

## ABSTRAK

**UNIVERSITAS MUHAMMADIYAH JEMBER  
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**Penerapan Strategi Pelaksanaan 1 Pada Pasien Dengan Masalah Keperawatan Gangguan Persepsi Sensori Pada Pasien Halusinasi Di Desa Kemiri Kecamatan Panti**

xiv + 97 hal + 9 tabel + 4 lampiran

### Abstrak

Halusinasi merupakan pengalaman sensorik palsu tanpa stimulus eksternal nyata yang dapat menimbulkan gangguan psikososial dan membahayakan diri. Gangguan persepsi sensori, khususnya halusinasi auditori, menjadi salah satu masalah utama pada pasien gangguan jiwa. Intervensi keperawatan melalui Strategi Pelaksanaan 1 (SP 1) dengan teknik menghardik merupakan salah satu pendekatan untuk membantu pasien mengontrol halusinasinya. Penelitian ini bertujuan untuk mengetahui penerapan SP 1 pada pasien dengan gangguan persepsi sensori di Desa Kemiri, Kecamatan Panti. Penelitian ini menggunakan desain deskriptif kualitatif dengan metode studi kasus terhadap tiga pasien halusinasi. Teknik pengumpulan data dilakukan melalui anamnesis, observasi, dan studi dokumentasi menggunakan instrumen lembar pengkajian dan observasi. Analisis data dilakukan dengan pendekatan naratif dan tabulasi dari proses keperawatan. Ketiga pasien menunjukkan gejala halusinasi auditori, seperti mendengar suara perintah atau bisikan. Setelah penerapan SP 1 yang meliputi identifikasi jenis dan pola halusinasi serta pengajaran teknik menghardik, terdapat penurunan frekuensi halusinasi, peningkatan kesadaran realitas, dan perbaikan kemampuan koping. Intervensi SP 1 terbukti efektif dalam membantu pasien mengenali, mengontrol, dan merespon halusinasinya dengan lebih adaptif. Keterlibatan perawat secara terapeutik serta edukasi kepada pasien dan keluarga menjadi kunci keberhasilan intervensi.

**Kata Kunci:** Halusinasi, gangguan persepsi sensori, strategi pelaksanaan 1, menghardik, keperawatan jiwa

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**MUHAMMADIYAH UNIVERSITY JEMBER  
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*Application of Implementation Strategy 1 in Patients with Nursing Problems  
Sensory Perception Disorders in Hallucination Patients in Kemiri Village, Panti  
District*

*xiv + 97 pages + 9 tables + 4 appendices*

### *Abstrak*

Hallucinations are false sensory experiences without a real external stimulus that can cause psychosocial disturbance and self-harm. Sensory perception disorders, especially auditory hallucinations, are one of the main problems in patients with mental disorders. Nursing intervention through Implementation Strategy 1 (SP 1) with the technique of rebuking is one approach to help patients control their hallucinations. This study aims to determine the application of SP 1 in patients with sensory perception disorders in Kemiri Village, Panti District. This study used a qualitative descriptive design with a case study method of three hallucination patients. Data collection techniques were carried out through anamnesis, observation, and documentation study using assessment and observation sheet instruments. Data analysis was done with a narrative approach and tabulation of the nursing process. All three patients showed symptoms of auditory hallucinations, such as hearing voice commands or whispers. After the application of SP 1 which includes identifying the types and patterns of hallucinations and teaching the technique of rebuking, there is a decrease in the frequency of hallucinations, increased awareness of reality, and improved coping skills. The SP 1 intervention proved to be effective in helping the patient recognize, control, and respond more adaptively to her hallucinations. Therapeutic nurse involvement and education to the patient and family were key to the success of the intervention.

**Keywords:** Hallucinations, sensory perception disorder, implementation strategy 1, rebuke, psychiatric nursing.