

Abstrak

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Karya Ilmiah Akhir, 2025
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Asuhan Keperawatan Jiwa pada Pasien dengan Masalah Keperawatan Gangguan Persepsi Sensori Halusinasi di Wilayah Kerja UPTD. Puskesmas Sumbersari

ABSTRAK

Pendahuluan: Halusinasi merupakan suatu bentuk dari persepsi sensorik palsu yang tidak terkait dengan adanya rangsangan eksternal nyata dan dapat melibatkan salah satu panca indera. Halusinasi memiliki dampak salah satunya adalah kehilangan interaksi sosial, sehingga mengakibatkan kekerasan terhadap orang lain dan juga diri sendiri termasuk terjadinya bunuh diri, bahkan merusak lingkungan. Studi ini bertujuan melaksanakan asuhan keperawatan jiwa pada klien dengan halusinasi di wilayah kerja Puskesmas Sumbersari Jember. **Metode:** Studi ini menggunakan desain studi kasus pada tiga klien dengan halusinasi. Pengumpulan informasi melalui wawancara dan observasi, menggunakan analisis induktif dan penyajian data. Studi ini dilakukan selama 4 hari kerja. **Hasil:** Hasil evaluasi terdapat perbedaan, klien 1 mampu mempraktikkan SP 1 dan sebagian SP 2, klien 2 mampu mempraktikkan SP 1, dan klien 3 mampu mempraktikkan sebagian SP 1. **Kesimpulan:** Klien mampu mengontrol halusinasi melalui cara menghardik halusinasi dan minum obat. Terapi Generalis SP 1-4 adalah pendekatan keperawatan yang dirancang khusus untuk membantu klien dengan halusinasi. Terapi ini tidak secara langsung menyembuhkan halusinasi, terapi efektif dalam mengurangi frekuensi, intensitas, dan dampak negatif halusinasi pada klien. Perbedaan hasil evaluasi dapat dipengaruhi oleh intensitas, frekuensi, dan isi halusinasi. Klien dengan halusinasi yang sangat intens, sering dan mengganggu akan jauh lebih sulit fokus pada instruksi perawat atau menerapkan strategi koping.

Kata Kunci: Asuhan Keperawatan, Halusinasi, Strategi Pelaksanaan

Abstract

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NERS PROFESSIONAL STUDY PROGRAM
FACULTY OF HEALTH SCIENCES

Final Scientific Paper, 2025
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Mental Health Nursing Care for Patients with Nursing Problems of Sensory Perception Disorders and Hallucinations in the Working Area of UPTD. Sumpersari Health Center

ABSTRACT

Introduction: Hallucinations are false sensory perception that is not related to real external stimuli and can involve any of the five senses. Hallucinations have an impact, one of which is the loss of social interaction, resulting in violence against others and oneself, including suicide, and even damaging the environment. This study aims to carry out psychiatric nursing care for clients with hallucinations in the work area of Puskesmas Sumpersari Jember. **Method:** This study used a case study design on three clients with hallucinations. Information was collected through interviews and observations, using inductive analysis and data presentation. This study was conducted over 4 working days. **Method:** This study used a case study design on three clients with hallucinations. Information was collected through interviews and observations, using inductive analysis and data presentation. This study was conducted over 4 working days. **Results:** The evaluation results showed differences; client 1 was able to practice SP 1 and part of SP 2, client 2 was able to practice SP 1, and client 3 was able to practice part of SP 1. **Conclusion:** Clients are able to control hallucinations by challenging them and taking medication. Generalist Therapy SP 1-4 is a nursing approach specifically designed to help clients with hallucinations. This therapy does not directly cure hallucinations, but it is effective in reducing the frequency, intensity, and negative impact of hallucinations on clients. Differences in evaluation results can be influenced by the intensity, frequency, and content of hallucinations. Clients with very intense, frequent, and disturbing hallucinations will have a much harder time focusing on nursing instructions or implementing coping strategies.

Keywords: Nursing Care, Hallucinations, Implementation Strategy