Abstrak
UNIVERSITAS MUHAMMADIYAH JEMBER
PROGRAM STUDI S1 KEPERAWATAN
FAKULTAS ILMU KESEHATAN

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Hubungan kunjungan lansia dengan perilaku lansia dalam pengendalian hipertensi di posyandu Lansia wilayah kerja puskesmas panti Kabupaten jember
xvi + 84 hal + 1 bagan + 14 tabel + 10 lampiran

Abstrak
Lansia adalah seseorang yang mencapai usia 60 tahun ke atas. Kebanyakan penyakit yang diderita lansia di usia tersebut adalah hipertensi. Adapaun beberapa factor salah satunya faktor perilaku lansia itu sendiri dengan pengaturan pola makan, gaya hidup yang benar, hindari kopi, merokok dan alkohol, mengurangi konsumsi garam yang berlebihan dan aktivitas yang cukup seperti olahraga yang teratur untuk mengontrol penyakit hipertensi. Desain penelitian yang digunakan yaitu *chi square*, dengan jumlah populasi 161. Sampel yang akan diambil 49 responden yang diperoleh dengan teknik pengambilan sampel menggunakan *Cluster random sampling.* Pengambilan data dilakukan sebanyak 1x pengambilan data. Hasil uji statistik menggunakan *spearman test* dengan α=0,05 didapatkan nilai p value 0,00, maka dapat disimpulkan bahwa H1 diterima, sehingga dapat disimpulkan bahwa ada hubungan antara peran kader dengan keaktifan Lansia mengikuti program Posyandu Lansia.

Kata Kunci: kunjungan, Perilaku, Hipertensi dan Lansia.
Daftar Pustaka: 29 (2007-2017)

Abstract
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Relationship between elderly and elderly behavior in controlling hypertension in the elderly Posyandu in the working area of the Jember district health center
xvi + 84 things + 1 chart + 14 tables + 10 attachments

Abstract
Elderly is someone who reaches the age of 60 years and over. Most diseases suffered by the elderly at that age are hypertension. There are several factors, one of which is the behavior factor of the elderly themselves by managing their diet, correct lifestyle, avoiding coffee, smoking and alcohol, reducing excessive salt consumption and activities that are sufficiently like regular exercise to control hypertension. The research design used was chi square, with a population of 161. The samples to be taken by 49 respondents obtained by the sampling technique used cluster random sampling. Data collection is done in 1x data retrieval. The results of the statistical test using the Spearman test with $\alpha = 0.05$ obtained p value 0.00, it can be concluded that H1 is accepted, so it can be concluded that there is a relationship between the role of cadres and the activity of the Elderly in the Elderly Posyandu program.

Keywords: visits, behavior, hypertension and the elderly.
Bibliography: 29 (2007-2017)