IMPROVING STUDENTS' READING COMPREHENSION BY USING SUGGESTOPEDIA METHOD

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Abstract

Reading is very active process in which the readers do not only read the word, sentences, or paragraph without any goal but it consist of understanding and comprehension before they are going to read. In this research the purpose is "to know how the implementation of Suggestopedia Method improve students'reading comprehension". Suggestopedia method is teaching strategy which is based on modern understanding of how human brain works and how we learn most effective. The design of this research is class room action research. The research subject is VII B Executive grade consisting of 24 students. The data collected using reading test items, observation checklist, field note. Suggestopedia Method improved the students' reading comprehension in two cycle percentage of students score more than ≥ 70. In cycle I the students whole score ≥ 70 was 54% and in cycle II the students whole score ≥ 70 was increased become 75%. Based on the research result, it can be concluded that Suggestopedia Method is able to improve reading comprehension at SMP Islam Gumukmas in the 2019 / 2020 academic year.

Key Word : Reading Comprehension, Suggestopedia Method

INTRODUCTION

Many students' have difficulties in reading English, especially in reading comprehension. The students lack interest toward reading, so they do not have enough knowledge, lack of vocabulary, not focus on what they read during reading activity and they still have difficulty to get idea of the text. According to Grellet (1996, p.8) reading is not a passive process because reading skill involves some activities, such as guessing, predicting, checking, and asking oneself question. Based on the problem above, the researcher believed that suggestopedia method can improve students' reading comprehension because suggestopedia method make students more active and interested in the material and it will be easier for them to understand during teaching and learning process in reading. Lozanov 1978 assumes that the only major linguistic problems in the language classroom are memorization of the words and patterns of the language and their integration into the students' personalities. Beside that, this method is never concluded at SMP Islam Gumukmas. Considering on the background above, the researcher decided to conduct a research entitle "Improving Students' Reading Comprehension by using Suggestopedia Method at Eighth B Executive Grade of SMP Islam Gumukmas in 2019 / 2020 academic year."

RESEARCH METHOD

This research was intended to improve the reading comprehension by using suggestopedia method for the eighth B executive grade students' in SMP Islam Gumukmas. Thetrefore, the kind of this research is classroom action research. This classroom action research consist of four stage activity namely : (1) Planning of the action research (2) Implementing of the action research (3) observing and (4) refection of the action research. To get the data easier, the researcher use three instrument in this research there are reading comprehension test, observation checklist, and field note.

The data of cycle one and cycle two

Total score cycle one	The Students got >70	13 Students	54%
Total score cycle two	The Students got >70	18students	75%

To measure the students percentage of their reading comprehension, the research used this formula:

$$E = \frac{n}{N} \times 100\%$$

Notes:

E : The percentage of the student's who get score 70 or more

n : The total number of student's ≥ 70

N : The total number of students'

(Adapted from Ali, 1992, p. 186)

The Second cycle is conducted under the condition if the result of the first cycle has not achieved the criteria of success. If it is achieved the success, the first cycle is stopped. But if not success the researcher find solution to solve the problem, which was used as the consideration to conduct cycle 2 if cycle 1 is not success.

THE RESULT OF THE RESEARCH AND DISCUSSION

Result of the research

The reading comprehension test in cycle 1 was conducted on 29th July at 07.00 until 08.30. to know the students can improve their reading comprehension after implementing of cycle 1 and it was followed by 24 students. In this research the target score of students was ≥ 70 and must achieved by 70% of the students. Based on the result of reading comprehension test, it was found that the percentage of the students who got score ≥ 70 was 54% achieved and the percentage of the students got score <70 was 46%. It is mean there were 13 students of 24 students got score ≥ 70, and there were 11 of 30 students got score <70 in cycle 1.

The Result of Reading Comprehension Test in Cycle 1

The Data Result	Percentage (%)
The Students who got score ≥70	54%
The Students who got score <70	46%

The reading comprehension test in cycle 2 was conducted on 5th August at 07.00 until 08.30. In this research the target score of students was ≥70 and must achieved by 70% of the students. Based on the result of reading comprehension test, it was found that the percentage of the students who got score ≥70 was 75% achieved and the percentage of the students got score <70 was 25%. It is mean there were 18 students of 24 students got score ≥70, and there were 6 of 30 students got score <70 in cycle 2.

The Result of Reading Comprehension Test in Cycle 2

The Data Result	Percentage (%)
The Students who got score ≥70	54%
The Students who got score <70	46%

The Result of Observation Checklist in Cycle 1

Result of the observation checklist the students who came to the class were 100% or 24 students, but only 48,6% of 24 students who active in activities class such as students read the text, take note on key words of the text, summary the key point or information of the text, review the task of the text, and doing task of the text.

The Result of Observation Checklist in Cycle 1

Result of the observation checklist the students who came to the class were 100% or 24 students, 73,5% of 24 students who active in activities class such as students read the text, take note on key words of the text, summary the key point or information of the text, review the task of the text, and doing task of the text.

Observation Checklist	Cycle 1	Cycle 2
Student's Active Participation	48,6 %	73,5 %

From the table above, it can be concluded that requirement of the students active participant in learning process of reading comprehension (70%).

Discussion

Related to the application of sugesstopedia method and the observation in teaching learning process of reading comprehension , it can see that teaching reading comprehension by using suggestopedia method were able to improve students reading comprehension at eighth B Executive grade. In the cycle two showed that the percentage score was 75 % or 18 students can achieve standard score requirement. The researcher ask the students to make some summary and telling their experience in the past and their friend mention parts of the reading comprehension from the researcher explanation to help understanding more with the material, after elaboration section to improve the students' reading comprehension. Brown (2007, p.27) state that during the soft playing of the baroque music, one can take in tremendous quantities of material due to an increase in alpha brain wave and decrease in blood pressure and pulse rate.

CONCLUSION

Based on the findings of the result, the use of suggetopedia method can improve students' reading comprehension and the students' active participation of the eighth B Executive of SMP Islam by giving more practice, more explanation and more comfortable and enjoy learning situation. It was proved by the students' score of the cycle one to the cycle two. It indicated that most of the students showed their progress when the researcher ask the students make summary, and the students can focus in leaning process when the researcher use suggestopedia method in teaching-learning process.

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