

**LEARNING ANXIETY IN SPEAKING ACTIVITIES AMONG SENIOR HIGH  
SCHOOL STUDENTS**

**THESIS**

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**FACULTY OF TEACHER TRAINING AND EDUCATION**  
**ENGLISH LANGUAGE EDUCATION PROGRAM**

**2025**

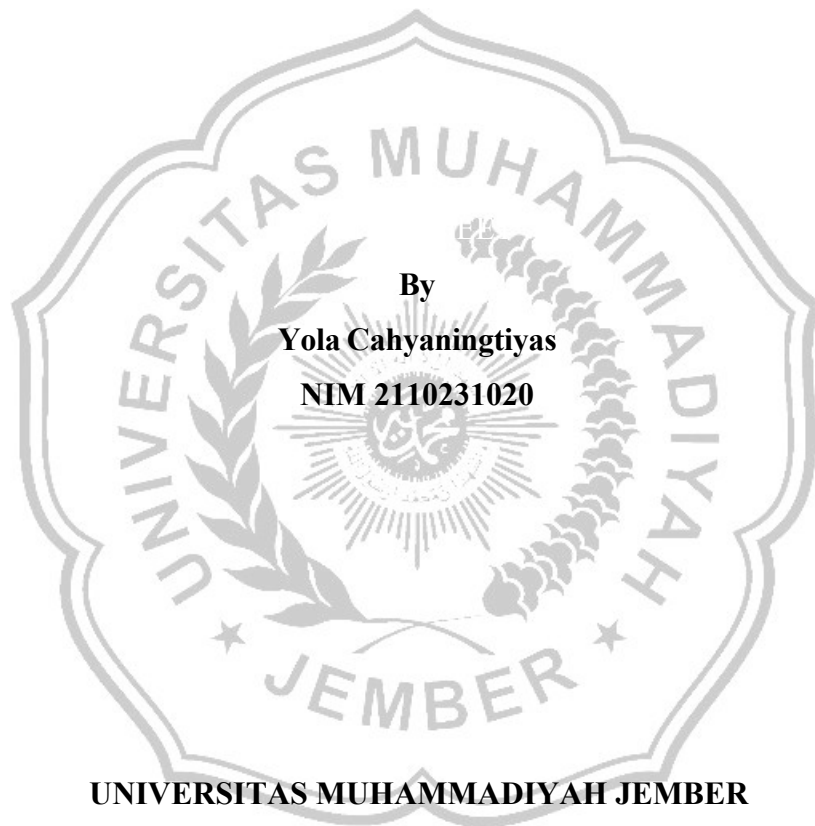
**LEARNING ANXIETY IN SPEAKING ACTIVITIES AMONG SENIOR  
HIGH SCHOOL STUDENTS**

**THESIS**

Presented to

Universitas Muhammadiyah Jember

in partial fulfilment on the requirements for  
the degree of *Sarjana* in English Language Education



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## MOTTO

“Allah tidak membebani seseorang melainkan sesuai dengan kesanggupannya”

(QS. Al-Baqarah: 286)

“Live as if you were to die tomorrow. Learn as if you were to live forever.”

(Mahatma Gandhi)



## STATEMENT OF ORIGINALITY

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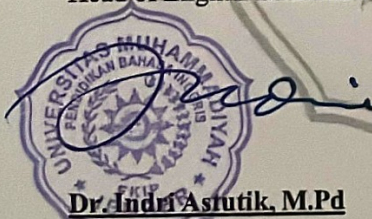
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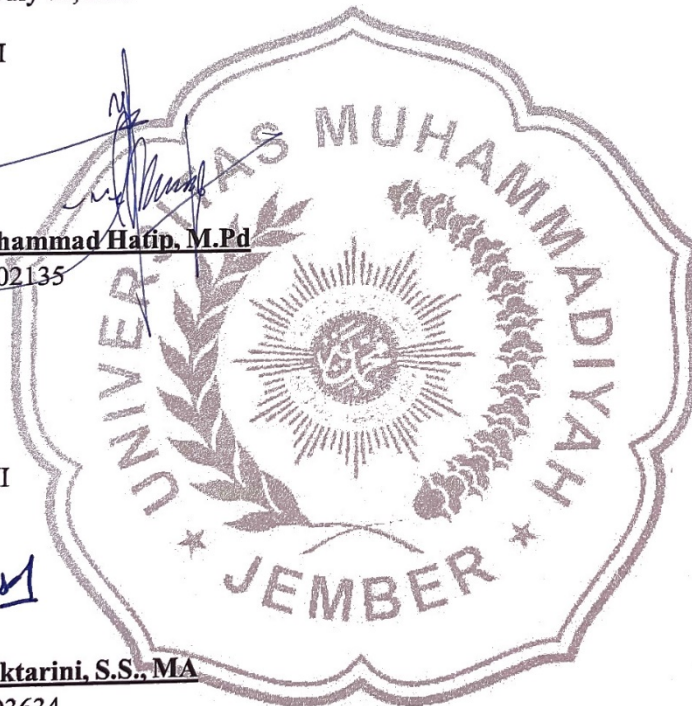
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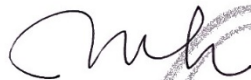
  
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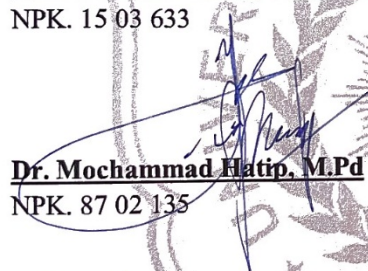
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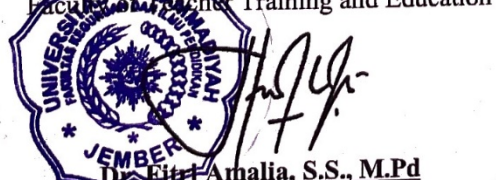
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## **PREFACE**

Thanks to Allah This thesis was written as one of the requirements for obtaining a Bachelor of Education degree in the English Education Study Program, Faculty of Teacher Training and Education. This research is titled “Learning Anxiety in English Speaking Activities Among Senior High School Students” and aims to describe the forms and levels of anxiety experienced by students when speaking English in the classroom environment.

The author hopes that this thesis can contribute to the development of more effective English learning approaches and serve as a reference for further research related to psychological aspects in foreign language learning.

Jember, July 03, 2025

Yola Cahyaningtiyas

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7. To all parties who contributed but are not mentioned individually, thank you for your support.

## DEDICATION

My thesis is honorably dedicated to:

1. The two people who have contributed the most to the author's life are Pae and Bue. The author would like to express her infinite gratitude to them for providing motivation, prayers, and full support so that she could complete this thesis.
2. My older brother, Alm. Dedet Bagus Setiawan, who brought laughter and joy to my life. You will always be in my prayers, and this thesis is the best tribute and dedication I can give you. May you rest in peace. My prayers are always with you.
3. To my Best friends, Novi and Rinta, who have shared happiness with me from school days until now.
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6. And the last, to myself. Yola Cahyaningtiyas. Thank you for persevering this far. Thank you for continuing to strive and celebrate yourself up to this point, even though you often feel discouraged by what you've tried and haven't succeeded in yet. Thank you for remaining a person who is always willing to

try and never tires of attempting. Be happy wherever you are, Yola. Whatever your shortcomings and strengths may be, let's celebrate yourself.



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