

DAFTAR PUSTAKA

- Adiyanti, M. G., Nugraheni, A. A., Yuliawanti, R., Ragasukmasuci, L. B., & Maharani, M. (2020). Emotion regulation and empathy as mediators of selfesteem and friendship quality in predicting *cyberbullying* tendency in Javanese-Indonesian adolescents. *International Journal of Adolescence and Youth*, 25(1), 251–263.
<https://doi.org/10.1080/02673843.2019.1614079>
- Aldao, A., Nolen-Hoeksema, S., & Schweizer, S. (2010). Emotion-regulation strategies across psychopathology: A meta-analytic review. *Clinical Psychology Review*, 30(2), 217–237.
<https://doi.org/10.1016/j.cpr.2009.11.004>
- Akbar, A, M. 2016. *Cyberbullying* pada Media Sosial. Skripsi. Surakarta: Fakultas Ilmu Sosial dan Ilmu Politik. Universitas Sebelas Maret Surakarta.
- Arató, N., Zsidó, A. N., Lénárd, K., & Láng, A. (2021). The role of emotion regulation difficulties in the background of cyberbullying. *International Journal of Bullying Prevention*, 3(4), 275–289.
<https://d-nb.info/1241460175/34>
- Azwar, S. (2017). Reliabilitas dan Validitas. Yogyakarta: Pustaka Pelajar
- Bandura, A. (1996). Moral disengagement in the perpetration of inhumanities. *Personality and Social Psychology Review*, 3(3), 193–209. https://doi.org/10.1207/s15327957pspr0303_3

E.B., G. A., & S.W., E. D. (2017). Hubungan Penggunaan Media Sosial dengan Tingkat Kepakaan Sosial di Usia Remaja. *Jurnal The Messenger*, 9(1), 65.
<https://doi.org/10.26623/themessenger.v9i1.428>

Ford, B. Q., Lam, P., John, O. P., & Mauss, I. B. (2018). The psychological health benefits of accepting negative emotions and thoughts: Laboratory, diary, and longitudinal evidence. *Journal of Personality and Social Psychology*, 115(6), 1075–1092.
<https://doi.org/10.1037/pspp0000157>

Kumara A., Sulistyaningsari A, dkk. (2018). *Mengenali dan Menangani Emosi Pada Siswa Studi Kasus*. PT Kanisius: Yogyakarta

Kowalski, R. M., Giumentti, G. W., Schroeder, A. N., & Lattanner, M. R. (2014). Bullying in the digital age: A critical review and meta-analysis of *cyberbullying* research among youth. *Psychological Bulletin*, 140(4), 1073–1137. <https://doi.org/10.1037/a0035618>

Gámez-Guadix, M., Borrajo, E., & Almendros, C. (2016). *Risky online behaviors among adolescents: Longitudinal relations among problematic Internet use, cyberbullying perpetration, and meeting strangers online*. *Journal of Behavioral Addictions*, 5(1), 100–107.

<https://doi.org/10.1556/2006.5.2016.013>

Gross, J.J., & Thompson, R.A. 2007. Emotion Regulation Conceptual. Handbook of Emotion Regulation. Edited By James J. Gross. New York: Guilfors Publication.

Gross, J. J. (2015). Emotion regulation: Current status and future prospects. *Psychological Inquiry*, 26(1), 1–26.

<https://doi.org/10.1080/1047840X.2014.940781>

Martínez-Monteagudo, M. C., Delgado, B., García-Fernández, J. M., & Ruíz-Esteban, C. (2019). Predictive role of emotional intelligence, self-concept, and aggressiveness in school violence: A longitudinal study. *International Journal of Environmental Research and Public Health*, 16(24), 5079. <https://doi.org/10.3390/ijerph16245079>

Mharchelya M & Sukmawati Indah (2023) *Hubungan Antara Regulasi Emosi dengan Kecenderungan Perilaku Cyberbullying pada Siswa Sekolah Menengah Atas*. *Counseling & Humanities Review*, vol 3 No 2, 55-56

Pratiwi, M. D. 2011. Faktor-faktor yang Mempengaruhi *Cyberbullying* pada Remaja. Seminar dan workshop APSIFOR Indonesia.

Patchin, J. W., & Hinduja, S. (2015). Measuring *cyberbullying*: Implications for research. *Aggression and Violent Behavior*, 23(May), 69–74. <https://doi.org/10.1016/j.avb.2015.05.013>

Quintana-Orts, C., Rey, L., & Mérida-López, S. (2022). Emotional Competence and *Cyberbullying*: A Systematic Review and Meta-Analysis. *Cyberpsychology: Journal of Psychosocial Research on Cyberspace*, 16(4), Article 2.

Pornari, C. D., & Wood, J. (2010). Peer and cyber aggression in secondary school students: The role of moral disengagement, hostile

- attribution bias, and outcome expectancies. *Aggressive Behavior*, 36(2), 81–94. <https://doi.org/10.1002/ab.20336>
- Rifauddin, M. (2016). Fenomena *Cyberbullying* pada Remaja. *Khizanah AlHikmah : Jurnal Ilmu Perpustakaan, Informasi, Dan Kearsipan*, 4(1), 35–44. <https://doi.org/10.24252/kah.v4i1a3>
- Riebel, J., Jager, R.S., & Fischer, U.C. 2009. *Cyberbullying* in Germany—an exploration of prevalence, overlapping with real life bullying and coping strategies. *Psychology Sciene Quarterly*, 51 (3), 298-314.
- Reyns, B. W., Henson, B., & Fisher, B. S. (2012). Stalking in the twilight zone: Extent of cyberstalking victimization and offending among college students. *Deviant Behavior*, 33(1), 1–25. <https://doi.org/10.1080/01639625.2010.538364>
- Sari Septiningtyas, Duma Lumban Tobing (2024). REGULASI EMOSI DAN PERILAKU *CYBERBULLYING* PADA REMAJA, *Jurnal Keperawatan Widya Gantari Indonesia* Vol. 8 No. 1, Maret 2024
E-ISSN 2715-6303; P-ISSN 2407-4284; DOI. 10.52020/jkwgi.v8i1.7445
- Schmeichel, B. J., & Tang, D. (2015). The effortful nature of emotion regulation. In J. Gross (Ed.), *Handbook of emotion regulation* (2nd ed., pp. 84–97). Guilford Press.
- Short, E., Guppy, A., Hart, J. A., & Barnes, J. (2015). The impact of cyberstalking: The lived experience—A thematic analysis. *Studies*

in Media and Communication, 3(2), 23–37.

<https://doi.org/10.11114/smc.v3i2.1173>

Stevens, M., Nurse, J. R. C., & Arief, B. (2021). Cyber stalking, cyber harassment, and adult mental health: A systematic review. *Cyberpsychology, Behavior, and Social Networking*, 24(5), 267–276. <https://doi.org/10.1089/cyber.2020.0253>

Suler, J. (2004). The online disinhibition effect. *CyberPsychology & Behavior*, 7(3), 321–326. <https://doi.org/10.1089/1094931041291295>

Syafi'i Mufti (2024) *Sisi Gelap Era Digital : Dampak Negatif pada Pendidikan Anak*. Uwais Inspirasi Indonesia: Ponorogo

Sisrazeni. (2017). Hubungan Penggunaan Media Sosial Dengan Interaksi Sosial Mahasiswa Jurusan Bimbingan Konseling Tahun 2016/2017 Iain Batusangkar. 2nd International Seminar on Education 2017 Empowering Local Wisdom on Education for Global Issue Batusangkar, 12

Ummul-Baneen, S., Arif, H., Fatima, I., & Saleem, S. (2024). The Mediating Role of Self-Disclosure in the Relationship Between Emotion Regulation and Cyber Victimization Among University Students. *International Review of Social Sciences and Humanities*, 9(1), 33–46.

Violenta devi, dkk. (2021) *Regulasi Emosi dan Perilaku Cyberbullying pada Remaja*. Psikosains, Vol 16 No.2

Vandebosch, H., & Van Cleemput, K. (2008). Defining *cyberbullying*: A qualitative research into the perceptions of youngsters. *Cyberpsychology and Behavior*, 11(4), 499–503.

<https://doi.org/10.1089/cpb.2007.0042>

Wang, J., Iannotti, R. J., & Nansel, T. R. (2009). School bullying among adolescents in the United States: Physical, verbal, relational, and cyber. *Journal of Adolescent Health*, 45(4), 368–375.

<https://doi.org/10.1016/j.jadohealth.2009.03.021>

Wigati Melia, dkk. (2020). *Roles of Empathy, Emotion Regulation and School Climate against Cyberbullying in High Schools in Merangin, Jambi*. American Research Journal of Humanities & social Science. Vol.03 No 08.

Willard, N. 2007. *Cyberbullying and Cyberthreats: Responding to the Challenge of Online Social Aggression, Threats, and Distress*. Washington: Research Press.

Worsley, J. D., Wheatcroft, J. M., Short, E., & Corcoran, R. (2017). Victimization through social networking sites: The role of online disclosure and cyberstalking. *Cyberpsychology: Journal of Psychosocial Research on Cyberspace*, 11(4).

<https://doi.org/10.5817/CP2017-4-1>

Zych, I., Farrington, D. P., Llorent, V. J., & Ttofi, M. M. (2019). Protecting Children Through Emotional Intelligence: A Meta-Analysis of Emotional Intelligence and Its Relationship with

Bullying and Victimization in Children and Youth. Child Abuse & Neglect, 92, 141–153. <https://doi.org/10.1016/j.chabu.2019.03.001>
<https://apjii.or.id/berita/d/apjii-jumlah-pengguna-internet-indonesia-tembus-221-juta-orang>

<https://news.detik.com/berita/d-6918297/kpai-luluk-nuril-lakukan-cyberbullying-korban-hilang-percaya-diri>

