

ABSTRAK

Abstrak

UNIVERSITAS MUHAMMADIYAH JEMBER
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Skripsi, Juni 2026
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Hubungan Fungsi Keluarga dengan Motivasi Lansia Berkunjung ke posyandu Dahlia di Wilayah Kerja Puskesmas Kalisat

xviii + 96 Halaman + 14 Tabel + 4 Bagan + 21 Lampiran

Abstrak

Pendahuluan: Tingkat kunjungan lansia ke Pos Pelayanan Terpadu (Posyandu) di Jawa Timur hanya sekitar 7,3%, jauh di bawah target nasional. Rendahnya partisipasi tersebut disebabkan oleh berbagai faktor, terutama kurangnya motivasi lansia yang dipengaruhi oleh fungsi keluarga yang belum optimal dalam memberikan dukungan dan dorongan untuk memanfaatkan layanan kesehatan. Tujuan penelitian ini yaitu menganalisis hubungan fungsi keluarga dengan motivasi lansia berkunjung ke posyandu dahlia di wilayah kerja Puskesmas Kalisat. **Metode:** Desain penelitian yang digunakan yaitu desain korelasional dengan pendekatan *cross sectional*. Sampel dalam penelitian ini yaitu lansia di posyandu dahlia pada wilayah kerja Puskesmas Kalisat. Teknik sampling yang digunakan yaitu *Purposive Sampling* dengan jumlah sampel 83 responden. **Hasil:** Fungsi keluarga responden mayoritas pada kategori fungsi keluarga cukup baik sebanyak 43 responden (51,8%), dengan motivasi lansia berkunjung pada kategori motivasi sedang sebanyak 47 responden (56,6%). **Analisis:** Uji statistik yang digunakan adalah *Spearman Rho* dengan tingkat signifikansi 95%. Hasil uji statistik menunjukkan adanya hubungan yang signifikan antara fungsi keluarga dengan motivasi lansia berkunjung ke posyandu dahlia ($p < 0,001$; $r = 0,468$). **Simpulan:** Intervensi berbasis keluarga direkomendasikan kepada lansia untuk memberikan dukungan dan dorongan dalam optimalisasi kunjungan ke posyandu.

Kata kunci: Fungsi Keluarga, Motivasi Lansia Berkunjung, Posyandu

Daftar pustaka: 29 (2020 – 2026)

ABSTRACT

Abstract

MUHAMMADIYAH UNIVERSITY OF JEMBER
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The Relationship between Family Function and Elderly Motivation to Visit Dahlia Integrated Health Service Post (posyandu) in the Working Area of Kalisat Public Health Center

xviii + 96 Pages + 14 Tables + 4 Charts + 21 Appendices

Abstract

Introduction: *The rate of elderly visits to Integrated Health Service Posts (Posyandu) in East Java is only approximately 7.3%, which is far below the national target. This low participation is influenced by various factors, particularly the lack of motivation among older adults, which is associated with suboptimal family functioning in providing support and encouragement to utilize health services. This study aimed to analyze the relationship between family functioning and the motivation of older adults to visit Dahlia Posyandu in the working area of Kalisat Community Health Center. **Methods:** This study employed a correlational research design with a cross-sectional approach. The sample consisted of older adults registered at Dahlia Posyandu within the working area of Kalisat Community Health Center. Purposive sampling was used to select the participants, resulting in a total sample of 83 respondents. **Results:** The majority of respondents had moderately good family functioning, accounting for 43 respondents (51.8%). Meanwhile, most older adults demonstrated a moderate level of motivation to visit the Posyandu, with 47 respondents (56.6%). **Analysis:** Data were analyzed using the Spearman Rho statistical test with a significance level of 95%. The results indicated a significant relationship between family functioning and the motivation of older adults to visit Dahlia Posyandu ($p < 0.001$; $r = 0.468$). **Conclusion:** Family-based interventions are recommended to strengthen family support and encouragement for older adults in order to improve and optimize their utilization of posyandu services.*

Keywords: *Family Function, Elderly Visiting Motivation, Posyandu*

References: *29 (2020–2026)*