

## **ABSTRAK**

UNIVERSITAS MUHAMMADIYAH JEMBER  
PROGRAM STUDI PROFESI NERS  
FAKULTAS ILMU KESEHATAN

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Lita Crasia Wirantani

Penerapan Strategi Pelaksanaan dan Psikoedukasi Keluarga pada Klien dengan Halusinasi Pendengaran di Desa Gugut Kecamatan Rambipuji Kabupaten Jember

Xiii + 84 halaman + 14 tabel + 10 lampiran

### Abstrak

Halusinasi pendengaran adalah gangguan dalam persepsi sensori yang dapat memengaruhi interaksi sosial serta kegiatan sehari-hari klien. Keluarga memiliki peranan penting dalam mendukung klien mengontrol halusinasi dan mencegah kekambuhan. Penelitian ini bertujuan mendeskripsikan penerapan asuhan keperawatan menggunakan Strategi Pelaksanaan dan psikoedukasi bagi keluarga pada klien dengan halusinasi pendengaran. Metode yang digunakan adalah desain deskriptif dengan pendekatan studi kasus kepada tiga klien beserta keluarganya di Desa Gugut, Kecamatan Rambipuji, Kabupaten Jember. Pengumpulan data dilakukan melalui wawancara, observasi, pemeriksaan fisik, studi dokumentasi, dan penilaian kemampuan keluarga. Intervensi yang diberikan meliputi Strategi Pelaksanaan dan psikoedukasi keluarga selama empat hari. Hasil menunjukkan bahwa setelah intervensi, ketiga klien mampu mengidentifikasi isi, waktu, frekuensi, dan faktor pencetus halusinasi serta dapat menerapkan teknik menghardik, minum obat secara teratur, bercakap-cakap dengan orang lain, dan melakukan aktivitas terjadwal. Selain itu, kemampuan keluarga dalam merawat klien meningkat setelah diberikan psikoedukasi. Penerapan Strategi Pelaksanaan dan psikoedukasi keluarga efektif membantu mengontrol halusinasi pendengaran dan meningkatkan kemampuan keluarga dalam mendukung proses pemulihan klien.

Kata Kunci: Halusinasi pendengaran, Strategi Pelaksanaan, Psikoedukasi Keluarga, Asuhan Keperawatan Jiwa.

Daftar Pustaka 23 (2021-2025)

## ***Abstract***

MUHAMMADIYAH UNIVERSITY OF JEMBER  
NURSING PROFESSIONAL PROGRAM  
FACULTY OF HEALTH SCIENCE

*Final Scientific Paper (KIA), June 2026*  
*Lita Crasia Wirantani*

*Implementation of Nursing Intervention Strategies and Family Psychoeducation for Clients with Auditory Hallucinations in Gugut Village, Rambipuji District, Jember Regency*

*Xiii + 84 pages + 14 tables + 10 attachment*

### *Abstract*

*Auditory hallucinations are disturbances in sensory perception that can affect a client's social interactions and daily activities. Family plays an important role in supporting patients in controlling hallucinations and preventing relapse. This study aimed to describe the implementation of nursing care using the Implementation Strategy and family psychoeducation for patients with auditory hallucinations. The study employed a descriptive design with a case study approach involving three patients and their families in Gugut Village, Rambipuji District, Jember Regency. Data were collected through interviews, observation, physical examination, documentation review, and assessment of family caregiving ability. The interventions provided included the Implementation Strategy and family psychoeducation over a period of four days. The results showed that after the intervention, all three clients were able to identify the content, timing, frequency, and triggering factors of hallucinations and were able to apply techniques such as rebuking the hallucinations, taking medication regularly, engaging in conversation with others, and performing scheduled activities. In addition, the family's ability to care for the patients improved after receiving psychoeducation. The implementation of the Implementation Strategy and family psychoeducation was effective in helping control auditory hallucinations and improving the family's ability to support the patient's recovery process.*

*Keywords: Auditory Hallucinations, Strategy Implementation, Family Psychoeducation, Psychiatric Nursing Care.*

*References: 23 (2021–2025)*