

Abstrak

UNIVERSITAS MUHAMMADIYAH JEMBER
PROGRAM STUDI S1- ILMU KEPERAWATAN
FAKULTAS ILMU KESEHATAN

Skripsi, Mei 2025

Reza Lia Lestari Nasution

Hubungan tingkat literasi kesehatan tentang *out of hospital cardiac arrest* dengan keputusan untuk melakukan *cardio pulmonal resuscitation* pada petugas kepolisian Satlantas Polres Jember

xviii + 88 hal + 8 tabel + 3 gambar + 8 lampiran

Abstrak

Out of hospital cardiac arrest merupakan kondisi kedaruratan baik akibat trauma ataupun non trauma sehingga harus segera diberikan pertolongan. Telah banyak dilakukan pelatihan dasar mengenai *cardio pulmonal resuscitation* pada institusi kepolisian negara, namun belum tersedia bukti yang adekuat terkait tingkat literasi dan keputusan untuk melakukan *cardio pulmonal resuscitation*. Penelitian ini bertujuan untuk mengetahui hubungan tingkat literasi kesehatan tentang *out of hospital cardiac arrest* dengan keputusan untuk melakukan *cardio pulmonal resuscitation* pada petugas kepolisian Satlantas Polres Jember. Design pada penelitian ini adalah korelasi dengan pendekatan *cross sectional*. Populasi penelitian adalah petugas kepolisian Satlantas Polres Jember dengan melibatkan sebanyak 82 partisipan. Partisipan dipilih menggunakan teknik *simple random sampling* yang memenuhi kriteria inklusi. Pengambilan data menggunakan kuesioner yakni *health literacy questionnaire* dan *the cardiopulmonary resuscitation motivation scale*. Data dianalisis menggunakan uji *spearman rho*. Hasil penelitian menunjukkan petugas kepolisian sebagian besar memiliki tingkat literasi yang tinggi (51,2%), paling banyak bersedia melakukan *cardio pulmonal resuscitation* (42,7%). Hasil analisis menunjukkan secara signifikan ada hubungan tingkat literasi kesehatan tentang *out of hospital cardiac arrest* dengan keputusan untuk melakukan *cardio pulmonal resuscitation* (*p-value*: <0,001). Literasi kesehatan tentang *out of hospital cardiac arrest* yang baik secara umum didapatkan pada petugas kepolisian Satlantas Polres Jember yang telah mendapatkan pelatihan tentang *out of hospital cardiac arrest*. Petugas Kepolisian Satlantas Polres Jember yang memiliki literasi kesehatan tentang *out of hospital cardiac arrest* berpotensi melakukan pertolongan *cardio pulmonal resuscitation* bila mendapatkan kejadian kecelakaan di jalan raya.

Kata kunci : literasi kesehatan, *out of hospital cardiac arrest*,
cardio pulmonal resuscitation

Daftar Pustaka : 65 (2020-2024)

Abstract

MUHAMMADIYAH UNIVERSITY OF JEMBER
STUDY PROGRAM OF NURSING
FACULTY OF HEALTH SCIENCE

Undergraduate Theses, May'2025

Reza Lia Lestari Nasution

The relationship between the level of health literacy about out-of-hospital heart attacks and the decision to perform cardiopulmonary resuscitation on Jember Police Traffic Unit police officers

xviii + 88 pages + 8 tables + 3 pictures + 8 attachments

Abstract

Out of hospital cardiac arrest is an emergency condition due to trauma or non-trauma that requires immediate assistance. There has been a lot of basic training on cardio pulmonary resuscitation in state police institutions, but there is no adequate evidence regarding the level of literacy and the decision to perform cardio pulmonary resuscitation. This study aims to determine the relationship between the level of health literacy about out of hospital cardiac arrest and the decision to perform cardio pulmonary resuscitation in Jember Police Traffic Unit police officers. The design in this study was a correlation with a cross-sectional approach. The study population was Jember Police Traffic Unit police officers involving 82 participants. Participants were selected using a simple random sampling technique that met the inclusion criteria. Data collection used a questionnaire, namely the health literacy questionnaire and the cardiopulmonary resuscitation motivation scale. Data were analyzed using the Spearman rho test. The results showed that most police officers had a high level of literacy (51.2%), most were willing to perform cardio pulmonary resuscitation (42.7%). The results of the analysis showed a significant relationship between the level of health literacy about out of hospital cardiac arrest and the decision to perform cardio pulmonary resuscitation (p-value: <0.001). Good health literacy about out of hospital cardiac arrest is generally found in Jember Police Traffic Unit officers who have received training on out of hospital cardiac arrest. Jember Police Traffic Unit officers who have health literacy about out of hospital cardiac arrest have the potential to provide cardio pulmonary resuscitation if they encounter an accident on the highway.

Key Words : health literacy, out of hospital cardiac arrest, cardio pulmonary resuscitation

Bibliography : 65 (2020-2025)