

Abstrak  
UNIVERSITAS MUHAMMADIYAH JEMBER  
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Skripsi, Februari 2021  
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Hubungan Dukungan Keluarga dengan Tingkat Kecemasan Pada Pasien Pre Operasi Elektif Di RSD Balung Jember

xiv + 56 hal + 7 tabel + 11 lampiran

Abstrak

Pandangan setiap orang dalam menghadapi pre operasi berbeda, sehingga respon pun berbeda. Setiap menghadapi pre operasi selalu menimbulkan ketakutan dan kecemasan pada pasien. Dukungan keluarga dapat memberikan rasa senang, rasa aman, rasa nyaman, dan mendapat dukungan emosional yang akan mempengaruhi kesehatan jiwa. Apakah ada hubungan dukungan keluarga dengan kecemasan pada pasien pre operasi di RSD Balung Jember. Penelitian ini menggunakan analitik koresional dengan desain cross sectional, populasinya adalah pasien yang pre operasi elektif di RSD Balung sebanyak 40 pasien. Besar sampel 36 pasien dengan teknik sampling aksidental. Instrumen menggunakan kuesioner HRS-A (Hamilton Rating Scale of Anxiety). Analisis data korelasi rank spearman rho. Penelitian dengan uji Spearman Rho ( $\alpha = 0.01$ ) hasil *P Value* = 0,001 < 0,05, and  $r = - 0,524$ . Pasien sebagian besar mendapatkan dukungan keluarga yang baik yaitu sebanyak 22 (61,11%) pasien pre op di RSD Balung Jember. Kebanyakan pasien mengalami tingkat kecemasan ringan yaitu sebanyak 20 (55,5%) pasien pre op di RSD Balung Jember. Kesimpulan penelitian ini menunjukkan ada hubungan dukungan keluarga dengan tingkat kecemasan pada pasien pre operasi elektif di RSD Balung Jember.

Kata kunci : Dukungan keluarga, Tingkat kecemasan, Pre operasi elektif  
Daftar pustaka : 28 (2002 – 2019)

*Abstract*

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*Thesis, February 2021*

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*Relationship between Family Support and Anxiety Levels in Preoperative Elective Patients at Balung Hospital Jember*

*xiv + 56 pages + 7 tables + 11 appendices*

*Abstract*

*The view of everyone in dealing with pre surgery is different, so the response is different. Each face pre surgery always creates fear and anxiety in patients. Family support can provide a sense of pleasure, a sense of security, a sense of comfort, and get emotional support that will affect mental health. Is there a relationship between family support and anxiety in preoperative patients at RSD Balung Jember. This research is analytic analytic with cross sectional design, the population is 40 patients preoperative elective at RSD Balung. The sample size was 36 patients with accidental sampling technique. The instrument used the HRS-A (Hamilton Rating Scale of Anxiety) questionnaire. Analysis of spearman rho rank correlation data. Research with the Spearman Rho test ( $\alpha = 0.01$ ) results  $P$  Value =  $0.001 < 0.05$ , and  $r = - 0.524$ . Most of the patients received good family support as many as 22 (61.11%) pre op patients at RSD Balung Jember. Most patients experienced a mild level of anxiety, as many as 20 (55.5%) pre op patients at RSD Balung Jember. The conclusion of this study shows that there is a relationship between family support and anxiety levels in preoperative elective patients at RSD Balung Jember.*

*Keywords: family support, anxiety level, pre-elective surgery*

*Bibliography: 28 (2002 - 2019)*