

ABSTRAK

UNIVERSITAS MUHAMMADIYAH JEMBER
PROGRAM STUDI S1-ILMU KEPERAWATAN
FAKULTAS ILMU KESEHATAN

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Rhenyta Putri Wijaya

Hubungan Aspek Psikologis Anak Korban Perceraian Dengan Harga Diri Di SMAN Kabupaten Bondowoso

xviii + 76 halaman + 2 bagan + 15 tabel + 18 lampiran

Abstrak

Penelitian ini dilatarbelakangi oleh tingginya angka perceraian yang berdampak negatif pada aspek psikologis anak, terutama remaja, yang kemudian mempengaruhi harga diri mereka. Tujuan penelitian ini adalah menganalisis hubungan antara aspek psikologis anak korban perceraian dengan harga diri. Penelitian menggunakan metode kuantitatif dengan desain korelasional dan pendekatan *cross sectional*, dilaksanakan di SMAN 2 Bondowoso dan SMAN 1 Tenggarang. Sampel berjumlah 62 siswa yang dipilih melalui teknik *total sampling*, menggunakan kuisioner aspek psikologis dan *Rosenberg Self-Esteem Scale* (RSES) sebagai alat ukur. Hasil menunjukkan mayoritas siswa mengalami dampak psikologis sedang (53,2%) dan memiliki harga diri tinggi (93,5%). Uji statistik diketahui nilai $p = 0,001$, sedangkan nilai α ditetapkan 0,05, maka ($p < \alpha$ 0,001 < 0,005) artinya H_1 diterima yang bermakna ada hubungan signifikan antara aspek psikologis anak korban perceraian dengan harga diri. Nilai (r) = - 0,895, artinya hubungan aspek psikologis dan harga diri sangat kuat, dan nilai (r) negatif artinya semakin ringan dampak psikologis, maka semakin tinggi harga diri, dan semakin berat dampak psikologis, maka semakin rendah harga diri. Dapat disimpulkan bahwa semakin ringan dampak psikologis, semakin tinggi harga diri siswa korban perceraian. Temuan ini menekankan pentingnya intervensi seperti konseling rutin oleh guru bimbingan dan konseling, program pendampingan psikologis khusus, dan dukungan sekolah untuk menjaga kesehatan mental dan membangun harga diri remaja secara positif.

Kata kunci : Perceraian Orang Tua; Aspek Psikologis; Harga Diri; Remaja; Rosenberg Self-Esteem Scale.

Daftar Pustaka 37 (2020-2025)

ABSTRACT

**MUHAMMADIYAH UNINERSITY OF JEMBER
SI-NURSING UNDERGRADUATE PROGRAM
FACULTY OF HEALTH SCIENCE**

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Rhenyta Putri Wijaya

The Relationship Between the Psychological Aspects of Children of Divorced Parents and Self-Esteem at Public Senior High Schools in Bondowoso Regency

xviii + 76 pages + 2 charts + 15 tables + 18 appendices

Abstract

This study was motivated by the high rate of divorce, which has a negative impact on the psychological aspects of children, particularly adolescents, ultimately affecting their self-esteem. The purpose of this research was to analyze the relationship between the psychological aspects of children affected by divorce and their self-esteem. The study employed a quantitative method with a correlational design and a cross-sectional approach, conducted at SMAN 2 Bondowoso and SMAN 1 Tenggarang. A total of 62 students were selected using the total sampling technique, with psychological aspect questionnaires and the Rosenberg Self-Esteem Scale (RSES) used as measurement tools. The results showed that the majority of students experienced a moderate level of psychological impact (53.2%) and had high self-esteem (93.5%). Statistical tests revealed a p -value of 0.001, while the significance level (α) was set at 0.05. Since $p < \alpha$ ($0.001 < 0.05$), the alternative hypothesis (H_1) was accepted, indicating a significant relationship between the psychological aspects of children affected by divorce and their self-esteem. The correlation coefficient (r) was -0.895, indicating a very strong negative relationship. This means that the lighter the psychological impact, the higher the self-esteem; conversely, the heavier the psychological impact, the lower the self-esteem. In conclusion, the lighter the psychological impact, the higher the self-esteem of students affected by divorce. These findings highlight the importance of interventions such as regular counseling by guidance and counseling teachers, specialized psychological support programs, and school-based support to maintain mental health and foster positive self-esteem in adolescents.

Keywords: Parental Divorce; Psychological Aspects; Self-esteem; Adolescents; Rosenberg Self-Esteem Scale

References: 37 (2020–2025)