

ABSTRAK

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Perilaku Orang Tua Dalam Toilet Training Pada Toddler : Studi Kasus Anak Dengan Demam Berdarah Di RSD Balung Jember

xi + 72 halaman + 7 tabel + 9 lampiran

Abstrak

Perilaku orang tua dalam toilet training memiliki peranan penting dalam mendukung kemandirian eliminasi pada anak usia toddler. Kondisi sakit, khususnya Demam Berdarah Dengue (DBD), akan berdampak pada konsistensi toilet training karena perhatian orang tua lebih terfokus pada kondisi kesehatan anak. Tujuan dari penelitian untuk mendeskripsikan perilaku orang tua dalam toilet training pada toddler dengan DBD di RSD Balung Jember. Metode penelitian yang digunakan yaitu desain studi kasus dengan pendekatan deskriptif. Subjek penelitian terdiri dari dua orang tua dengan anak usia toddler yang mengalami DBD di RSD Balung Jember. Penelitian dilakukan dengan observasi, wawancara, serta pengisian kuesioner mengenai pengetahuan, sikap, dan praktik orang tua dalam toilet training. Hasil penelitian dianalisis secara deskriptif dan disajikan dalam bentuk narasi.

Didapatkan dari hasil penelitian bahwa kedua responden memiliki pengetahuan dan sikap yang baik terhadap toilet training. Orang tua memahami pentingnya melatih kemandirian anak dalam buang air kecil dan buang air besar meskipun anak sedang sakit. Namun, pada aspek praktik masih ditemukan ketidakkonsistenan dalam pelaksanaan toilet training karena kondisi fisik anak yang lemah selama perawatan DBD. Orang tua cenderung lebih membantu aktivitas eliminasi anak sehingga latihan kemandirian menjadi kurang optimal. Kesimpulan berdasar hasil penelitian menunjukkan perilaku orang tua dalam toilet training pada toddler yang mengalami DBD sudah baik pada aspek pengetahuan dan sikap, namun praktik pelaksanaannya belum optimal. Dukungan tenaga kesehatan diperlukan melalui edukasi dan pendampingan agar toilet training tetap dapat dilakukan secara konsisten selama anak menjalani perawatan.

Kata kunci: demam berdarah dengue (DBD), perilaku orang tua, toilet training, toddler.

ABSTRACT

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VOCATIONAL NURSING STUDY PROGRAM
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Scientific Paper

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Parental Behaviour In Toilet Training Toddler : A Case Study Of a Child With Dengue Fever at RSD Balung Jember

xi + 72 pages + 7 tables + 12 appendices

Abstract

Background: Parental behavior during toilet training plays a crucial role in supporting toilet independence in toddlers. Illness, particularly Dengue Hemorrhagic Fever, can affect the consistency of toilet training because parents' attention is more focused on their child's health. The purpose of this study was to describe parental behavior during toilet training in toddlers with DHF at RSD Balung Jember. **Methods:** The research method used was a case study design with a descriptive approach. The study subjects consisted of two parents with toddlers diagnosed with DF at RSD Balung Jember. The study was conducted through observation, interviews, and the completion of questionnaires regarding parents' knowledge, attitudes, and practices regarding toilet training. The research results were analyzed descriptively and presented in narrative form.

Results: The study found that both respondents demonstrated good knowledge and attitudes toward toilet training. Parents understood the importance of fostering their child's independence in urination and defecation, even when the child was ill. However, in terms of practice, inconsistencies were still observed in the implementation of toilet training due to the child's weakened physical condition during dengue fever treatment. Parents tended to assist more with the child's elimination activities, resulting in less-than-optimal independence training. The conclusion based on the research findings indicates that parents' behavior regarding toilet training for toddlers with dengue fever is good in terms of knowledge and attitude, but the practical implementation is not yet optimal. Support from healthcare workers is needed through education and guidance to ensure that toilet training can still be carried out consistently while the child is undergoing treatment.

Keywords: dengue fever, parental behavior, toilet training, toddler.