Coconut Oil* untuk mengurangi Priuritus pada penderita Chronic Kidney Disease. **Hasil** Setelah dilakukan intervensi selama 3 hari didapatkan hasil dari ketiga pasien dengan masalah keperawatan Gangguan Integritas Kulit dapat berjalan dengan cukup baik dengan menggunakan pelembab *Virgin Coconut Oil*. Setelah 3 hari intervensi, didapatkan kriteria hasil elastisitas membaik, hidrasi membaik, kerusakan kulit menurun, nyeri menurun. **Pembahasan** rasa gatal pada klien berkurang setelah dilakukan terapi pemberian *Virgin Coconut Oil* untuk mengurangi kering, pecah-pecah, bersisik pada kulit.

Kata kunci: *Chronik Kidney Disease, Priuritus, Virgoin Coconut Oil*

ABSTRACT

ABSTRACT
MUHAMMADIYAH UNIVERSITY OF JEMBER
NURSING STUDY PROGRAM
FACULTY OF HEALTH SCIENCES

Final Scientific Work, January 2025
Dedy Irawan

Nursing Care Analysis of Pruritus by Giving *Virgin Coconut Oil* to *Chronic Kidney Disease* Clients at Rsd Dr. Soebandi Jember

Abstract

Introduction *Chronic Kidney Disease* (CKD) is a secondary disease in which the structure and function of the kidneys decrease continuously and are difficult to cure and can cause symptoms such as fatigue, muscle weakness, dry skin and insomnia and one other complaint is uremic pruritus (UP). **Method** The type of research used is a case study. The case study that is the subject of this research is to explore the effectiveness of non-pharmacological therapeutic interventions of *Virgin Coconut Oil* to reduce Pruritus in patients with Chronic Kidney Disease. **Results** After 3 days of intervention, the results showed that the three patients with nursing problems of Skin Integrity Disorders were able to progress quite well using *Virgin Coconut Oil* moisturizer. After 3 days of intervention, the criteria for improved elasticity, improved hydration, decreased skin damage, decreased pain were obtained. **Discussion** The client's itching decreased after giving Virgin Coconut Oil therapy to reduce dry, cracked, scaly skin..

Keywords: *Chronic Kidney Disease, Pruritus, Virgin Coconut Oil*