

ABSTRAK

Abstrak

UNIVERSITAS MUHAMMADIYAH JEMBER
PROGRAM STUDI S1 KEPERAWATAN
FAKULTAS ILMU KESEHATAN

Skripsi, July 2020
Sofyan Suryantara Noprianto

Hubungan Tingkat Spiritualitas dengan Citra Tubuh Pada Penyandang Disabilitas Fisik di Organisasi Persatuan Penyandang Cacat (PERPENCA) Jember

XVII + 66 Halaman + 1 bagan + 10 tabel + 15 lampiran

ABSTRAK

Penyandang disabilitas fisik terutama penyandang tuna daksa merupakan seseorang yang memiliki bentuk kecacatan pada sistem otot, persendian dan tulang yang menyebabkan gangguan koordinasi, mobilisasi, adaptasi dan gangguan perkembangan. Tak jarang hal tersebut menimbulkan gangguan citra tubuh. Citra tubuh merupakan pemikiran, perasaan dan tindakan seseorang mengenai gambaran tubuh. Salah satu faktor yang dapat memperbaiki gangguan citra tubuh ialah tingkat spiritualitas. Spiritualitas merupakan faktor kultural penting yang memberikan struktur dan arti mengenai nilai manusia, perilaku dan pengalamannya. Tujuan dalam penelitian ini adalah mengetahui hubungan tingkat spiritualitas dengan citra tubuh pada penyandang disabilitas fisik di Perpenca Jember. Desain penelitian ini adalah korelasional dengan pendekatan *Cross Sectional*. Teknik sampling yang digunakan adalah *Purposive sampling* dengan jumlah sampel sebanyak 43 responden. Hasil penelitian diperoleh responden dengan tingkat spiritualitas tinggi yang memiliki citra tubuh positif sebanyak 26 responden. Berdasarkan uji statistik melalui uji *Spearman Rank (Rho)* dengan $\alpha=0,05$ didapatkan nilai *p value* 0,000, dengan nilai $r = 0,745$ yang artinya ada hubungan kuat antara tingkat spiritualitas dengan citra tubuh pada penyandang disabilitas fisik di Organisasi Perpenca Jember. Penyandang disabilitas fisik terutama penyandang tuna daksa diharapkan dapat mempertahankan atau membangun spiritualitas, agar memiliki citra tubuh yang positif.

Kata Kunci: Disabilitas, PERPENCA, Spiritualitas, Citra Tubuh

ABSTRACT

Abstract

MUHAMMADIYAH UNIVERSITY OF JEMBER
STUDY PROGRAM S1 NURSING
FACULTY OF HEALTH SCIENCES

Thesis, July 2020
Sofyan Suryantara Noprianto

The correlation between spiritual level and body image on the physical disability sufferer in the organization of the Union of the Disabled (PERPENCA) Jember

XVII + 66 pages + 1 charts + 10 tables + 15 attachments

ABSTRACT

Physical disabled people, especially those who have a blind person, is a person who has a form of disability in the muscular system, joints and bones that causes impaired coordination, mobilization, adaptation and developmental disorders. It is not uncommon to cause impaired body image. The body image is a person's thoughts, feelings, and actions regarding body image. One of the factors that can improve body image disorder is the spiritual level. Spirituality is an important cultural factor that provides the structure and meaning on human value, behavior and experience. The purpose of this study is to know the correlation between spirituality and the body image in the physical disability sufferer in the Perpenca Organization of Jember. The design of this research is correlation research with Cross Sectional approach. The sampling technique used is Purposive Sampling with a total sample of 43 respondents. The results obtained by respondents with a high level of spirituality who have a positive body image of 26 respondents. Based on statistical tests through the Spearman Rank (Rho) test with $\alpha = 0.05$, a p value of 0,000 was obtained, with a value of $r = 0.745$, which means there is a strong relationship between the level of spirituality and body image in persons with physical disabilities in the Perpenca Organization of Jember. People with physical disabilities, especially people with disabilities are expected to be able to maintain or develop spirituality, so that they have a positive body image.

Keywords: Disability, Perpenca, Spirituality, Body Image