

ABSTRAK

Abstrak

UNIVERSITAS MUHAMMADIYAH JEMBER
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Diagnosis Keperawatan Pada Pasien *Chronic Kidney Disease* (CKD) di Ruang Bougenvile RSUD dr. H. Koesnadi Bondowoso

xviii + 59 hal + 10 tabel + 1 lampiran

Abstrak

Pendahuluan: *Chronic Kidney Disease* (CKD) merupakan penyakit kronis progresif yang menimbulkan berbagai masalah kesehatan multidimensional. Tingginya angka kejadian CKD dan kompleksitas gejala klinis memerlukan pengkajian keperawatan yang sistematis untuk menetapkan diagnosis keperawatan yang tepat. Namun, dalam praktik klinis, penetapan diagnosis keperawatan sering tidak konsisten dengan standar SDKI, sehingga menghambat intervensi efektif dan menyeluruh. **Tujuan:** Mengidentifikasi dan mendeskripsikan diagnosis keperawatan yang muncul pada pasien CKD berdasarkan Standar Diagnosis Keperawatan Indonesia (SDKI) di ruang Bougenvile RSUD dr. H. Koesnadi Bondowoso. **Metode:** Penelitian ini menggunakan desain studi kasus dengan pendekatan proses keperawatan. Subjek terdiri dari tiga pasien CKD yang menjalani perawatan pada periode April–Mei 2025. Pengumpulan data dilakukan melalui observasi, wawancara, telaah rekam medis, dan validasi triangulasi data. Diagnosis keperawatan dianalisis menggunakan format PES. **Hasil:** Ditemukan sejumlah diagnosis keperawatan yang konsisten pada ketiga pasien, di antaranya kelebihan volume cairan, kelelahan kronis, gangguan pola tidur, ansietas, dan risiko ketidakseimbangan elektrolit. Diagnosis keperawatan tersebut mencerminkan respons pasien terhadap kondisi penyakit, komplikasi, dan kebutuhan psikososial mereka. **Kesimpulan:** Diagnosis keperawatan pada pasien CKD menunjukkan kompleksitas respons fisik dan psikososial yang menuntut pendekatan pengkajian holistik dan standar penetapan diagnosis berbasis SDKI. Hasil ini diharapkan menjadi dasar peningkatan mutu dokumentasi dan praktik keperawatan berbasis bukti dalam pelayanan pasien penyakit kronis.

Kata Kunci: *Chronic Kidney Disease*, Diagnosis Keperawatan, SDKI, Studi Kasus, Ruang Bougenvile

ABSTRACT

MUHAMMADIYAH UNIVERSITY OF JEMBER
NURSING UNDERGRADUATE PROGRAM
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***Nursing Diagnoses in Patients with Chronic Kidney Disease (CKD) in
Bougenvile Ward at dr. H. Koesnadi Regional Hospital, Bondowoso***

xviii + 59 pages + 10 tables + 1 appendices

Abstract

Background: Chronic Kidney Disease (CKD) is a progressive chronic illness that causes multidimensional health problems. The high prevalence and complex symptoms of CKD require comprehensive nursing assessments to determine accurate nursing diagnoses. However, in clinical practice, diagnosis formulation is often inconsistent with the Indonesian Standard Nursing Diagnoses (SDKI), hindering effective and holistic nursing interventions. Objective: To identify and describe the nursing diagnoses found in CKD patients based on SDKI standards in the Bougenvile Ward of Dr. H. Koesnadi Regional Hospital, Bondowoso. Method: This research used a case study design with a nursing process approach. The subjects were three CKD patients hospitalized between April and May 2025. Data were collected through direct observation, interviews, medical record review, and triangulation validation. Nursing diagnoses were determined using the PES (Problem, Etiology, Symptoms) format. Results: Several recurring nursing diagnoses were identified across the three patients, including fluid volume excess, chronic fatigue, sleep pattern disturbance, anxiety, and risk for electrolyte imbalance. These diagnoses reflect the patients' physical and psychosocial responses to their condition and complications. Conclusion: Nursing diagnoses in CKD patients reveal complex physical and psychosocial responses that require holistic assessments and adherence to SDKI standards. These findings are expected to support the improvement of nursing documentation quality and evidence-based practice for chronic disease management.

Keywords: *Chronic Kidney Disease, Nursing Diagnosis, SDKI, Case Study, Bougenvile Ward*