

ABSTRAK

UNIVERSITAS MUHAMMADIYAH JEMBER PROGRAM STUDI ILMU
KEPERAWATAN FAKULTAS ILMU KESEHATAN

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Indra Wahyu Widyatama

Hubungan Beban Kerja Perawat dengan Kejadian *missed nursing care* di
Rumah Sakit Tingkat III Baladhika Husada Jember
Xviii+ 87 halaman + 3 bagan + 13 tabel + 15 lampiran

Pendahuluan: *Missed nursing care* merupakan tindakan keperawatan yang tidak dilakukan, tertunda, atau tidak diselesaikan secara optimal sehingga dapat menurunkan mutu pelayanan. faktor yang diduga berkontribusi terjadinya *missed nursing care* adalah beban kerja perawat. Penelitian ini bertujuan mengetahui hubungan beban kerja perawat dengan kejadian *missed nursing care* di Rumah Sakit Tingkat III Baladhika Husada Jember. **Metode:** Penelitian ini menggunakan desain korelasional dengan pendekatan *cross sectional*. Populasi penelitian sebanyak 87 perawat pelaksana dengan sampel 72 responden dipilih menggunakan teknik *simple random sampling*. Instrumen yang digunakan yaitu (*NASA-TLX*) untuk mengukur beban kerja dan *MISSCARE Survey Part A* untuk mengukur *missed nursing care*. Analisis data menggunakan uji *Spearman Rank* dengan tingkat signifikansi $\alpha \leq 0,05$. **Hasil dan Analisis:** Hasil penelitian menunjukkan sebagian besar perawat memiliki beban kerja sedang sebanyak 36 responden (50,0%), kejadian *missed nursing care* mayoritas kategori sedang sebanyak 43 responden (59,7%). Hasil uji *Spearman Rank* menunjukkan nilai $p = 0,000$, koefisien korelasi $r = 0,540$, terdapat hubungan positif dengan kekuatan hubungan sedang antara beban kerja perawat dan kejadian *missed nursing care* di Rumah Sakit Tingkat III Baladhika Husada Jember. **Diskusi:** Hasil penelitian menunjukkan semakin tinggi beban kerja perawat, maka berpotensi terjadinya *missed nursing care*. Rumah sakit diharapkan menerapkan pembagian pasien berdasarkan tingkat ketergantungan (*patient dependency level*), redistribusi tugas dan menyediakan *floating nurse*.
Kata Kunci: beban kerja perawat, *missed nursing care*
Daftar Pustaka: 78 (2022–2025)

ABSTRACT

MUHAMMADIYAH UNIVERSITY OF JEMBER NURSING STUDIES PROGRAM, FACULTY OF HEALTH SCIENCES

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Indra Wahyu Widyatama

*The Relationship Between Nurses' Workload and Incidents of Missed Nursing Care at Baladhika Husada Jember Level III Hospital
XVIII + 87 pages + 3 figures + 13 tables + 15 appendices*

Introduction: Missed nursing care refers to nursing interventions that are not performed, delayed, or not completed optimally, thereby potentially reducing the quality of care. One factor suspected to contribute to missed nursing care is nurses' workload. This study aims to determine the relationship between nurses' workload and the incidence of missed nursing care at Baladhika Husada Jember Level III Hospital. **Methods:** This study employed a correlational design with a cross-sectional approach. The study population consisted of 87 practicing nurses, with a sample of 72 respondents selected using simple random sampling. The instruments used were the NASA-TLX to measure workload and the MISSCARE Survey Part A to measure missed nursing care. Data analysis was performed using the Spearman Rank test with a significance level of $\alpha \leq 0.05$. **Results and Analysis:** The results showed that the majority of nurses had a moderate workload (36 respondents, 50.0%), and the majority of missed nursing care incidents were in the moderate category (43 respondents, 59.7%). The results of the Spearman's rank test showed a p-value of 0.000 and a correlation coefficient of $r = 0.540$, indicating a positive correlation of moderate strength between nurses' workload and the incidence of missed nursing care at Baladhika Husada Jember Level III Hospital. **Discussion:** The study results indicate that the higher the nurses' workload, the greater the potential for missed nursing care. Hospitals are encouraged to implement patient allocation based on dependency level, redistribute tasks, and provide floating nurses.

Keywords: *nurses' workload, missed nursing care*

References: 78 (2022–2025)