

DAFTAR PUSTAKA

- Abdi, S., Faramarzi, M., Bouzari, Z., Chehrazi, M., & Esfandyari, M. (2022). Association Between Social Support And Pregnancy Stress: A Cross-Sectional Study Of Neighbors' Interactions. *Journal Of The Egyptian Public Health Association*, 97(1). <https://doi.org/10.1186/S42506-022-00113-5>
- Ardiana, Y. D., Isnawati, I. A., & Suhari. (2025). Hubungan Penerimaan Ibu Hamil Dengan Kesiapan Perawatan Bayi Baru Lahir Di Rumah Sakit Bhayangkara Lumajang. © 2025 *Jurnal Keperawatan*, 78–89.
- Ardyani, B., & Putri, G. K. (2021). Mekanisme Koping Pada Remaja Di Desa Ragajaya Kecamatan Bojong Gede Kabupaten Bogor1. Ardyani Bunga Pkg. Mekanisme Koping Pada Remaja Di Desa Ragajaya Kecamatan Bojong Gede Kabupaten Bogor. *Indones J Nurs Sci*. 2021;1(1):43–50. *Indonesian Journal Of Nursing Scientific*, 1(1), 43–50. <https://journal.khj.ac.id/index.php/ijons/article/view/10>
- Arum, S. (2021). Definisi Kehamilan Dan Anamnesa Kehamilan. In *Kehamilan Sehat Mewujudkan Generasi Berkualitas Di Masa New Normal* (Pp. 2–13).
- Ayu Andera, N., Tri Rahayu, N., Capriani Randa Kusuma, D., Tri Putri Apriyani, M., Wahyuningsih, D., Sri Hastuti Handayani Usman, A., Devi Akib, R., Hastuty, D., Jamir, Af., & Wijaya, W. (2023). *Asuhan Kebidanan Kehamilan*. 1, 1–208. www.globaleksekutifteknologi.co.id
- Azizah, L. M., Zainuri, I., & Akbar, A. (2016). *Buku Ajar Keperawatan Kesehatan Jiwa*. 657.
- Bahrani-Samani, S., Omidvar, S., Mohsenzadeh-Ledari, F., Azizi, A., Ashrafpour, M., & Kordbagheri, M. (2023). The Relationship Between Perceived Stress And Pregnancy Distress With Self-Care Of Pregnant Women: The Mediating Role Of Social Support—A Cross-Sectional Study. *Health Science Reports*, 6(11). <https://doi.org/10.1002/Hsr2.1730>
- Ballerini, M., Raimbaud, M., Joly, L., & Botteman, H. (2022). *The Invisible Pregnancy: Clinical Characteristics And Perspectives About Denial Of Pregnancy*.
- Bedaso, A., Adams, J., Peng, W., & Sibbritt, D. (2023). The Direct And Mediating Effect Of Social Support On Health-Related Quality Of Life During Pregnancy Among Australian Women. *Bmc Pregnancy And Childbirth*, 23(1), 1–9. <https://doi.org/10.1186/S12884-023-05708-0>
- Benli, T. E., Altiparmak, S., & Derya, Y. A. (2023). The Relationship Between The Life Quality Based On Pregnancy Complaints And Maternity Role And Acceptance Of Pregnancy. *Journal Of Basic And Clinical Health Sciences*, 7(2), 608–617. <https://doi.org/10.30621/Jbachs.1133579>
- Brunton, R., Simpson, N., & Dryer, R. (2020). Pregnancy-Related Anxiety, Perceived Parental Self-Efficacy And The Influence Of Parity And Age. *International Journal Of Environmental Research And Public Health*, 17(18),

1–17. <https://doi.org/10.3390/Ijerph17186709>

- Bulut, A., & Özdemir, F. (2020). Hiperemesis Gravidarum Tanısı Alan Gebelerin Gebeliğe Uyum Ve Stresle Başa Çıkma Tarzlarının Belirlenmesi. *Jurnal Smart Keperawatan*, 22(4), 277–283. <https://doi.org/10.17049/Ataunihem.547213>
- Carstensen, L. L. (2021). Socioemotional Selectivity Theory: The Role Of Perceived Endings In Human Motivation. *Gerontologist*, 61(8), 1188–1196. <https://doi.org/10.1093/Geront/Gnab116>
- Chapuis-De-Andrade, S., Moret-Tatay, C., Paula, T. A. De, Irigaray, T. Q., Antonello, I. C. F., & Costa, B. E. P. Da. (2022). Psychological Factors And Coping Strategies In Pregnancies Complicated By Hypertension: A Cluster-Analytic Approach. *Journal Of Affective Disorders*, 296, 89–94.
- Chen, Z., Li, Y., Chen, J., & Guo, X. (2022). The Mediating Role Of Coping Styles In The Relationship Between Perceived Social Support And Antenatal Depression Among Pregnant Women: A Cross-Sectional Study. *Bmc Pregnancy And Childbirth*, 22(1), 1–11. <https://doi.org/10.1186/S12884-022-04377-9>
- Dartiwen, & Aryanti, M. (2024). Analisis Faktor Penyebab Kehamilan Tidak Diinginkan Pada Remaja. *Jurnal Ilmu Keperawatan Dan Kebidanan*, 15(1), 21–29.
- Deliktas Demirci, A., Oruc, M., Kochan Aksoy, M., & Kabuokuoglu, K. (2025). How Risky Pregnant Women Achieve Positive Antenatal Experience: A Cross-Sectional Study Of Examination Of The Sense Of Coherence, Prenatal Distress, And Pregnancy Acceptance. *Journal Of Evaluation In Clinical Practice*, 31(5), 1–10. <https://doi.org/10.1111/Jep.70255>
- Dewi, E. I., Febrianty, D., Kurniyawan, E. H., Kurniawati, D., & Deviantony, F. (2024). Hubungan Self-Efficacy Dengan Kecemasan Pada Ibu Hamil Primigravida Trimester Iii Di Wilayah Pertanian. *Jurnal Ilmiah Kesehatan*, 17(2), 103–114. <https://doi.org/10.48144/Jiks.V17i2.1854>
- Dosom, A. M. A. ., Dion, J., & Nahak, M. P. M. (2021). *Eksplorasi Respon Adaptasi Calista Roy Pada Remaja Yang Hamil Di Luar Nikah Di Puskesmas Oesapa Kota Kupang*. 3, 103–110.
- Down, S., Read, T. O., & Article, T. (2025). *Hubungan Gejala Stres, Religiusitas, Dan Strategi Koping Dengan Kesejahteraan Subjektif Keluarga Pada Kehamilan Tidak Diinginkan*. 13(1).
- Ernawati. (2026). *Association Of Age , Gender , Educational Level , And Duration Of Illness With Coping Mechanisms Among Patients With Type 2 Diabetes Mellitus*. 13(1), 98–102.
- Ernawati, D., Ayu Lestari, R., Penelitian, A., Kunci, K., & Tidak Diinginkan, K. (2024). Social Support Pada Ibu Tentang Kehamilan Tidak Diinginkan Social Support For Mothers With Unwanted Pregnancy. *Jurnal Kolaboratif Sains*, 7(12), 4586–4598. <https://doi.org/10.56338/Jks.V7i12.6369>

- Fathorrahman, Agusta, R. W., Ellina, D., Suprpto, S. I., Nursanti, D. P., Ambarika, R., Kumalasari, E. P., Peristiowati, Y., & Fajriah, A. S. (2021). *Teori Health Belief Model Terhadap Pengetahuan Dan Perilaku Minum Obat Dengan Memberikan Edukasi Pada Penderita Tuberkulosis Di Wilayah Kerja*.
- Febriati, D. Listia, & Zakiya, Z. (2022). Hubungan Dukungan Keluarga Dengan Adaptasi Perubahan Psikologi Pada Ibu Hamil. *Kebidanan Indonesia*, 13(1), 23–31.
- Firdaus, N. (2026). *Hubungan Paritas Dengan Terjadinya Depresi Pada Ibu Hamil Di Puskesmas Krapyak Kidul Kota Pekalongan*. 8(1), 111–122.
- Halijah, & Hasan, S. H. (2025). Pengalaman Ibu Hamil Dalam Mengelola Stres Berdampak Pada Risiko Penyakit Jantung Di Wilayah Kerja Uptd Puskesmas Pasarwajo. *Jurnal Ilmiah Ilmu Kebidanan & Kandungan*.
- Hasbi, A. Z. El, Damayanti, R., Hermina, D., & Mizani, H. (2023). Penelitian Korelasional (Metodologi Penelitian Pendidikan). *Al-Furqan : Jurnal Agama, Sosial, Dan Budaya*, 2(6), 784–808.
- Hendarwan, H., & Saputri, D. (2022). Tenaga Kesehatan, Dukungan Suami, Motivasi, Konsep Diri Dan Kesehatan Fisik Terhadap Mekanisme Koping Wanita Infertil. *Journal Of Public Health Education*, 01. <https://doi.org/10.7748/Phc.10.6.38.S21>
- Heni, S. (2024). Optimalisasi Mekanisme Koping Ibu dalam Program Pemberian Makanan Tambahan (Pmt) Untuk Pencegahan Stunting. *Spikesnas*, 3(1), 839–845. <http://spikesnas.khkediri.ac.id/spikesnas/index.php/moo/article/view/201%0ahttp://spikesnas.khkediri.ac.id/spikesnas/index.php/moo/article/download/201/126>
- Julianti, P. A., Marfuah, D., Mutiar, A., & Purnama, H. (2023). Fear Of Childbirth Pada Ibu Hamil Beresiko. *Edu Dharma Journal: Jurnal Penelitian Dan Pengabdian Masyarakat*, 7(2), 122. <https://doi.org/10.52031/Edj.V7i2.608>
- Kamilla, K. N., Alifia Nur Elga Saputri, Dayang Astri Fitriani, Sofie Aulia Az Zahrah, Putri Febiane Andryana, Istighna Ayuningtyas, & Indah Salsabila Firdausia. (2022). Teori Perkembangan Psikososial Erik Erikson. *Early Childhood Journal*, 3(2), 77–87. <https://doi.org/10.30872/Ecj.V3i2.4835>
- Khusen, V., & Suryadi, D. (2021). The Relationship Between Perceived Social Support And The Psychological Well-Being Of Pregnant Women Expecting Their First Child (Primigravida). *Proceedings Of The International Conference On Economics, Business, Social, And Humanities (Icebsh 2021)*, 570(Icebsh), 548–554. <https://doi.org/10.2991/Assehr.K.210805.086>
- Lederman, R., & Weis, K. (2020). Psychosocial Adaptation To Pregnancy. *Psychosocial Adaptation To Pregnancy*. <https://doi.org/10.1007/978-1-4419-0288-7>
- Lin, X. (2023). Differences In Coping Strategies Across Ages And Genders: A

- Systematic Review. *Lecture Notes In Education Psychology And Public Media*, 16(1), 305–312. <https://doi.org/10.54254/2753-7048/16/20231190>
- Mcnamara, J., Risi, A., Bird, A. L., Townsend, M. L., & Herbert, J. S. (2022). The Role Of Pregnancy Acceptability In Maternal Mental Health And Bonding During Pregnancy. *Bmc Pregnancy And Childbirth*, 22(1), 1–10. <https://doi.org/10.1186/s12884-022-04558-6>
- Meireles, J. F. F., De Siqueira, M. R., Da Cruz, L. M. C., De Paula, I. S., Da Rocha Morgado, F. F., Neves, C. M., & Ferreira, M. E. C. (2023). Self-Acceptance In Pregnant And Postpartum Women: A Comparative Study. *Journal Of Physical Education And Sport*, 23(2), 538–544. <https://doi.org/10.7752/jpes.2023.02067>
- Moreau, C., Bonnet, C., Beuzelin, M., & Blondel, B. (2022). Pregnancy Planning And Acceptance And Maternal Psychological Distress During Pregnancy: Results From The National Perinatal Survey, France, 2016. *Bmc Pregnancy And Childbirth*, 22(1), 1–12. <https://doi.org/10.1186/s12884-022-04496-3>
- Nafisah, D., Susanto, H., Wahyuni, S., & Khasanah, N. N. (2025). Hubungan Usia , Tingkat Pendidikan Dan Status Terhadap Kecemasan Ibu Hamil Primigravida. *Jurnal Gema Keperawatan*, 18(1), 84–96.
- Neupert, S. D. (2022). Anticipatory Coping Diversity: Implications For Emotional, Physical, And Cognitive Reactivity To Daily Stressors. *Journals Of Gerontology - Series B Psychological Sciences And Social Sciences*, 77(4), 721–732. <https://doi.org/10.1093/geronb/gbab169>
- Nunes, C., Javier, P., Martins, C., Pechorro, P., Ayala-Nunes, L., & Ferreira, L. I. (2021). *The Brief Cope: Measurement Invariance And Psychometric Properties Among Community And At-Risk Portuguese Parents*.
- Nurseha, Kusumastuti, Nur Farida, S., Mardianingsih, S., & Tri Marlinawati, L. (2024). Buku Ajar Psikologis Kehamilan, Persalinan, Dan Nifas. In *Buku Ajar Psikologi Kehamilan, Persalinan, Dan Nifas*.
- Pambudhi, Y. A., Marhan, C., Fajriah, L., & Abas, M. (2022). Strategi Coping Stress Mahasiswa Dalam Menyelesaikan Skripsi Pada Masa Pandemi Covid-19. *Jurnal Amal Pendidikan*, 3(2), 110. <https://doi.org/10.36709/japend.v3i2.22315>
- Putri, I. M., & Diniyah, K. (2025). *Gambaran Tingkat Kecemasan Ibu Hamil Primigravida Trimester Iii Di Puskesmas Kasihan 1 Bantul Yogyakarta The Description Of Anxiety Level Of Primigravid Pregnant Women In The Third Trimester At Puskesmas Kasihan I , Kasihan , Bantul , Yogyakarta*. 3, 290–297.
- Putu, S. G. (2024). Menentukan Populasi Dan Sampel; Pendekatan Metodology Penelitian Kuantitatif Dan Kualitatif. *Jurnal Ilmiah Profesi Pendidikan*, 9, 2721–2731.
- Qomari, S. N., & Setiawati, I. (2022). Jarak Kehamilan Dan Penerimaan Diri Terhadap Kejadian Emesis Gravidarum. *Jurnal Kebidanan*, Xiv(02), 125–

135. <https://doi.org/10.35872/jurkeb.v14i02.551>

- Ramadhaniati, F., Novianti, & Dewiani, K. (2025). *Modul Teori Psikologi Kehamilan, Persalinan, & Nifas*. <https://www.pegadaian.co.id/profil/visi-dan-misi>
- Reza, A., Wardiati, & Agustina. (2024). Faktor-Faktor Yang Berhubungan Dengan Puskesmas Kuta Alam Kota Banda Aceh. *Journal Of Healthcare Te*, 10(2), 391–406.
- Sari, I. P., Stella, N. E. A., Idriani, I., Anggraini, D., & Nursanti, I. (2022). Strategi Koping Terhadap Kecemasan Pada Ibu Preeklampsia. *Indonesian Journal Of Nursing Sciences And Practice*, 5(1), 13. <https://doi.org/10.24853/ijns.v5i1.13-16>
- Satria Pratama, A., Pragholapati, A., & Nurrohman, I. (2020). Mekanisme Koping Pada Pasien Gagal Ginjal Kronik Yang Menjalani Hemodialisis Di Unit Hemodialisa Rsud Bandung. *Jurnal Smart Keperawatan*, 7(1), 18. <https://doi.org/10.34310/jskp.v7i1.470>
- Schoger, L. I. (2025). Coping With Work-Related Stressors: Does Education Reduce Work-Related Stress? *Journal Of Public Health (Germany)*, 33(5), 1123–1134. <https://doi.org/10.1007/s10389-023-02070-5>
- Setiawaty, E., & Yuliana, N. (2021). Stres Dan Mekanisme Koping Dalam Menghadapi Uji Kompetensi Pada Mahasiswa D3 Keperawatan Di Fakultas Kesehatan Universitas Samawa. *Jurnal Smart Keperawatan*, 8(1), 47. <https://doi.org/10.34310/jskp.v8i1.416>
- Silva, J. L. E. (2021). *Evaluation Of The Psychometric Properties Of The Brazilian Version Of The Prenatal Self-Evaluation Questionnaire (Pseq)*. 4(1), 6.
- Sipayung, R. (2021). *Studi Kualitatif: Pengalaman Adaptasi Ibu Hamil Tahun 2021*.
- Sitompul, R. N., & Noorrizki, R. D. (2024). *Coping Mechanism Remaja Akhir Pasca Putus Cinta*. 4(2), 59–63. <https://doi.org/10.17977/10.17977/um070v4i22024p59-63>
- Sun, X., Li, B. J., Zhang, H., & Zhang, G. (2023). Social Media Use For Coping With Stress And Psychological Adjustment: A Transactional Model Of Stress And Coping Perspective. *Frontiers In Psychology*, 14(March). <https://doi.org/10.3389/fpsyg.2023.1140312>
- Thaariq, N. A. A. (2023). *Asuhan Kebidanan Pada Kenamilan Untuk Ibu Dan Generasi Sehat*.
- Vega-Sanz, M., Goñi-Dengra, S., Halty, A., Berástegui, A., & Sanchez-Lopez, A. (2025). An Analysis Of Key Factors Related To Adaptation During Pregnancy That Contribute To The Risk Of Perinatal Depression. *Women's Health*, 21. <https://doi.org/10.1177/17455057251340822>
- Wahyudi, A. I., Trigantara, R., & Febriani, R. T. (2025). Hubungan Penerimaan

Terhadap Kehamilan Dengan Self Management Mual Muntah Pada Ibu Hamil Di Puskesmas Turen Kabupaten Malang. *Jurnal Kesehatan Dan Pengembangan Terbaru Jurnal Kesehatan Dan Pengembangan Terbaru*, 6(1), 12–21.

Wijaya, I. P. S., Wihastuti, T. A., Wiyasa, I. W. A., & Effendi, M. C. (2023). The Difference Of Depression Level In Pregnant Women Based On The Acceptance Of Pregnancy During The Covid-19 Pandemic: A Study On Pregnant Women In Bontang, East Kalimantan. *Bali Medical Journal*, 12(2), 1181–1186. <https://doi.org/10.15562/Bmj.V12i2.3697>

Wulandari, S., & Wantini, N. A. (2021). Ketidaknyamanan Fisik Dan Psikologis Pada Ibu Hamil Trimester Iii. *Jurnal Kebidanan Indonesia*, 12(1), 54–67.

