

ABSTRAK
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Karya Ilmiah Akhir, Juni 2026
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Analisis Pengkajian Tugas Kesehatan Keluarga Pada Keluarga Dengan Anak Stunting Di Desa Kemuningsari Lor Kecamatan Panti Kabupaten Jember.

Xvii + 128 hal + 10 tabel + 11 lampiran

Abstrak

Pendahuluan: Stunting merupakan masalah gizi kronis yang masih menjadi tantangan kesehatan masyarakat di Indonesia. Kejadian stunting tidak hanya dipengaruhi oleh faktor gizi, tetapi juga berkaitan dengan kemampuan keluarga dalam melaksanakan tugas kesehatan keluarga. **Tujuan:** Penelitian ini bertujuan menganalisis pengkajian tugas kesehatan keluarga pada keluarga dengan anak stunting di Desa Kemuningsari Lor Kecamatan Panti Kabupaten Jember. **Metode:** Penelitian menggunakan metode studi kasus deskriptif dengan subjek tiga keluarga yang memiliki anak stunting. Pengumpulan data dilakukan melalui wawancara, observasi, dan kuesioner menggunakan instrumen Friedman, *Family APGAR*, dan *Family Assessment Device (FAD)*. **Hasil:** Berdasarkan instrumen Friedman, satu keluarga berada pada kategori baik dan dua keluarga berada pada kategori cukup. Berdasarkan *Family APGAR*, satu keluarga memiliki fungsi keluarga baik dan dua keluarga mengalami fungsi keluarga bermasalah ringan. Berdasarkan FAD, seluruh keluarga berada pada kategori fungsi keluarga baik. Ketiga instrumen memiliki fokus pengukuran yang berbeda, yaitu Friedman menilai pelaksanaan tugas kesehatan keluarga, *Family APGAR* menilai fungsi keluarga melalui lima komponen, sedangkan FAD menilai fungsi keluarga secara lebih komprehensif melalui tujuh domain. **Kesimpulan:** Instrumen Friedman merupakan instrumen yang paling sesuai digunakan untuk mengkaji pelaksanaan tugas kesehatan keluarga pada keluarga dengan anak stunting, sedangkan *Family APGAR* dan FAD berperan sebagai instrumen pendukung dalam menilai fungsi keluarga.

Kata Kunci: Stunting, Tugas Kesehatan Keluarga, Friedman, *Family APGAR*, *Family Assessment Device (FAD)*
Daftar Pustaka 50 (2021 – 2026)

ABSTRACT
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PROFESIONAL STUDY PROGRAM
FACULTY OF HEALTH SCIENCE

Final Scientific Work, June 2026
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Analysis of Family Health Tasks Assessment in Families with Stunted Children in Kemuningsari Lor Village, Panti District, Jember Regency.

Xvii + 128 pages + 10 tables + 11 appendices

Abstract

Background: Stunting is a chronic nutritional problem that remains a major public health challenge in Indonesia. The occurrence of stunting is influenced not only by nutritional factors but also by the family's ability to carry out family health care tasks. **Objective:** This study aimed to analyze the assessment of family health care tasks among families with stunted children in Kemuningsari Lor Village, Panti District, Jember Regency. **Methods:** This study employed a descriptive case study design involving three families with stunted children. Data were collected through interviews, observations, and questionnaires using the Friedman instrument, Family APGAR, and the Family Assessment Device (FAD). **Results:** Based on the Friedman instrument, one family was categorized as having good implementation of family health care tasks, while two families were categorized as fair. Based on the Family APGAR, one family demonstrated good family functioning, whereas two families showed mildly dysfunctional family functioning. Based on the Family Assessment Device (FAD), all families were categorized as having good family functioning. The three instruments differed in their assessment focus: the Friedman instrument specifically assessed the implementation of family health care tasks, the Family APGAR evaluated family functioning through five components, and the FAD assessed family functioning more comprehensively across seven domains. **Conclusion:** The Friedman instrument was the most appropriate instrument for assessing the implementation of family health care tasks among families with stunted children, while the Family APGAR and the Family Assessment Device (FAD) served as complementary instruments for evaluating family functioning.

Keywords: *Stunting, Family Health Care Tasks, Friedman, Family APGAR, Family Assessment Device (FAD)*
Bibliography 50 (2021 – 2026)