

## DAFTAR PUSTAKA

- Adil, A., Efendi, S., Azza, A., Nurdiansyah, T. E., Lamonge, A. S., Syapitri, H., Rakinaung, N. E., & Oroh, C. T. M. (2023). *Metodologi penelitian kesehatan*. Get Press Indonesia.
- Afdal, A., Sari, M. P., & Yusrawati, Y. (2025). Analisis Hubungan Inisiasi Menyusui Dini (Imd) Dan Pemberian Mix Feeding Pada 6 Bulan Pertama Dengan Kejadian Stunting. *Journal of Nutrition College*, 14(3), 307–313. <https://doi.org/10.14710/jnc.v14i3.48829>
- Akbar, T. K., Mayasari, D., Berawi, K. N., & Anggraini, D. I. (2022). Studi Literatur: Tantangan Menyusui Pada Ibu Pekerja Di Indonesia. *Jurnal Medika Malahayati*, 6(4), 411–417.
- Al-Jawaldeh, A., Matbouli, D., Itani, D., Diab, S., Taktouk, M., Naalbandian, S., & Nasreddine, L. (2025). Applying The Theory of Planned Behavior to Examine Breastfeeding Determinants In Countries of the Gulf Cooperation Council: A Systematic Review. *International Breastfeeding Journal*, 20(45), 1–18. <https://doi.org/10.1186/s13006-025-00739-z>
- Angelina, Lesmanadjaja, A., Agung, F. H., & Sterling, O. G. (2021). Exclusive Breastfeeding Practice and Its Association with Breastfeeding Self-Efficacy among Mothers Giving Birth during the COVID-19 Pandemic in Indonesia : A Brief Report. *Journal of Maternal and Child Health*, 06(04), 436–443. <https://doi.org/10.26911/thejmch.-2021.06.04.05>
- Anisak, S., Farida, E., & Rodiyatun. (2022). Faktor Predisposisi Perilaku Ibu dalam Pemberian ASI Eksklusif. *Jurnal Kebidanan*, 12(1), 34–46. <https://doi.org/10.35874/jib.v12i1.1009>
- Astutik, R. D., Murti, N. N., & Noviasari, D. (2023). Hubungan Persepsi Kecukupan ASI dengan Pemberian ASI Eksklusif di BLUD UPTD Puskesmas Bumi Rahayu Tanjung Selor. *Aspiration of Health Journal*, 01(03), 584–595. <https://doi.org/doi.org/10.55681/aohj.v1i3.204>
- Brani, P., Mrvoljak-theodoropoulou, I., Pechlivani, F., Iliadou, M., Antoniou, E., Daskalakis, G., Drakakis, P., & Dagla, M. (2024). Breastfeeding Intention and Breastfeeding Postpartum Outcomes between High-Risk and Low-Risk Pregnant Women : A Greek Prospective Cohort Study. *International Journal of Environmental Research and Public Health Article*, 21(755), 1–17. <https://doi.org/10.3390/ijerph21060755>
- Chang, Y. S., Li, K. M. C., Chien, L. Y., Lee, E. Y., Hong, S. A., & Coca, K. P. (2023). Associations Between Breastfeeding Intention, Breastfeeding Practices and Post-Natal Depression During the COVID-19 Pandemic: a Multi-Country Cross-Sectional Study. *Maternal and Child Nutrition*, 19(1), 1–13. <https://doi.org/10.1111/mcn.13450>

- Chindy, K. A., Prijatni, I., & Restanty, D. A. (2023). Perbedaan Perilaku Ibu Menyusui Sebelum dan Sesudah Penerapan Model Promosi Kesehatan Berbasis Social Learning Theory. *Malang Journal of Midwifery*, 5(2), 128–141.
- Cruz, D. L. D., Lee, R. P., & Gallagher, J. (2023). Infant Feeding Choices Among Panamanian Mothers: A Qualitative Study. *Food Science and Nutrition*, 11(10), 6010–6019. <https://doi.org/10.1002/fsn3.3535>
- Delvina, V., Kasoema, R. S., Fitri, N., & Angraini, M. (2022). Faktor yang Berhubungan dengan Produksi Air Susu Ibu (ASI) pada Ibu Menyusui. *Jurnal Human Care*, 7(1), 153–164.
- Dewi, A. P. S., Kusumastuti, & Astuti, D. P. (2023). Hubungan Perilaku Menyusui, Pola Hidup Sehat dan Kondisi Kesehatan dengan Pemberian ASI. *Jurnal Ilmu Keperawatan Dan Kebidanan*, 14(1), 154–160.
- Dewi, A. P. S., Mutoharoh, S., & Rahmadhani, W. (2021). Pendidikan Kesehatan tentang Teknik Menyusui dengan Metode Peragaan dan Video. *Indonesia Jurnal Kebidanan*, 5(2), 70–74.
- Dewi, R. (2021). Hubungan Promosi Susu Formula dan ASI Eksklusif. *Jurnal Berita Ilmu Keperawatan*, 14(1), 10–18. <https://doi.org/10.23917/bik.v14i1.13187>
- Dinas Kesehatan Bondowoso. (2023). *Profil Kesehatan Bondowoso*. Dinkes.
- Elgzar, W. T., Al-Thubaity, D. A. D., Alshahrani, M. A., Essa, R. M., & Ibrahim, H. A. (2023). The Relationship Between Maternal Ideation and Exclusive Breastfeeding Practice among Saudi Nursing Mothers: A Cross-Sectional Study. *Nutrients*, 15(7), 1–16. <https://doi.org/10.3390/nu15071719>
- Emilda, S., Qudratullah, F., & Azzahrah, P. R. (2025). Hubungan Pelaksanaan Manajemen Laktasi Dengan Paritas Ibu Menyusui di Pmb Husniyati Tahun 2024. *Jurnal Kesehatan Dan Pembangunan*, 15(2), 229–235.
- Enggar, Irmawati, & Pont, A. V. (2023). Kombinasi Perawatan Payudara dan Teknik Marmet untuk Meningkatkan Produksi ASI Eksklusif. *Jurnal Kesehatan Vokasional*, 8(4), 209-217.
- Faiqah, S., & Hamidiyanti, B. Y. F. (2021). Edukasi Posisi dan Perlekatan pada Saat Menyusui dalam Upaya Meningkatkan Keberhasilan Asi Eksklusif. *Jurnal Pengabdian Masyarakat Sasambo*, 3(1), 61–66. <http://jkp.poltekkes-mataram.ac.id/index.php/pks>
- Galante, L., Lahdenperä, M., Rautava, S., Pentti, J., Ollila, H., Tarro, S., Vahtera, J., Gonzales-Inca, C., Kivimäki, M., Lummaa, V., & Lagström, H. (2022).

Neighborhood Disadvantage, Greenness, and Population Density as Predictors of Breastfeeding Practices: A Population Cohort Study from Finland. *Journal of Nutrition*, 152(7), 1721–1728. <https://doi.org/10.1093/jn/nxac069>

Gaspar, I. A. V., Arna, Y. D., Siagian, H. J., Ponidjan, T. S., Nurmawi, Y., & Rosmawati. (2025). *Ilmu Perilaku Kesehatan* (L. O. Alifariki (ed.)). PT MEDIA PUSTAKA INDO.

Hanifah, A., Munawaroh, A., Husainah, N., Jamilah, S., Hartinah, S., Harun, S. H., & Annas, M. (2025). *Pengantar Ilmu Statistik*. Duta Sains Indonesia.

Herman, H., & Huang, M.-C. (2025). Evaluating the Autonomy of Mother in Infant Feeding Decision : A Case Study. *Pedimaternal Nursing Journal*, 11(2), 126–130. <https://doi.org/10.20473/pmnj.v11i2.66007>

Hinisa, F. N., Wardani, S., Andarini, S., & Simanjuntak, R. (2024). Faktor Internal dan Persepsi Ibu Tentang Peran Petugas Kesehatan terhadap Pemberian Asi Eksklusif. *Jurnal Media Penelitian Dan Pengembangan Kesehatan*, 34(2), 454–463.

Jazila, R., Nuzulah, F., Amanah, K., Zahra, S. R., Lamasano, M., Assyifa, A., Khalisya, S. N., S, R. N., & Kurniawan. (2024). Edukasi Manfaat Asi Eksklusif Terhadap Ibu dan Bayipada Posyandu Dusun Bulak Desa Dadapan Kab Kendal Ngawi Jawa Timur. *Jurnal AbdimasKesehatan*, 2(2), 28–33.

Khoiriyah, E., & Mulyandari, A. (2025). Peran Dukungan Keluarga dalam Meningkatkan Keberhasilan Menyusui Melalui Pendekatan Berbasis Komunitas. *Jurnal Pengabdian Masyarakat Anugerah Bintang (JPMAB)*, 6(1), 55–61.

Kinanti Pinta Karana, & Bunga Manggiasih. (2023). *Angka Menyusui di Indonesia Turun: Ibu Memerlukan Dukungan yang Lebih Mapan*. UNICEF.

Kinanti Pinta Karana, & Michael Vurens van Es. (2025). *Peningkatan Angka Pemberian ASI di Indonesia: Ibu Perlu Dukungan Lebih*. UNICEF. <https://www.unicef.org/indonesia/id/press-releases/peningkatan-angka-pemberian-asi-di-indonesia-ibu-perlu-dukungan-lebih>

Kusumaningtiar, D. A., & Nurwahidah. (2023). Behavior of Exclusive Breastfeeding and Associated Factor Among Mothers in the Formal Sector, Indonesia. *Indonesian Journal of Public Health*, 18(2), 206–218. <https://doi.org/10.20473/Ijph.v18i2.2023.206-218>

Kwan, J., Jia, J., Yip, K. man, So, H. kwan, Leung, S. S. F., Ip, P., & Wong, W. H. S. (2022). A Mixed-Methods Study on the Association of Six-Month Predominant Breastfeeding With Socioecological Factors and COVID-19 Among Experienced Breastfeeding Women in Hong Kong. *International Breastfeeding Journal*, 17(1), 1–12. <https://doi.org/10.1186/s13006-022->

00484-7

- Lentina, N., Etika, R., & Budiono, D. I. (2021). Pengaruh Kesiapan Ibu Terhadap Keberhasilan Menyusui. *Indonesian Midwifery and Health Sciences Journal*, 5(2), 152–159. <https://doi.org/10.20473/imhsj.v5i2.2021.152-159>
- Martini, S., Hapsari, W. D., & Lestari, S. (2024). Hubungan Tingkat Pendidikan Dengan Tingkat Pengetahuan Tentang Gizi Ibu Hamil. *Journal of TSCNers*, 9(02), 45–54. <https://ejournal.annurpurwodadi.ac.id/index.php/TSCNers>
- McGovern, L. M., McAuliffe, F. M., & O'Reilly, S. L. (2025). Modifiable Factors Predicting Breastfeeding Intentions in Early Pregnancy: A Multi-Country Study of Women At Risk of Gestational Diabetes. *Midwifery*, 148(104521), 1–11. <https://doi.org/10.1016/j.midw.2025.104521>
- Meyda, R., & Wijayanti, L. A. (2025). Hubungan Self Efficacy Ibu dengan Pemberian Asi Eksklusif. *SOCIAL: Jurnal Inovasi Pendidikan IPS*, 5(1), 152–160.
- Muhammad, C., Febrianty, & Sentanu, I. G. E. P. S. (2023). *Manajemen Pengambilan Keputusan* (Febrianty (ed.)). Perkumpulan Rumah Cemerlang Indonesia.
- Mushofa, Hermina, D., & Huda, N. (2024). Memahami Populasi dan Sampel : Pilar Utama dalam Penelitian Kuantitatif. *Syntax Admiration*, 5(12), 5937–5948.
- Naja, F., Chatila, A., Ayoub, J. J., Abbas, N., Mahmoud, A., Abdulmalik, M. A., & Nasreddine, L. (2022). Prenatal Breastfeeding Knowledge, Attitude and Intention, And Their Associations with Feeding Practices During the First Six Months of Life: A Cohort Study in Lebanon and Qatar. *International Breastfeeding Journal*, 17(1), 1–17. <https://doi.org/10.1186/s13006-022-00456-x>
- Nurbaiti. (2021). Pengetahuan dan Sikap Ibu terhadap Pemberian ASI Eksklusif di Wilayah Kerja Puskesmas Simpang Kawat. *Jurnal Akademka Baiturrahim Jambi (JABJ)*, 10(2), 300–305. <https://doi.org/10.36565/jab.v10i2.335>
- Nurliawati, E., Sambas, E. K., & Suprpti, B. (2024). Intervensi Pijat Oksitosin pada Ibu Post Partum: Studi Kasus. *Jurnal Ilmiah Keperawatan Indonesia*, 7(2), 184–196.
- Nurmaliza, L., Lubis, R. C., & Muryani. (2023). Hubungan Pekerjaan Terhadap Sikap Melakukan Pemberian ASI di Praktek Mandiri Bidan Nuryanti. *JURNAL ILMIAH KEBIDANAN IMELDA*, 9(1), 44–48. <http://jurnal.uimedan.ac.id/index.php/JURNALKEBIDANAN>
- Oberfichtner, K., Oppelt, P., Fritz, D., Hrauda, K., Fritz, C., Schildberger, B., Lastinger, J., Stelzl, P., & Enengl, S. (2023). Breastfeeding in Primiparous

Women – Expectations and Reality: A Prospective Questionnaire Survey. *BMC Pregnancy and Childbirth*, 23(1), 1–9. <https://doi.org/10.1186/s12884-023-05971-1>

Perez, S. V., Hernandez Mariinez, C., Canals Sans, J., & Arija, V. (2025). Factors Influencing Breastfeeding Initiation, Duration, and Early Cessation: A Focus on Maternal and Infant Characteristics. *International Breastfeeding Journal*, 20(49), 2–12. <https://doi.org/10.1186/s13006-025-00741-5>

Pradana, Y. R., Hidayat, C. T., & Suryaningsih, Y. (2024). Hubungan Perilaku Ibu menyusui dengan motivasi memberikan ASI di Wilayah Kerja Puskesmas Maesan. *Jurnal ASSYIFA*, 2(3), 440–448.

Pranjassari, A., Anis, W., Farizi, S. Al, Ningrum, A. G., & Arief, F. (2025). Analisis Faktor yang Berkontribusi pada Keberhasilan Menyusui di Rumah Sakit Tipe B. *MANUJU: MALAHAYATI NURSING JOURNAL*, 7(11), 5062–5073. <https://doi.org/doi.org/10.33024/mnj.v7i11.21439>

Prashanth, G. P. (2024). Influence of Social Media on Maternal Decision-Making and Breastfeeding Practices. *World Journal of Clinical Pediatrics*, 13(4), 94755. <https://doi.org/10.5409/wjcp.v13.i4.94755>

Purwanto, N., Budiyanto, & Suhermin. (2022). Theory of Planned Behavior:: Implementasi Perilaku Electronic Word of Mouth pada Konsumen Marketplace. In *CV. Literasi Nusantara Abadi*.

Puspadewi, Y. A. (2024). Analisis Faktor Usia, Pendidikan, Paritas dan Jenis Persalinan terhadap Keberhasilan Inisiasi Menyusu Dini (IMD). *Media Husada Journal of Midwifery Science*, 2(2), 51–56. <https://doi.org/10.33475/mhjms.v2i2.16>

Qian, P., Duan, L., Lin, R., Du, X., Wang, D., Zeng, T., & Liu, C. (2023). Decision-Making Process of Breastfeeding Behavior in Mothers with Gestational Diabetes Mellitus Based on Health Belief Model. *BMC Pregnancy and Childbirth*, 23(1), 1–11. <https://doi.org/10.1186/s12884-023-05527-3>

Rahayu, B. Z. (2024). Pengaruh Promosi Kesehatan Terhadap Keberhasilan ASI Eksklusif. *Protein : Jurnal Ilmu Keperawatan Dan Kebidanan.*, 2(1), 291–297. <https://doi.org/10.61132/protein.v2i1.146>

Rahayu, S., & Zulala, N. N. (2023). Hubungan Usia Ibu dengan Pencapaian ASI Eksklusif di Puskesmas Pajangan. *Informasi Dan Promosi Kesehatan*, 02(02), 130–141. <https://doi.org/https://doi.org/10.58439/ipk.v2i2.125>

Rashid, D. (2022). Ethics in Nursing Research. *Journal of Nursing & Care*, 11(3), 10–11. <https://doi.org/10.37421/2167-1168.2022.11.520>

Rismawati, N. L., & Pamungkasari, E. P. (2024). Applying Social Cognitive Theory

to Exclusive Breastfeeding Behavior : A Path Analysis Model. *Journal of Maternal and Child Health*, 09(05), 836–848.

- Rohmah, N., Utami, R., & Kholifah, S. (2025). Preferences Trust Interaction of Nurses and Parents As Mediating Variables Between Knowledge and Shared Decision Making in The Care Of Newborns in Hospitals. *Discover Social Science and Health*, 5(57), 1–11. <https://doi.org/10.1007/s44155-025-00209-1>
- Romadhon, M., Wulandari, R., Rimbawati, Y., Amalia, R., & Gustina, R. (2024). *Buku Ajar : Promosi Kesehatan*. Penerbit Adab.
- Saffa, A., Wijayanti, A. E., & Dewi, I. M. (2022). Hubungan Pengetahuan Ibu tentang Menyusui dengan Perilaku. *Jurnal Keperawatan Notokusumo (JKN)*, 10(2), 21–29.
- Selfiana, & Mustikaningrum, F. (2025). Ghidza : Jurnal Gizi dan Kesehatan terhadap Pola Pemberian ASI di Daerah Layanan Puskesmas Kartasura Kabupaten Sukoharjo The Relationship between Self-Efficacy and Family Support on Breastfeeding Patterns in the Kartasura Health Center Work Area ., *Ghidza: Jurnal Gizi Dan Kesehatan*, 9(1), 134–140. <https://doi.org/10.22487/ghidza.v9i1.2025>
- Sipayung, R., Faujiah, S., Widowati, T., & Ependi, E. (2024). Faktor-Faktor Yang Mempengaruhi Pemberian Asi Eksklusif Pada Bayi 0-6 Bulan Di Tmpb “E” Tahun 2023. *JIDAN Jurnal Ilmiah Bidan*, 8(1), 2–9. <https://doi.org/https://doi.org/10.69935/jidan.v8i1.61>
- Sosseh, S. A. L., Barrow, A., & Lu, Z. J. (2023). Cultural Beliefs, Attitudes and Perceptions of Lactating Mothers on Exclusive Breastfeeding in the Gambia: An Ethnographic Study. *BMC Women's Health*, 23(1), 1–15. <https://doi.org/10.1186/s12905-023-02163-z>
- Susanti, I., Editia, Y. V., & Primadani, M. (2024). Determinan Kegagalan Pemberian ASI Eksklusif Pada Ibu Bekerja : A Literature Review. *Jurnal Medika Nusantara*, 2(1), 311–324.
- Susanto, P. C., Arini, D. U., Yuntina, L., Panatap, J., Soehaditama, & Nuraeni. (2024). Konsep Penelitian Kuantitatif: Populasi, Sampel, dan Analisis Data (Sebuah Tinjauan Pustaka). *Jurnal Ilmu Multidisplin*, 3(1), 1–12. <https://doi.org/10.38035/jim.v3i1.504>
- Usman, H., Megayanti, N., Suryani, L., Nurfatimah, Sarliana, Hadina, & Silfia, N. N. (2024). Jumlah Anak Berhubungan dengan Keterampilan Menyusui di PMB Amanah Kota Palu : Studi Observasional pada Ibu Nifas. *HIJP: Health Information Jurnal Penelitian*, 16(3), 305–314.
- Wahyuningsih, R. F., & Pratiwi, C. S. (2022). Penggunaan Skor Latch Untuk Memprediksi Keberhasilan Asi Eksklusif. *Jurnal Kesehatan*, 13(1), 71–80.

<https://doi.org/10.35730/jk.v13i1.534>

- Wang, Y. W., & Chang, Y. J. (2023). Effects of the Experience of Breastfeeding-Friendly Practices and Breastfeeding Intention and Self-Efficacy on Breastfeeding Behavior: A Cohort Study in Taiwan. *International Breastfeeding Journal*, 18(1), 1–11. <https://doi.org/10.1186/s13006-022-00539-9>
- Widiastuti, Y. P., Mediastini, E., & Musyarofah, S. (2021). Identifikasi Tingkat Pengetahuan Ibu Menyusui tentang Upaya Untuk Meningkatkan Kesehatan dan Produksi Asi Selama Pandemi. *Jurnal Keperawatan Dan Kesehatan Masyarakat Cendekia Utama*, 10(3), 234–242.
- Wijaya, W. (2022). Hambatan Pemberian ASI Eksklusif Pada Ibu Menyusui. *Journal of Midwifery and Reproduction*, 6(1), 1–9. <https://journal.mbunivpress.or.id/index.php/midwiferyandproduction>
- Wu, S. F. V., Chen, S. C., Liu, H. Y., Lee, H. L., & Lin, Y. E. (2021). Knowledge, Intention, and Self-Efficacy Associated with Breastfeeding: Impact of These Factors on Breastfeeding During Postpartum Hospital Stays in Taiwanese Women. *International Journal of Environmental Research and Public Health*, 18(5009), 1–11. <https://doi.org/10.3390/ijerph18095009>
- Yazdanpanah, F., Nasirzadeh, M., Ahmadiania, H., Abdolkarimi, M., & Askari, F. (2024). Effectiveness of Educational Intervention Based on the Extended Theory of Planned Behavior on Exclusive Breastfeeding. *Journal of Research and Health*, 14(6), 555–566. <https://doi.org/10.32598/JRH.14.6.2384.1>
- Yelsouei, A. J., & Tasgin, Z. D. U. (2025). The Effects of Pregnant Women's Breastfeeding Myths on Their Breastfeeding Self Efficacy : A Cross Sectional Study. *BMC Pregnancy and Childbirth*, 25(609), 2–7. <https://doi.org/10.1186/s12884-025-07738-2>
- Yunus, Y., & Katili, T. E. P. S. (2023). Hubungan Pengetahuan Dan Sikap Dengan Perilaku Pemberian Asi Eksklusif Pada Ibu Yang Bekerja. *Madu Jurnal Kesehatan*, 12(2), 110–117. <https://doi.org/10.31314/mjk.12.2.110-117.2023>
- Zubaida, A., Immawati, & Dewi, T. K. (2024). Penerapan Pendidikan Kesehatan Tentang Asi Eksklusif pada Ibu Menyusui di Puskesmas Iringmulyo Metro Timur. *Jurnal Cendekia Muda*, 4(2), 194–200.
- Zwiers, E. A., Goris, E. D., & Franzen, A. (2022). Explaining Variance in Breastfeeding Intentions and Behaviors Among a Cohort of Midwest Mothers Using a Theory of Planned Behavior-Based Structural Model. *BMC Pregnancy and Childbirth*, 22(1), 1–10. <https://doi.org/10.1186/s12884-022-04628-9>