

Abstrak

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Mei Dwi Femila

Hubungan *Care and Give* Keluarga dengan Kemampuan Interaksi Sosial Lansia di Wilayah Puskesmas Andongsari Kecamatan Ambulu Kabupaten Jember, 2019

xx + 66 halaman + 1 bagan + 11 tabel + 15 lampiran

Abstrak

Penurunan hubungan sosial lansia di masyarakat merupakan salah satu masalah yang cukup banyak ditemukan pada komunitas usia lanjut. Hal ini memberikan pengaruh negatif pada kondisi sosial dan psikologis lansia. Banyak faktor yang dapat mempengaruhi penurunan hubungan sosial di kaitkan dengan kesempatan kerja, perubahan dan penurunan fisik, serta tidak adanya care and give dari keluarga. Tujuan penelitian adalah mengetahui hubungan *care and give* keluarga dengan kemampuan interaksi sosial lansia di wilayah Puskesmas Kecamatan Ambulu Kabupaten Jember. Penelitian ini menggunakan studi *corelasional* dengan pendekatan *cross sectional*. Populasi sebanyak 400 lansia yang tidak pikun dan tidak mengalami kecacatan, sampel penelitian sebanyak 80 lansia. Teknik pengambilan sampel pada penelitian ini menggunakan teknik *purposive sampling*. Alat pengambilan data menggunakan kuesioner dengan menggunakan uji *spearman rho*. Hasil penelitian menunjukkan dukungan keluarga dalam kategori sedang sebanyak 24 orang (30%) dan dukungan keluarga berkategori baik sebanyak 56 orang (70%). Lansia dengan interaksi kurang sebanyak 1 orang (1.2%), Interaksi sedang sebanyak 21 orang (26.2%), dan Interaksi baik sebanyak 58 orang (72.5%). Hasil uji korelasi sperman rank diperoleh ρ *value* sebesar 0,001. Karena ρ *value* < 0,05 jadi ada hubungan antara dukungan keluarga dengan kemampuan interaksi sosial lansia. Diharapkan keluarga memberikan dukungan berupa informasional, instrumental, penilaian dan emosional, karena terbukti ada hubungan dengan kemampuan interaksi sosial lansia.

Kata kunci : *Care and give* keluarga, kemampuan interaksi sosial, lansia
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Abstract

UNIVERSITY OF MUHAMMADIYAH JEMBER
NURSING STUDY
FACULTY OF HEALTH SCIENCES

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Mei Dwi Femila

The relationship between family support and social interaction ability of elderly in district health center Ambulu Jember, 2019

xii+ 66 pages + 1 charts + 11 tables + 15 appendixes

Abstract

The decreasing of social relationship in elderly people becomes a problems that is quite commonly found in older communities. it gives negative effect on social and psychological conditions of the elderly. Many factors can influence the decreasing of social relationship that linked with employment opportunities, physical changing, and lacking of family's support. The researchs objective is to know the relationship between family *care and give* social interaction ability of elderly in district health center Ambulu Jember. This study uses a *correlational* study with a *cross sectional* approach. Population is 400 elderly people who are not senile and have no disability, number of sample is 80 elderly people. This research which *purposive sampling* technique is used. Questionnaire is used in getting data and uses *sperman rank* test. Research results shows number of family support in medium category is 24 elderly (30%) and number of family support in good category is 56 elderly (70%). 1 elderly is less interaction (1.2%), 21 elderly are moderate interaction (26.2%), and 58 elderly are good interaction (72.5%). The result of *Sperman rank* correlation test shows ρ value is 0.001. ther is relationship between family *care and give* social interaction ability of elderly because ρ value is less than 0,05. It is hoped family gives encouragement in the form of ups and down, public or private problem until to the point of urgency, because it is proof there is relationship between family *care and give* social interaction.

Keywords: family *care and give*, social interaction, elderly
Bibliography 10 (2009-2017)

