

Abstrak
UNIVERSITAS MUHAMMADIYAH JEMBER
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Pengaruh Pendidikan Kesehatan Resusitasi Jantung Paru Terhadap Kemampuan Menolong Korban Henti Jantung Pada Penolong Awam Di Universitas Muhammadiyah Jember

xvi + 76 hal + 2 Bagan + 7 Tabel + 12 Gambar + 16 Lampiran

Abstrak

Pendidikan kesehatan resusitasi jantung paru pada penolong awam menjadi hal yang utama untuk meningkatkan kemampuan menolong korban mengancam nyawa dan mengetahui penatalaksanaan korban henti jantung diluar rumah sakit. Kemampuan penolong awam merupakan jenis penolong yang tidak memiliki dasar pertolongan pertama dan mempraktikkan apa yang pernah mereka ketahui dari pengalaman serta pengetahuan yang didapat. Penelitian ini bertujuan untuk mengetahui pengaruh pendidikan kesehatan resusitasi jantung paru terhadap kemampuan menolong korban henti jantung pada penolong awam di Universitas Muhammadiyah Jember. Metode Penelitian ini merupakan penelitian *pre - experimental Design* dengan menggunakan desain *pretest – posttest One group design*. Populasi dalam penelitian ini berjumlah 42 responden diantaranya penolong awam di universitas muhammadiyah jember yaitu petugas kebersihan dan satuan keamanan. Sampel dalam penelitian ini berjumlah 30 responden diantaranya 15 responden petugas kebersihan dan 15 responden satuan keamanan. Teknik pengambilan sampel dalam penelitian ini dengan menggunakan teknik *non probability sampling (purposive sampling)*. Analisa data dalam penelitian ini menggunakan uji *Wilcoxon*. Hasil penelitian dengan uji *wilcoxon* didapatkan *p value = 0,000* artinya *H1* diterima yang berarti Pengaruh Pendidikan Kesehatan Resusitasi Jantung Paru terhadap Kemampuan Menolong Korban Henti Jantung pada penolong awam Di Universitas Muhammadiyah Jember. Penelitian ini direkomendasikan kepada penolong awam tentang memberikan informasi tindakan Resusitasi Jantung Paru sebagai bantuan hidup dasar (*Basic Cardiac Life Support*) dan penatalaksanaan korban henti jantung diluar rumah sakit.

Kata Kunci: Pendidikan Kesehatan, Resusitasi Jantung Paru, Kemampuan Penolong Awam.
Daftar Pustaka 21 (2009 - 2015).

Abstract

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The Effects of Cardiopulmonary Resuscitation Health Education toward the Ability of Rescuing Cardiac Arrest Victims on Lay-Helper in Muhammadiyah University of Jember

xvi + 76 pages + 2 Charts + 7 Tables + 12 Pictures + 16 Appendices

Abstract

Cardiopulmonary resuscitation health education for lay helper is such a vital thing to be improved especially in the ability of helping the victims whose lives are threatened and knowing the operational standard of cardiac arrest victims beyond hospitals. The ability of lay-helper is such a helper without first aid basic and the ability of practicing what they have experienced from knowledge they have learned. Therefore, this research aims at knowing the effects of the effects of cardiopulmonary resuscitation health education toward the ability of rescuing cardiac arrest victims on lay-helper in Muhammadiyah University of Jember. The method of this research was a pre - experimental design with pretest – postest One group design. The population of this research consisted of 42 respondents, the lay helper in Muhammadiyah University of Jember, namely staffs on cleaning services and security guards. The sample of this research consisted of 30 respondents - 15 respondents were cleaning service staffs and 15 others are the security guards. The sampling technique used in this research is non probability sampling (purposive sampling). Data analysis in this research was using Wilcoxon test. The result of this research which was calculated by Wilcoxon test obtained p value = 0.000 meaning that H_1 was accepted indicated that there were effects of cardiopulmonary resuscitation health education toward the ability of rescuing cardiac arrest victims on lay-helper in Muhammadiyah University of Jember. This research was recommended for the lay helper in terms of giving information about action of cardiopulmonary resuscitation as the basic of cardiac life support and operational standard of cardiac arrest victims beyond hospitals.

Key words: Health Education, Cardiopulmonary resuscitation, the ability of lay-helpers.

Bibliography 21 (2009 - 2015).