

Abstrak

UNIVERSITAS MUHAMMADIYAH JEMBER
PROGRAM STUDI S1 KEPERAWATAN
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Dian Hidayat

Hubungan Dukungan Suami Dengan Tingkat Kecemasan Wanita Premenopause di Desa Bangsalsari Kecamatan Bangsalsari Kabupaten Jember.

xiv + 86 hal + 2 Skema + 7 tabel + 14 lampiran

Abstrak

Dukungan suami merupakan faktor eksternal paling baik dalam membantu istri untuk melalui masa menopause tanpa kecemasan berlebih. Penelitian ini bertujuan untuk menganalisis hubungan dukungan suami dengan tingkat kecemasan wanita premenopause di Desa bangsalsari Kecamatan Bangsalsari Kabupaten Jember. Metode dalam penelitian ini menggunakan analitik kuantitatif dengan pendekatan *cross sectional*. Populasi sebanyak 40 wanita premenopause usia 45-55 tahun dan sampel yang diambil sejumlah 40 responden. Tehnik sampling yang digunakan yaitu *Total Sampling*. Instrumen penelitian yang dipakai yakni kuesioner dukungan suami dan kuesioner baku dari HRS-A (*Hamilton Rating Scale for Anxiety*). Analisa data menggunakan uji *Spearman Rho* dengan tingkat signifikan 5% (0,05). Hasil penelitian menunjukkan dukungan suami buruk sebanyak 9 responden (22,5%), dukungan suami sedang 24 responden (60%) dan dukungan suami baik 7 responden (17,5%). Sedangkan untuk tingkat kecemasan diperoleh kecemasan berat 8 responden (20%), kecemasan sedang 12 responden (30%), kecemasan ringan 13 responden (32,5%) dan responden yang tidak mengalami kecemasan 7 responden (17,5%). Hasil uji statistik didapatkan hasil *Pvalue* $\leq 0,05$ yaitu 0,000. Kesimpulan H1 diterima yaitu terdapat hubungan antara dukungan suami dengan tingkat kecemasan wanita premenopause di Desa bangsalsari Kecamatan Bangsalsari Kabupaten Jember.

Kata Kunci: Dukungan Suami, Tingkat Kecemasan, Wanita Premenopause.

Daftar Pustaka 20 (2007-2016)

Abstract

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The Correlation Between Husband's Support and Anxiety Level of Premenopause Women at Bangsalsari Village Bangsalsari Sub-District Jember Regency

xiv + 86 hal + 2 schemes + 7 tables + 14 appendixes

Abstract

Husband's support is the highest supporting factor in helping women passes the menopause period without the presence of overwhelming anxiety. This research is intended to analyze the correlation between husband's support and anxiety level of pre-menopause women at Bangsalsari Village Bangsalsari Sub-District Jember Regency. This research employs quantitative analytical method by using cross-sectional approach. The population of this research is 40 pre-menopause women age 45-55. As many as 40 individuals are taken as the sample of this research by using total sampling technique. The instruments used in this are questionnaire of husband's support and valid questionnaire of HRS-A (*Hamilton Rating Scale for Anxiety*). Data analysis is performed by using *Spearman Rho* testing with the significance level of 5% (0,05). Result of this research reveal that poor husband's support is shown by 9 (22,5%) respondents, while moderate husband's support 24 (60%) respondents, and good husband's support 7 (17,5%) respondents. Regarding anxiety level, 8 (20%) respondents show high level of anxiety, while 12 (30%) respondents show moderate level of anxiety, leaving 13 (32,5%) respondents show low level of anxiety. Meanwhile, 7 (17,5%) respondents do not show anxiety. When tested using statistical testing, the *Pvalue* $\leq 0,05$, that is 0,000. This translates that H1 is accepted, meaning that the correlation between husband's support and anxiety level of pre-menopause women at Bangsalsari Village Bangsalsari Sub-District Jember Regency exists, repectively.

Keywords: Husband's Support, Anxiety Level, Pre-menopause Women

Bibliography 20 (2007-2016)