

ABSTRAK

UNIVERSITAS MUHAMMADIYAH JEMBER
PROGRAM STUDI PROFESI NERS
FAKULTAS ILMU KESEHATAN

Karya Ilmiah Akhir, Juli 2026
Ardhi Gigih Prasajo, S.Kep

PENERAPAN TERAPI GENERALIS SP 1-4 PADA PASIEN DENGAN
GANGGUAN PERSEPSI SENSORI HALUSINASI AUDITORIK DI RUANG
SEROJA RSUD DR. H. KOESNADI BONDOWOSO

xv + 44 Halaman + 6 Lampiran

Abstrak

Latar Belakang : Halusinasi pendengaran merupakan gangguan persepsi sensori yang menimbulkan stimulus tidak nyata pada indra pendengaran dan sering dialami oleh pasien dengan gangguan jiwa seperti skizofrenia. Terapi generalis Strategi Pelaksanaan (SP) 1-4 merupakan salah satu intervensi yang dapat membantu klien mengontrol halusinasi pendengaran yang dialaminya. **Tujuan :** Melakukan Implementasi keperawatan jiwa melalui penerapan terapi generalis SP 1-4 pada klien dengan masalah keperawatan gangguan persepsi sensori: halusinasi pendengaran. **Metode:** Studi kasus pada tiga klien yaitu Tn.BA, Tn.BU, dan Tn.R dengan gangguan persepsi sensori: halusinasi pendengaran yang diberikan terapi generalis SP 1-4 selama 3 hari di Ruang Seroja RSUD Dr. H. Koesnadi Bondowoso. **Hasil :** Klien Tn.BA mampu SP 1 hingga SP 2, klien Tn.BU mampu SP 1 hingga SP 3, dan klien Tn.R mampu SP 1 hingga SP 4 secara keseluruhan, ditandai dengan kemampuan klien mengenali halusinasi, mengontrol halusinasi dengan menghardik, minum obat secara teratur, bercakap-cakap dengan orang lain, serta melakukan aktivitas terjadwal sesuai capaian masing-masing. **Kesimpulan :** Terapi generalis SP 1-4 efektif membantu klien mengontrol halusinasi pendengaran pada masalah keperawatan gangguan persepsi sensori, meskipun pencapaian setiap klien bervariasi sesuai tingkat kekooperatifan klien.

Kata Kunci : Terapi Generalis, Halusinasi Pendengaran, Gangguan Persepsi Sensori, Implementasi Keperawatan Jiwa.

ABSTRACT

MUHAMMADIYAH UNIVERSITY OF JEMBER
NERS PROFESSIONAL STUDY PROGRAM
FACULTY OF HEALTH SCIENCE

Final Scientific, July 2026
Ardhi Gigih Prasajo, S.Kep

Implementation of Generalist Therapy (SP 1–4) for Patients with Sensory Perception Disturbances (Auditory Hallucinations) in the Seroja Ward of Dr. H. Koesnadi Regional General Hospital, Bondowoso

xv + 44 Pages + 6 Appendices

Abstract

Background: Auditory hallucination is a sensory perception disorder that produces unreal stimuli in the sense of hearing and is often experienced by patients with mental disorders such as schizophrenia. Generalist therapy with Implementation Strategy (SP) 1-4 is one intervention that can help clients control the auditory hallucinations they experience. **Objective:** Implementing psychiatric nursing care through the application of generalist therapies (SP 1–4) for a client with the nursing diagnosis of disturbed sensory perception: auditory hallucinations. **Method:** A case study of three clients, namely Mr. BA, Mr. BU, and Mr. R, with sensory perception disorder: auditory hallucination who were given generalist therapy SP 1-4 for 3 days in the Seroja Ward of Dr. H. Koesnadi Regional Hospital Bondowoso. **Results:** Client Mr. BA achieved SP 1 to SP 2, client Mr. BU achieved SP 1 to SP 3, and client Mr. R achieved SP 1 to SP 4 in full, marked by the clients' ability to recognize hallucinations, control hallucinations by dismissing them, take medication regularly, converse with others, and carry out scheduled activities according to each client's achievement. **Conclusion:** Generalist therapy SP 1-4 is effective in helping clients control auditory hallucinations in the nursing problem of sensory perception disorder, although each client's achievement varied according to their level of cooperation.

Keywords: Auditory Hallucination, Generalist Therapy, Sensory Perception Disorder, Mental Health Nursing Care.