

Abstrak

UNIVERSITAS MUHAMMADIYAH JEMBER

PROGRAM STUDI PROFESI NERS

FAKULTAS ILMU KESEHATAN

Karya Ilmiah Akhir, Mei 2026

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Analisis Pengkajian Cairan Dan Elektrolit Pada Masalah Keperawatan Hipervolemia Pada Pasien *Chronic Kidney Disease* Di Ruang *Bougneville* Di Rsud Dr. H. Koesnadi Bondowoso, 2026.xv + 83 hal + 6 tabel + 3 lampiran

Abstrak

Chronic Kidney Disease (CKD) merupakan penyakit progresif yang menyebabkan gangguan keseimbangan cairan dan elektrolit, sehingga sering menimbulkan masalah keperawatan hipervolemia. Penelitian ini bertujuan menganalisis hasil pengkajian cairan dan elektrolit pada pasien CKD dengan hipervolemia di Ruang Bougneville RSUD dr. H. Koesnadi Bondowoso. Penelitian menggunakan metode studi kasus dengan pendekatan deskriptif pada tiga pasien CKD. Pengumpulan data dilakukan melalui wawancara, observasi, pemeriksaan fisik, dan studi dokumentasi rekam medis. Hasil penelitian menunjukkan seluruh pasien mengalami sesak napas, edema, peningkatan berat badan, penurunan produksi urin, dan keseimbangan cairan positif. Pemeriksaan laboratorium menunjukkan hiponatremia, hiperkalemia, hiperkloremia, serta peningkatan kadar ureum dan kreatinin. Berdasarkan hasil pengkajian, seluruh pasien memenuhi kriteria diagnosis keperawatan hipervolemia sesuai Standar Diagnosis Keperawatan Indonesia (SDKI). Disimpulkan bahwa pengkajian cairan dan elektrolit yang komprehensif mendukung penetapan diagnosis keperawatan hipervolemia secara tepat pada pasien CKD.

Kata kunci: *Chronic Kidney Disease*, Hipervolemia, Pengkajian Keperawatan, Cairan dan Elektrolit.

Daftar pustaka 47 (2019 - 2026)

Abstract

MUHAMMADIYAH UNIVERSITY OF JEMBER
NURSING PROFESSION PROGRAM
FACULTY OF HEALTH SCIENCE

Scientific Paper, May 2026

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Analysis of Fluid and Electrolyte Assessment in the Nursing Problem of Hypervolemia among Patients with Chronic Kidney Disease in the Bougenville Ward at Dr. H. Koesnadi Bondowoso Regional General Hospital, 2026. xv + 83 pages + 6 tables + 3 appendices

Abstract

Chronic Kidney Disease (CKD) is a progressive disease that causes disturbances in fluid and electrolyte balance, often leading to the nursing problem of hypervolemia. This study aimed to analyze the results of fluid and electrolyte assessment in patients with CKD experiencing hypervolemia in the Bougenville Ward at Dr. H. Koesnadi Bondowoso Regional General Hospital. This study employed a descriptive case study approach involving three patients with CKD. Data were collected through interviews, observations, physical examinations, and medical record reviews. The results showed that all patients experienced dyspnea, edema, weight gain, decreased urine output, and positive fluid balance. Laboratory findings indicated mild hyponatremia, hyperkalemia, hyperchloremia, and elevated urea and creatinine levels. Based on the assessment findings, all patients met the criteria for the nursing diagnosis of hypervolemia according to the Indonesian Nursing Diagnosis Standards (SDKI). It can be concluded that a comprehensive fluid and electrolyte assessment supports the accurate establishment of the nursing diagnosis of hypervolemia in patients with CKD.

Keyword : Chronic Kidney Disease, Hypervolemia, Nursing Assessment, Fluid and Electrolytes

Bibliographi 47 (2019 - 2026)