

ABSTRAK

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Persepsi Orang Tua Tentang Perilaku *Caring* Perawat dalam Menenangkan Anak yang Mengalami Ketakutan terhadap Tindakan Keperawatan di Ruang Melati RSUD dr. H. Koesnadi Bondowoso

xvi + 103 halaman + 1 gambar + 2 tabel + 11 lampiran

Abstrak

Pendahuluan: Hospitalisasi sering menimbulkan ketakutan pada anak saat menjalani tindakan keperawatan sehingga memengaruhi kerja sama anak dan meningkatkan keterlibatan emosional orang tua. Dalam kondisi tersebut, perilaku *caring* perawat menjadi aspek yang diamati dan membentuk persepsi orang tua. Penelitian ini bertujuan untuk mendeskripsikan persepsi orang tua tentang perilaku *caring* perawat dalam menenangkan anak yang mengalami ketakutan terhadap tindakan keperawatan di Ruang Melati RSUD dr. H. Koesnadi Bondowoso. **Metode:** Desain penelitian ini menggunakan kualitatif deskriptif dengan pendekatan analisis tematik. Pengumpulan data menggunakan wawancara semi terstruktur dan observasi nonpartisipatif. **Hasil:** Berdasarkan hasil analisis tematik, persepsi orang tua terhadap perilaku *caring* perawat terbentuk melalui tiga tema utama, yaitu *caring* relasional, *caring* profesional, dan *caring* kolaboratif. *Caring* ditunjukkan melalui kehadiran emosional dan komunikasi terapeutik, kompetensi perawat dalam melakukan tindakan keperawatan, serta pelibatan keluarga melalui pemberian informasi, edukasi, dan partisipasi aktif dalam proses perawatan anak. **Pembahasan:** penelitian menunjukkan bahwa persepsi positif orang tua terhadap perilaku *caring* perawat dibentuk oleh tiga dimensi utama, yaitu *caring* relasional, *caring* profesional, dan *caring* kolaboratif. Ketiga dimensi tersebut saling melengkapi melalui kehadiran emosional, kompetensi profesional, serta pelibatan keluarga sehingga menciptakan pelayanan keperawatan yang aman, nyaman, dan berpusat pada kebutuhan anak.

Kata Kunci: Perilaku *Caring* Perawat, Persepsi Orang Tua, Ketakutan Anak, Tindakan Keperawatan, Hospitalisasi.

ABSTRACT

MUHAMMADIYAH UNIVERSITY OF JEMBER
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Parents' Perceptions of Nurses' Caring Behaviour in Calming Children Who Are Afraid of Nursing Procedures in the Melati Ward at Dr H. Koesnadi Bondowoso Regional General Hospital

xvi + 103 page + 1 image + 2 table + 11 appendix

Abstract

Background: Hospitalization often causes fear in children undergoing nursing procedures, which affects their cooperation and increases their parents' emotional involvement. In such situations, nurses' caring behavior becomes a key factor that shapes parents' perceptions. This study aims to describe parents' perceptions of nurses' caring behavior in calming children who are afraid of nursing procedures in the Melati Ward at Dr. H. Koesnadi Bondowoso Regional General Hospital.

Method: This study employed a descriptive qualitative design using a thematic analysis approach. Data were collected through semi-structured interviews and nonparticipatory observation. **Results:** Based on the results of the thematic analysis, parents' perceptions of nurses' caring behavior were shaped by three main themes: relational caring, professional caring, and collaborative caring. Caring was demonstrated through emotional presence and therapeutic communication, nurses' competence in performing nursing interventions, and family involvement through the provision of information, education, and active participation in their child's care process. **Discussion:** Research shows that parents' positive perceptions of nurses' caring behavior are shaped by three main dimensions: relational caring, professional caring, and collaborative caring. These three dimensions complement one another through emotional presence, professional competence, and family involvement, thereby creating nursing care that is safe, comfortable, and centered on the child's needs.

Keyword: Nurses' Caring Behavior, Parents' Perceptions, Children's Fears, Nursing Interventions, Hospitalization.