

Abstract

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The Effect of Health Education through Peer-Tutor to Prevention of Adolescent Sexual Behavior Deviation at Female Islamic Boarding-House of Baitul Arqom Balung

xvii + 108 pages + 1 picture + 10 tables + 12 appendices

Abstract

Health education program is used to increase someone's ability in changing the life style into positive one. This research aims to analyze the effect of health education through peer-tutor to prevention of adolescent sexual behavior deviation at female Islamic boarding-house of Baitul Arqom Balung. The used research method was pre experimental design (One-group pre Post Test design). The research population was 52 respondents who stay at Female Islamic Boarding-House of Baitul Arqom Balung. The used data collection technique was random sampling. The research result using Wilcoxon test ($\alpha = 0,05$) showed that there is a significant effect between demographic characteristic and teens knowledge about prevention of adolescent sexual behavior deviation. The conclusion of this research is lack of information about sexuality among teens takes them to the behavior that risks to the deviation. The recommendation is addressed to the other researchers that they have to use experimental design for the research, and before doing the research, they have to use validity and reliability tests. At last, it is hoped to administer health education and further monitoring.

Keywords: Health Education, Peer Tutor, and Random Sampling

Reference 59 (1985-2015)

Abstrak

UNIVERSITAS MUHAMMADIYAH JEMBER
PROGRAM STUDI SI KEPERAWATAN
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Pengaruh Pendidikan Kesehatan Melalui Tutor Sebaya Terhadap Pencegahan Perilaku Penyimpangan Seksual Remaja di Pondok Pesantren Putri Baitul Arqom Balung

xvii + 108 hal + 1 gambar + 10 tabel + 12 lampiran

Abstrak

Program pendidikan kesehatan digunakan untuk meningkatkan kemampuan seseorang dalam merubah gaya hidup yang positif. Tujuan penelitian ini adalah menganalisa pengaruh pendidikan kesehatan melalui tutor sebaya terhadap pencegahan perilaku penyimpangan seksual remaja di pondok pesantren putri Baitul Arqom Balung. Metode penelitian pre eksperimental (One-group pra Post Test design). Populasi penelitian ini adalah 52 responden Pondok Pesantren Baitul Arqom Balung. Teknik pengambilan data dilakukan dengan *random sampling*. Hasil penelitian dengan *Uji Wilcoxon* ($\alpha = 0,05$) menunjukkan ada pengaruh yang bermakna antara karakteristik demografi dengan pengetahuan remaja tentang pencegahan perilaku penyimpangan seksual remaja. Kesimpulan penelitian ini Kurangnya informasi mengenai seksualitas di kalangan remaja membawa remaja kepada perilaku berisiko menyimpang. Rekomendasi adalah peneliti selanjutnya menggunakan desain eksperiment sebelum melakukan penelitian dilakukan uji validitas dan uji reabilitas. Di harapkan melakukan pendidikan kesehatan dan pemantauan lebih lanjut.

Kata kunci: Pendidikan Kesehatan, Tutor Sebaya, Pencegahan Perilaku Penyimpangan Seksual Remaja

Daftar Pustaka 59 (1985-2015)