

ABSTRAK

Permasalahan utama yang berhubungan dengan gizi buruk yaitu pengetahuan orangtua. Pendidikan juga berpengaruh terhadap pola pikir orangtua terhadap masalah kesehatan. Pendidikan tinggi yang dimiliki orangtua mempengaruhi kemudahan dalam menerima atau menangkap informasi dengan benar dalam menjaga kesehatan dirinya dan anaknya terutama dalam memberikan asupan gizi yang cukup. Orangtua yang peka terhadap pendidikan maka akan berusaha mencari informasi untuk menambah pengetahuannya. Masalah gizi buruk pada umumnya terjadi pada anak-anak usia balita. Penelitian ini dilakukan di Puskesmas Tamanan dengan tujuan untuk menguji dan menganalisis pengaruh mutu pelayanan dan sarana prasarana terhadap kepuasan pasien dengan dimediasi oleh kompetensi petugas. Objek penelitian adalah orang tua yang mempunyai anak balita yang mengikuti program pelayanan gizi baik di Puskesmas Tamanan maupun di Posyandu di wilayah kerja Puskesmas Tamanan. Penelitian dilakukan selama bulan Maret – Mei 2025. Jumlah responden sebanyak 140 orang. Hasil penelitian menunjukkan Pemberian Makanan Tambahan berpengaruh positif dan signifikan terhadap program kesehatan anak balita di Puskesmas Tamanan. Konseling gizi berpengaruh positif tetapi tidak signifikan terhadap program kesehatan di Puskesmas Tamanan. Pemberian Makanan Tambahan berpengaruh positif tetapi tidak signifikan terhadap target perbaikan gizi anak balita di Puskesmas Tamanan. Konseling gizi berpengaruh positif dan signifikan terhadap target perbaikan gizi anak balita di Puskesmas Tamanan Bondowoso. Program kesehatan berpengaruh positif dan signifikan terhadap target perbaikan gizi anak balita di Puskesmas Tamanan Bondowoso. Pemberian makanan tambahan berpengaruh positif dan signifikan terhadap target perbaikan gizi melalui program kesehatan Puskesmas Tamanan Bondowoso. Konseling gizi berpengaruh positif tetapi tidak signifikan terhadap target perbaikan gizi melalui program kesehatan Puskesmas Tamanan Bondowoso.

Kata kunci: Pemberian Makanan Tambahan (PMT), Konseling Gizi, Program Kesehatan, Target Perbaikan Gizi.

ABSTRACT

The main issue related to malnutrition is parental knowledge. Education also affects parents' mindset regarding health issues. Higher education levels among parents influence their ability to correctly receive or understand information about maintaining their own health and that of their children, especially in providing adequate nutrition. Parents who are sensitive to education will strive to seek information to enhance their knowledge. Malnutrition issues generally occur in children of preschool age. This research was conducted at the Tamanan Health Center with the aim of testing and analyzing the influence of service quality and facilities on patient satisfaction, mediated by the competence of the staff. The research subjects were parents with preschool children participating in nutrition service programs at both the Tamanan Health Center and the integrated health posts (Posyandu) within the Tamanan Health Center's working area. The study was conducted from March to May 2025, involving 140 respondents. The results show that the provision of supplementary food has a positive and significant impact on the health program for preschool children at the Tamanan Health Center. Nutritional counseling has a positive effect but is not significant for the health program at the Tamanan Health Center. The provision of supplementary food positively impacts but is not significant for the nutritional improvement targets for preschool children at the Tamanan Health Center. Nutritional counseling positively and significantly affects the nutritional improvement targets for preschool children at the Tamanan Health Center in Bondowoso. The health program positively and significantly influences the nutritional improvement targets for preschool children at the Tamanan Health Center in Bondowoso. The provision of supplementary food has a positive and significant effect on nutritional improvement targets through the health program at the Tamanan Health Center in Bondowoso. Nutritional counseling has a positive effect but is not significant for the nutritional improvement targets through the health program at the Tamanan Health Center in Bondowoso.

Keywords: *Supplementary Food Provision, Nutritional Counseling, Health Program, Nutritional Improvement Targets.*