

Abstrak  
UNIVERSITAS MUHAMMADIYAH JEMBER  
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Hubungan Keteraturan Mengikuti Program Posyandu Balita Dengan Persepsi Ibu Tentang Stimulasi Tumbuh Kembang Bayi Usia 0-6 Bulan Di Wilayah Kerja Puskesmas Semboro  
Jember, 2016

xiii + 70 Halaman + 2 bagan + 20 tabel + 12 lampiran

#### Abstrak

Tumbuh kembang pada bayi memerlukan rangsangan/stimulasi. Stimulasi tumbuh kembang merupakan kegiatan merancang kemampuan dasar bayi agar bayi dapat tumbuh dan berkembang secara optimal. Setiap bayi perlu mendapat stimulasi rutin sedini mungkin dan terus menerus pada setiap kesempatan. Informasi mengenai stimulasi dapat diperoleh salah satunya dengan cara mengikuti program posyandu balita. Penelitian ini menggunakan desain cross sectional yang bertujuan untuk menganalisis hubungan keteraturan mengikuti program posyandu balita dengan persepsi ibu tentang stimulasi tumbuh kembang bayi di wilayah kerja Puskesmas Semboro. Populasi penelitian ini adalah semua ibu yang memiliki bayi usia 6 bulan. Jumlah populasi pada penelitian ini sebanyak 39 responden. Teknik pengambilan sampel menggunakan *probability sampling* (simple random sampling). Instrumen yang digunakan adalah lembar kuesioner. Hasil penelitian menunjukkan 36 responden (92,3%) teratur mengikuti program posyandu balita dan 3 responden tidak teratur mengikuti program posyandu balita. Dari 37 responden (94,9%) persepsi ibu tentang stimulasi tumbuh kembang bayi tepat dan 2 responden (5,1%) persepsi ibu tentang stimulasi tumbuh kembang bayi kurang tepat. Hasil analisis menggunakan uji *Fisher exact test* ( $\alpha = 0,05$ ) menunjukkan *pvalue* = 0,004 dimana  $p < 0,05$  yang berarti ada hubungan antara keteraturan mengikuti program posyandu balita dengan persepsi ibu tentang stimulasi tumbuh kembang bayi. Saran penelitian ini penting bagi ibu yang memiliki bayi untuk datang ke posyandu balita setiap bulan dan kader atau petugas kesehatan mempertahankan dan meningkatkan penyuluhan mengenai stimulasi tumbuh kembang.

Kata kunci: Keteraturan, Persepsi ibu, Stimulasi tumbuh kembang  
Daftar Pustaka: 2006-2016

*Abstract*

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*Regularity Relations Promotion Programs Following Toddler With Mother  
Perceptions About Growth Stimulation Infants Age 0-6 Months In Puskesmas  
Semboro  
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*xiii + 70 pages + 2 drawings + 20 tables + 12 appendices*

*Abstract*

*Growth and development in infants require stimulation. Stimulation of growth and development is an activity designed a basic ability baby so the baby can grow and develop optimally. Every baby should receive regular stimulation as early as possible and continuously at every opportunity. Stimulation can be obtained as by following the Posyandu toddler program. This study used cross sectional design that aims to analyze the relationship of order following the Posyandu toddler program with maternal perception of infant growth stimulation in Puskesmas Semboro. The population of this research is all mothers with babies aged 6 months. Total population in this study were 39 respondents. The sampling technique using probability sampling (simple random sampling). The instrument used was questionnaire. Results showed 36 respondents (92.3%) regularly follow the program Posyandu toddler and 3 respondents did not regularly follow the Posyandu toddler program. Of the 37 respondents (94.9%) mothers perception about proper infant growth stimulation and 2 respondents (5.1%) mother's perception about infant growth stimulation is less precise. The results of test analysis using Fisher exact test ( $\alpha = 0.05$ ) showed pvalue = 0.004 where  $p < 0.05$ , which means that there is a relationship between order following the Posyandu toddler program with maternal perception of infant growth stimulation. Suggestion of this research is important for the baby's mother had come to Posyandu toddler every month and the volunteer health workers to maintain and improve education about the stimulation of growth and development.*

*Keywords: Regularity, Perception mother, stimulation of growth  
Bibliography: 2006-2016*